





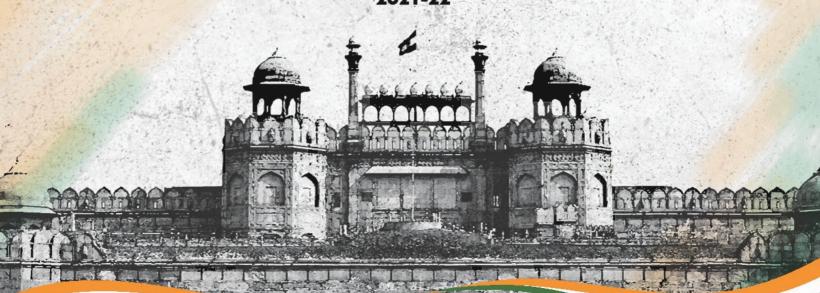


Meerut Public School

The First Step

Shradhapuri

Year Book 2021-22





MEERUT PUBLIC SCHOOL - The First Step

Shradhapuri

Year Book 2021-22



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Credits

Honourable Management of Meerut Public School (Group)

Mr. Tara Chand Shastri Founder Chairman Mrs. Kusum Shastri Vice President, Co-Founder

Mr.Vikramjeet Singh Shastri Managing Director Mrs. Ketiki Singh Shastri Director

> Mrs. Sonu Sahni Principal

English Editiorial Board Mrs. Divya Narang Mrs. AnIndita Saha Bose Mrs. Richa Attrey Ms. Aditi Chaudhary

Hindi Editiorial Board Mrs. Parul Chauhan Mrs. Sonika Singh

Data Entry Ms.Aditi Chaudhary Mr. Gaurav Kumar

Chairman's Message



Mr. Tara Chand Shastri (Founder Chairman)

Mrs. Kusum Shastri (Vice President, Co-Founder)

"Education is not the learning of facts, but the training of the mind to think."-Albert Einstein

Every child is like a seed which has the potential to grow If It is nourished with love and care under the right guidance. In the current challenging times; it is essential that children not only should excel in academic, but also develop courtesy, discipline, smart personality, social sensitivity and be imbibed with the traditional values and culture of our country. Childhood is the best time to lay the foundation of the core values essential for the overall development of the up-coming generation.

In our campus each and every student is understood, valued and attended to. Here we are dedicated to exhaustive quality learning and are utterly committed to a continuous process of improvement for the benefit of the students.

I have always believed that, "Excellence is never an accident; it's always the result of the high intention, sincere efforts, intelligent direction and skillful execution". These words of wisdom best describe the

present state of the school. Continuous efforts have taken the school forward in terms of excellence. The school has progressed and stands as one of the noted education institutes in the region. We offer our students a stress free learning environment which encourages creativity and critical thinking.

According to Einstein, Education serves to energise and excite the brain. It is to make the learner think of what is presented to him and to go further: to invent, to discover, to add to the body of knowledge by making a simple fact a research to help humanity. It creates geniuses and makes life a constant adventure. We are always open to refreshing views and suggestions which can add more value to the students of our school.

I give all my blessings to the MPS family, and all those who are associated with the institution, I pray that GOD, in his divine benevolence, continues to lead and guide our prestigious institution day by day, year by year, as we march forward in time.

"We are to use a different gift in accordance with the grace that the God has given us...

If It is to serve, we should serve;

If it is to teach, we should teach:

If It is to encourage others, we should do so.

Whoever shares with others should do it generously; whoever has authority, should work hard:

Whoever shows kindness to others should do it cheerfully."

With best wishes...

"Education is the most powerful weapon which you can use to change the world."

-Nelson Mandela

Don't go back to normal.

Seize the moment.

'Going back to normal' has different meanings. Some may think going back to life without the threat of a dangerous and unpredictable virus, while others may mean "the way things were".

As educators, we seized this opportunity-even if it was born of natural chaos- to re-imagine every school day and create a successful school year.

The new normal in education is the technological order- a passive technology and its expansion continues uncontested and even accelerated by the pandemic.

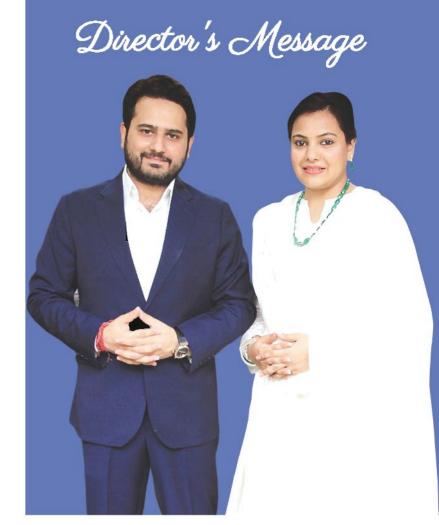
Life is a series of experiences, each one of which makes us bigger, even though sometimes hard to realize this. For the world was built to develop character and we must learn that the setback and grieves which we endure help us in our marching onward.

Two Greek concepts, Kronos and Kalros, allow the discussion of contrasts between the qualitative and quantitative in education.

Through this we learn and teach to keep time in a way that not only make sure we accomplish our ongoing goals and meet our responsibilities but that also keeps us open to being steered by life in ways we may not have anticipated, that keeps us discerning enough to read our environment and to act accordingly.

"Don't learn to do, but learn in doing. Let your falls not be on a prepared ground, let them be bonafide falls in the rough and tumble of the world."

- Samuel Butler



Mr. Vikramjeet Singh Shastri (Managing Director)

Mrs. Ketiki Shastri (Director)

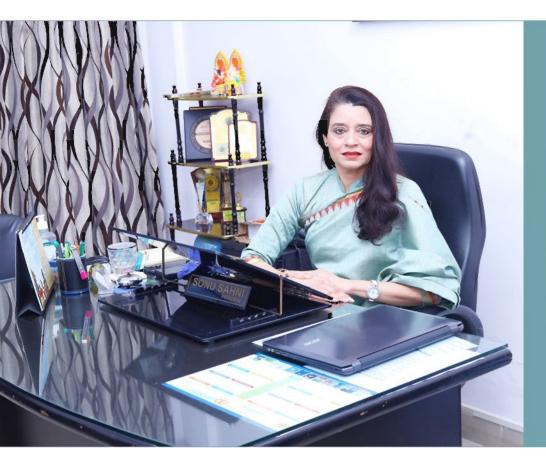
We have learnt to shift from a system where time is constant and learning is variable to one where learning is constant and time is variable.

With information readily available at our fingertips via smart phones and computers screens, we are working on education to shift from data transmission to skill acquisition, including the ability to think logically, research quickly and efficiently. There are many new skills to be learnt to navigate the flood of information and misinformation available and to make correct decisions in the new world of rapid change.

On a broad spectrum, the challenges of these times offer an outstanding opportunity to comprehend-Transformation is survival.

We try and put our best foot forward to accept this natural transformation and facilitate our school environment with best of amenities where students may enhance their skills and touch the infinite.

From Principal's Desk



"You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives."

– Clay P. Bedfold

Dear Students.

Schooling is our first contact with the world, a period of joy, healthy competitions, sharing and love. It is not the wide open spaces, classrooms or the large fields that make the school. It is the heart of students and staff that the true institution exists.

We, at MPSTFS, endeavour to provide sufficient opportunities to each student to understand and discover themselves. We take pride in helping them grow and develop into sensitive and responsible well-round personalities of next generations.

I appreciate the efforts put in by our wonderful team of students, teachers and unstinting support of the Management for making this a truly successful year for all of us. In this pursuit of excellence, I appreciate our parents and fraternity for supporting the school in every aspect.

"One child, one teacher, one book and one pen can change the world." – Malala Yousafzal

Happy Reading God Bless II

> Ms. Sonu Sahni (Principal)

From The Editor's Desk



I Row Sitting (L-R) : Ms. Anindita Bose, Mrs. Sonu Sahni (Principal), Ms. Divya Narang

Il Row Standing (L-R) : Ms. Richa Attreya, Ms. Sonika Singh, Ms. Aditi Chaudhary, Ms. Parul Chauhan

"Reading is the gateway skill that makes all other learning possible." – Barack Obama Dear Readers.

I am proud and exuberant to acclaim that we are ready with all hopes and hues to bring out the Year Book, 2021-2022 which will surely unfold the unraveled world of the most unforgettable and preclous moments of the school.

This herculean task of editing this Year Book would not have been possible without the sincere support of the members of the Editorial Board, all teachers and students. I ardently extend my immense thanks to our Honourable Management and Respected Principal Ma'am, Ms. Sonu Sahni for all their initiative, motivation, guidance and cooperation.

This Edition is a milestone that marks the growth and unfurls the imagination to give life to thoughts and aspirations of our children. It unleashes a wide spectrum of creative skills ranging from writing to editing and even designing the Year Book.

I totally agree with the words of Samuel Johnson- "A writer only begins a book. A reader finishes it." Happy Reading!!!

Ms. Anindita Saha Bose Editor-In-Chief



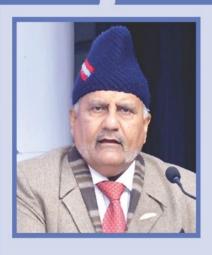
Thank you so much for the invitation. I am glad and privileged that I was a part of Travel Logs competition.

Commendable work of the students, their confidence, enthusiasm has to be appreciated. It was very difficult for me to deduct even a mark of the students. The theme was also very nice. Your laudable leadership was visible in the students and staff.

Looking forward for more such experiences. Regards



Dr. Bhavna Gandhi



I stepped in as the Chief Guest of 'Travel Log', Literary Fest at MPS Shradhapuri. In past I've been Chief Guest in many renowned schools such as St Mary's etc., but the experience I underwent on this occasion was exemplary. I was driven through the International and National Heritage by tiny tots. The theme was challenging but the children stood up to the occasion. It was an icing on the cake to watch tiny tots performing flawlessly with confidence and determination. The props were intelligently prepared/displayed thus resembling the actual ones. Moreover, boys and girls were so motivated and confident that they presented their heritage in utmost professional manner. Their pronunciation of some of the difficult words with clarity, efficiency in speaking extemporaneous. Moreover, the confidence with which they presented was a treat to watch. The audience were left spell bound in watching these MPS groomed children performing in such a spectacular manner.

I would take this opportunity to complement each and every participant who had put in sheer hard work in enabling display of such level of presentation. I also complement the painstaking efforts undertaken by the teachers and the staff in knitting this flawless display. I would second the word of jury, that all were winners since it was an uphill task to carve out winners.

I would not be doing justice in case I miss out complementing the Principal of the school under whose aegis the entire presentation was orchestrated and executed.

Thanks a ton MPS Management for enabling me to be part of such an unforgettable event. Creativity of children was impeccable and at peak. School and Organisation perse deserves appreciation for all round personality development of the children who are pillars of the Nation.

Keep good work going, my blessings and best wishes to each and everyone. I request, if possible, to read my feedback in the morning assembly to encourage children in achieving all what they deem is unachievable.

THANK YOU.

GOD SPEED, TAKE CARE, BE SAFE
With Best Wishes,

Col. Navin Chandra Sharma



Dear Madam

I Thankyou for Inviting me at the 75th Independence Day celebration and giving me an opportunity to share my experiences amongst the esteemed panel of Teachers and Students. Please accept my sincere congratulations on a well conducted event.

Education Institutions are the knowledge hubs and play an important role in imparting education and moulding life of a child. I am sanguine that Meerut Public School under your able guidance is going to excel in all spheres.

Wishing you all the best in all your future endeavors

Col C D \$ Sambyal, \$M

It was a delightful experience to Interact with the MPS group The First Step School Principal, teachers, parents and the students.

Many congratulations on the fantastic speech and performance by the children during the badge ceremony. It was uch a pleasure to be captivated by their composure confidence conviction and knowledge; all on clear display.

Huge applause to the Principal Ma'am and all the teachers for all the endless efforts in making this event a great success.

Mr. Love Jain - Career Councellor

It was a magnificent event where the wonders came to life in the form of 3 D projects.

It was creativity at its best with the precision of authenticity in terms of facts. Events like these give students an exposure to search the unknown and also sharpens their narration skills along with knowledge.

The performances indeed left me spellbound and in awe of the dedication parents and teachers with children must have shown to fabricate them.

Dr. Ritu Kela -Councellor



The Student Council



I Row Sitting (L-R) : Bhor Mishra, Mrs. Sonu Sahni (Principal), Dhairya Yadav

II Row Standing (L-R) : Ishant Singh Varun, Kansihka Shah, Chinmayi Tyagi, Harshita Bhatt, Aarvi Sharma, Avi

Tomar, Kritika Sharma

Words by Jr. Head Girl

'To unseal the potential in others is to reveal the leader in you.'

To be appointed as the Head Girl of this prestigious institution is definitely a blessing as well as a great honour. I would like to leave behind a legacy of values and traditions and be a person who has her own ethics and abides by them no matter what, is unbiased.

This Edition captures the momentous moments of the school's eventful journey of the students' achievements and performances. The fragrance of my beautiful buddy blossoms in this Year Book will definitely touch the hearts of the readers with its aromatic creations.

Enjoy reading!!!

Bhor Mishra
Jr. Head Girl

House Reports

GANDHI HOUSE

"Strength does not come from physical capacity, It comes from an indomitable will."

- Mohandas Karamchand Gandhi

Keeping this in mind, to develop an indomitable will, the mentors and students are determined to be the best and striving to attain the task.

We all work together as a team and face challenges to enhance hidden capacities in all facets.

NEHRU HOUSE:

'Reach high for stars lie hidden in you. Dream deep, for every dream precedes the Goal.'

With this mindset Nehru House embark on its voyage under the proficient guidance of the Mentors. They work tirelessly without aiming for immediate fruits.

Members of Nehru House are known for their togetherness and face adversities as a team.

SHASTRI HOUSE

'If you believe in yourself and have dedication and pride and never quit, you'll be a winner. The price of victory is high but so are the rewards.'

In accordance to the spirit of dedication and determination, Shastri House strives to excel on all grounds by optimum utilization of their capacities.

Shastri House upholds its motto of excellence paired with efficiency and effectiveness.

TAGORE HOUSE

'There will be obstacles, there will be doubts there will be mistakes, but with hardwork, there are no limits.'

'Striving for Excellence' is the motto of Tagore House. The blue colour is associated with depth and stability. The students of Tagore House work diligently to put up their best. They never believe in surrendering before difficulties.

They stand with a firm belief-

'Our greatest glory is – Not in never falling but in rising every time we fall.'



HINDI CLUB - "Language is the road map of a culture. It tells you where its people come from and where they are going." -Ritu Mae Brown

The Hindi club works for the progress of Hindi language, to create interest in the student for the language and to increase their creativity in oral and writing skills. This club provides opportunities for the interaction between the learner and the teacher which is vital for making learning of the language easier and enjoyable. The club hosts competitions like Poetry, Writing, Debate, Elocution, Pick and Speak to name a few which is a great opportunity for the participants to display their talent by cherishing for rich cultural heritage and developing the love for the Hindi language.

Club Mentors : Ms. Parul Chauhan

Ms. Sonika Singh

SOCIAL SCIENCE CLUB - 'Social Science means inventing a certain brand of human we can understand.'

Social Science Club inculcates various democratic values & qualities. The club tries to extend the understanding of humanity, patriotism & discipline not only in school environment but also in real life. National & International Days are celebrated to spread the message of peace & harmony through various activities which relates these lines-

'Tell me and I forget,
Teach me and I remember.
Involve me and I learn.'

Club Mentors: Ms. Vibha Tomar

Ms. Prachi Jain

SCIENCE CLUB - "What you learn from alive in science is the vastness of our ignorance". - David Eagleman

Science Club is one of the best platform for the students to realise their scientific skills and fulfil their quest in doing science activities for which they do not get opportunities within the curriculum framework. It plays an important role to integrate better understanding of Earth, nature and diversity of information sources.

Club Mentors : Ms. Sonia Singh

Ms. Divya Narana

Club Reports

ENGLISH CLUB

'Education is our passport to the future, for tomorrow belongs to the people who prepare for it today.'

The English Club paves the way to students to build up their personality, develop their cultural competences, incorporate critical thinking and integrate their unuttered views through language. The club has initiated Essay Writing, Elocution, Debate, Extempore Speech Competition, and Skit to intensify the art of effective or persuasive speaking or writing and compositional techniques.

Club Mentors : Ms. Anindita Saha Bose Ms. Neha Sodhi

MATHEMATICS CLUB

'Pure MATHEMATICS is, in its own way, the POETRY of logical ideas.'

Maths Club provides an effective way of building mental discipline and encourages logical reasoning and mental rigor. Maths is not about numbers, equations, computations or algorithms; it is about 'Understanding', as Maths is described as the Queen of the Science and King of the Arts.

The purpose of the Maths Club is to showcase the hidden talent of the Little Mathematicians of the school. This club stimulates the curiosity of the learners, fosters their creativity and equips them with own spatial awareness.

Club Mentors : Ms. Richa Rajvanshi
Ms. Meenu Goel

ECO CLUB

'Plant together... Let's make the world areener.'

Eco Club in the school works with the primary objective of sensitising students about prevailing environmental issues, problem area, ecological degradation and depleting ecosystem. It works under the aegis of sensibilizing students to bring about a change in their attitude before acting to safeguard the environment they belong to. The Club organises activities to instill a sense of responsibility and belongingness among the future generation and to awaken a deep intent to educate their peers to follow the environmental norms formulated by the government.

Club Mentors : Ms. Rama Thapa Ms. Abha Chauhan

ICT CLUB

'Any sufficiently advanced technology is indistinguishable from magic.'

The onslaught of technology has created the ardent desire in students to be tech savvy. Education sector has also evolved tremendously using technology. The ICT Club here in MPSTFS aims to provide newer horizons to the students to make them more proficient and to give our children two lasting bequests – one is roots and the other is to soar high.

Club Mentors : Ms. Shveta Sharma Ms. Aditi Chaudhary

Shouldering Responsibilities Investiture Ceremony

A spirit of unity and dynamism filled the air as Respected Principal Ma'am commenced the Investiture Ceremony with the Lighting of the auspicious Lamp of Knowledge as a tribute to Maa Saraswati.

It was a proud moment for all the Parents to pin the badges and to witness their children being invested with great responsibilities while embarking on a new journey as leaders.

The Distinguished Chief Guest, Career Counsellor, Mr. Love Jain motivated the newly elected Student Council with his gracious words.

Esteemed Advisor Ma'am, Ms. Richa Sharma boosted the confidence of the young leaders and applauded the efforts of all. Ma'am also congratulated the Parents and thanked them for their immense cooperation.

In order to scale the heights and reach the pinnacle of success, the swearing in ceremony was conducted in an orderly manner. Jr. Head Girl Bhor Mishra expressed her gratitude.

The Principal congratulated the newly appointed Student Council for their preparedness to take up the responsibilities entrusted to them.

With the flags held high and heads standing tall, the ceremony concluded with the National Anthem.



The Moment of Pride



10th Foundation Day

"Education is not the filling of a pail, but the lighting of a fire." - W.B. Yeats

On the magnificent Monday morning of 14th February, 2022, Meerut Public School 'The First Step', Shradhapuri celebrated its 10th Foundation Day. It was indeed a proud moment for the entire MPSTFS family when the foundation stone of this magnanimous institution was laid by Honourable Chairperson Sir Shri Tarachand Shastri JI and Vice Chairperson Ma'am Smt. Kusum Shastri JI. It is the unstinting effort and inspiration of the founders that we all have journeyed together to reach this milestone. The philosophy "Where Every Child really Does Matter" has always inspired us to work with utmost dedication for excellent achievement of our students.

The Principal, Ms. Sonu Sahni accorded floral welcome to the distinct visionaries of the MPS Group. To invoke the spiritual ecstasy, sacred Hawan was performed and hymns and mantras were enchanted. Managing Director Sir and Advisor Ma'am expressed their happiness and motivated to ensure the School Flag soaring high.

The Principal, Ms. Sonu Sahni expressed her profound gratitude towards the Honourable Management and acknowledged the efforts of all in making the school a great success.

The event culminated with the distribution of Prasad.



A Cordial Welcome



Purifying the Surroundings



Offering Aarti



Holy Offerings Into Sanctifled Fire

Literary Fest - 'Travel Logs'

"Travelling- it leaves you speechless, then turns you into a storyteller" - Ibn Battuta

To raise awareness about our diverse cultural heritage and to convey a significant message to future generations about the importance of carrying on their legacy and preserving our culture, Meerut Public School 'The First Step' hosted Interbranch Literary Fest 2021- 'TRAVELLOGS' on 24th December, 2021.

The dignituries - Esteemed chief guest Col. Navin Chandra Sharma, The renowned judges Mrs. Ritu Kela(Psyschologist/Counsellor), Dr. Bhawna Gandhi(Nutritionist/ Dietician), Reverend Managing Director MPS Group, Mr. Vikramjeet Singh Shastri, Honourable MPS Group, Advisor Mrs. Richa Sharma and Respected MPS Group, Counsellor Mrs. Divva Goel were given a heartiest welcome by Principal ma'am, Ms. Sonu Sahni.

The dignitaries inaugurated the event by lighting the auspicious lamp while to invoke the blessings of the goddess of knowledge, Maa Saraswati and to make the event a success, the teachers choir sang the Saraswati Vandana. The enthralling dance of the little angels left everybody spellbound.

The Globe trotters of class I- III showcased their zealous participation in Group A - The Seven Wonders of the World', whereas the Stars of class IV-VI waved around in Group B - UNSECO's World Heritage Sites Located in India'. The young travel guides imitated the real life ones to present the fascinating and interesting significances of the ancient wonders.

The dignitaries appreciated the presentation skills and the efforts of the participants. The Managing Director Sir motivated and applicated the students for showcasing their talents. The Principal, Ms. Sonu Sahni expressed her heartfelt gratitude to the gathering. The show came to an end with the winners grabbing their trophles and certificates. The winning trophy was won by MPGS, Shastri Nagar.

The Santa showered the blessings followed by the proposal of vote of thanks. The event culminated with the National Anthem. The event was made memorable by the efforts put in by the budding stars and their mentors.





Floral Accord to the Judges



A Warm Welcome to the Chief guest: Col. Navin Chandra Sharma



Welcoming the Managing Director Mr. Vikramjeet Singh Shastri.



Kindling the Holy Lamp.



Honouring Students' Efforts with Certificate & Trophy.



Scholars of MPS are as 'Buland' as Buland Darwaza.



Word of Wisdom by Honourable Mr. Vikramjeet Singh Shastri Sir, MPS Group



Students presenting facts about UNESCO World Heritage site 'Bhimbetka Rock Shetter'



Students Expounding Mountain Railways of India



Imaging Nanda Devi, the Second Highest Mountain in India



Pupils Reminding the Buddhist Philosophy through Sanchi Stupa



Students depicting gazebocs, Ceremonial Gates



Students Demonstrating the Importance of Sanchi Stupa.



The Chief Guest Addressing the Students



Illustrating the Significance of the Oldest Stone Structure of India, Sanchi Stupa



Describing a Valuable Monument of Indian Architecture, The Sachi Stupa



Explaining the Values of Islamic Architecture, Panch Mahai



Interpreting the Fascinating Beauty of the land of Royal Bengal Tiger, The Sunderbans



Explicating the Excellent Workmanship at Hampi 'the Stone Charlot'



A Representation on Islamic Culture



Construing Mayan Civilization



Elucidating One of the Wonders of World, Christ the Redeemer, Rio De Janeiro



Delineating the Iconic State of Brazil, Christ the Redeemer



Mesmerizing Dance Performance by Little Fairles



Address by the Principal



MPS In One Frame

Farewell - 'Bon Voyage'

"Go confidently in the direction of your dreams! Live the life you have imagined." - Thoreau

To bid adieu, the farewell was organised by the students of class IV for the outgoing scholars of classes V and VI on Monday, 14th February, 2022.

The programme commenced with the welcoming of the students. The occasion was graced by Esteemed Group Advisor Ma'am, Ms Richa Sharma. Ma'am motivated the students and asked them to stay focused. Respected Principal ma'am and the

mentors conveyed their best wishes and also blessed them for their new beginning.

The Jr. Head Glrl Bhor Mishra, expressed her gratitude to the School Management, Principal and teachers.

The programme culminated with the Vote of thanks proposed by Coordinator who showered her blessings on the students.

Nothing is permanent in this world we keep on moving from one place to another for a change throughout our lives.



Captivating Anchors



A Heartfelt Valediction



Ms. Richa Sharma, Advisor MPS Group Sharing Words of Wisdom



The Principal Ms. Sonu Sahni Addressing the Gathering



All Assembled to bld Goodbye's



Wishing the Students to Soar Higher

Achievement and Accolades

'Challenges are what make life interesting. Overcoming them is what makes life meaningful.'

We are pleased to share that Gaurav Pandey, student of Class V in MPSTFS added a feather to the cap by winning a silver medal in 6th Open District Karate-do Championship organised by Tenshinkan Karate Association of Moradabad held on 18th July, 2021.



Glorious Moment





Well donel Karate Master

Gaurav Pandey (V-B) added another Feather to the Cap of MPSTFS by grabbing a Gold Medal, a Trophy and a Certificate in United Shotokal Meerut District Karate DoJo Kata Championship held in the month of February, 2022.



Patriotic To The Core

75th Independence Day

Today we come together,
Be the cause for the unity,
Make it beautiful day another..
Fight against Corruption,
Spuri the Flag of Nation.

The 75th Independence Day was celebrated In all Its solemnity and grandeur at MPSTFS on 15th August, 2021 in presence of a lean gathering comprising of our Esteemed Chief Guest, Col. CDS Sambyal, Respected Principal Ms. Sonu Sahni and Staff members.

The event began with the unfurling of the National Flag by the Chief Guest and Principal ma'am followed by the National Anthem. The ambience was filled with the enthusiastic fervour by the zealous poem and the patriotic song sung by the teachers choir.

The Chief Guest made the event even more special by his gracious presence and motivating words.

The Principal in her address highlighted the significance of the day and everyone took the pledge to protect the peace and unity of our great nation.

'Other might have forgotten, But never can I, The Flag of my Country, Furls very High.'

With pride for the nation's heritage and mativation to strive for excellence, we extend our best wishes on the joyful occasion of Independence Day.



Welcoming the Chief Guest



Unfulling the National Flag



Displaying the Spirit of Nationalism

73rd Republic Day Celebration

Rejoice in the glory of the nation and do not torget to thank the soldiers.

Let's Salute the Nation on Republic Dayl

Meerut Public School 'The First Step' celebrated the 73rd Republic Day with lot of zeal and vigour. A plethora of activities were organised to infuse the spirit of unity, brotherhood and patriotism among the students. The Students showcased their love for the country and its rich heritage by participating enthusiastically in virtual activities. They tots of Kindergarten made tricolour Flag while, the Students of Primary Wing dipped themselves in role of different freedom fighters and recited their famous slogans. Furthermore, to kindle poetic flair on this day Students of Middle Wing recited poem depicting their patriotic fervour.

The Principal, Mrs. Sonu Sahni unfurled the national flag along with the Coordinators and Admin staff and asked to abide by the constitution of our motherland and fulfill all the duties as responsible citizens.



Hoisting the Pride of Nation



National Anthem

WELCOME PARTY

The beautiful thing about learning is that no one can take it away from you."

To welcome the new scholars Into the academic session 2021-22, MPSTFS organised the virtual 'Welcome Party' on 9th April, 2021. Event started with the welcome speech given by the Primary Wing Coordinator. A Puppet Show was presented for entertainment of the new learners, wherein a new rhyme related to ABC of Corona was recited giving a message' Stay Healthy, Stay Safel' Miss Jenifer and Mr. Rabbit (the Puppets) overwhelmed the students. Students were enthralled to see the Puppet Show.

Students also felt delighted to introduce themselves as their favourite cartoon character.

Ms. Sonu Sahni, the Principal motivated the students with her kind words and welcomed them joyously. The Middle Wing Coordinator applicated the students leading the event to an end.



Blessing the Blooming Buds

Celebrating with Full Zest and Zeal

BAISAIKHI CELEBRATION

'Balsakhi comes up as bright as sun, as cool as water and as sweet as honey.'

Let's get drenched into the festive mood and let our heart dance to the rhythm of the drums.

To commemorate the celebration of Spring Festival, MPSTFS organised Virtual Balsakhi Celebration on 13th April, 2021. The celebration culminated with a cultural presentation by the tiny toddlers of Pre-primary. The children came clad in traditional Punjabi attires. They tapped their feet to the beats of 'Punjabi Gldda and Bhangra'. Teachers explained the historic and cultural importance of the festival to the students.

Ms. Sonu Sahni, Principal, applauded the students and teachers for their active participation.

LABOUR DAY CELEBRATION

"There's no substitute for hard work." - Thornas Edison

To commemorate the Labour Day and to appreciate the selfless service of the frontline warriors and community helpers, the students of Meerut Public School 'The First Step' celebrated Labour Day with great zeal. Event started with a Special Assembly conducted by Middle Wing students. The tiny tots of Pre - Primary were involved in fun-filled craft activity in which they made vehicles of community helpers by imprinting their foot on drawing sheets. Scholars of Primary Wing showcased their gratitude through a role play and giving self made appreciation cards to their helpers and warriors.

The Principal lauded the ceaseless efforts of the maintenance staff for the school and presented them gifts. Keeping in mind the present pandemic situation, various fun activities were organised with social distancing.



Honouring our Helping Hands

MOTHER'S DAY CELEBRATION

'Mothers are endowed with a love that is unlike any other love on the face of the Earth.'

To cherish and celebrate the boundless love in every mother's heart, the students of MPSTFS celebrated Mother's Day with abundant excitement and vigour. In the spirit of this special day, the toddlers embraced and crowned their mothers with a handcrafted token of love and appreciation. It was interesting to witness how lovingly the little shining stars extended their heap of gratitude to their pillars of strength.



Mother, 'The Angel on Earth'



Buddham Sharanam Gachchhhami

BUDDHA PURNIMA CELEBRATION

"Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.'-Lord Buddha

Buddha Purnima also known as Buddha Jayanti was celebrated virtually with the learners of Meerut Public School 'The First Step' on 25th May, 2021. Students were informed about the divine life story of Gautama Buddha virtually. Middle Wing Scholars wrote the teachings of Lord Buddha and were also acknowledged about 'Four Noble Truth' preached by Buddha with the help of a story. Students enjoyed the Virtual Session and promised to inculcate the values and teachings of Lord Buddha in their life.

FATHER'S DAY CELEBRATION

'The heart of a father is the masterpiece of nature.'

To honour and to show gratitude towards the pillar of our strength 'The Father', students of MPSTFS celebrated father's day with full zeal and vigour. To make the celebration even more special the toddlers of KG Wing made beautiful cards to express their love and affection. Primary Wing students presented the hand made crown to their real life 'Kings' and cooked their favourite dishes.

The scholars celebrated the day with great enthusiasm.



Child's First Hero, Father

GURU PURNIMA CELEBRATION

'Guru is not the body, Guru is light, Guru is wisdom, and light and wisdom are essential in human life'.

To honour the gurus, MPSTFS organized various online activities for the students on 24th July, 2021 with intense zeal and zest.

Primary Wing Students showcasted their creative skills by making 'Guru Charan'. Students of Middle Wing chanted Shlokas while meditating. Scholars were also acknowledged with the significance of celebrating Guru Purnima.

Active participation of the students was appreciated and encouraged by the teachers.



Apprehending the Value of Gurus



The Pure Bond of Love - Raksha Bandhan

RAKSHA BANDHAN CELEBRATION

The bond of love between a brother and a sister is one of the deepest and noblest of human emotions. To strengthen the bond of love and harmony among the learners MPSTFS organised Rakhi Making activity on the occasion of Raksha Bandhan.

The students of KG and Primary Wing made Eco-Friendly Rakhls' with zeal and enthusiasm. During the activities fusion of modernity with traditional style was seen among the toddlers.

Learners of Middle Wing displayed their talent by decorating festive Thalis and Rakhls that exhibited their creative little minds. The students left every beholder astounded.

Principal ma'am appreciated the students and wished them a very Happy Rakshabandhan.

JANMASHTAMI CELEBRATION

'Whenever you lose hope, remember that Lord Krishna is always by your side.'

To follow the tradition and to seek the blessings of Lord Krishna, MPSTFS celebrated Krishna Janmashtami.

The virtual celebration was organised for the Students of Kindergarten wherein the toddlers enthralled everyone with their performances. Artists of Primary Wing were beautifully dressed up as Krishna & Radha with their nicely decorated Matki & Flute.

On this occasion, The Principal, Ms. Sonu Sahni told children about the incarnation of Lord Krishna and wished everyone a very Happy Janmashtami.

Have a happy and blessed Krishna Janmashtamil



Festivity Spreading

TEACHERS' DAY CELEBRATION

"It's the teacher that makes the difference, not the classroom." ~ F. Soinil Jose

To pay tribute to Dr. Sarvepalli Radhakrishnan and to appreciate the role played by teachers in the life of an Individual, plethora of activities was organised for the students and teachers of MPSTFS.

The program commenced by offering the sapling to Hon'ble Group Advisor, Ms. Richa Sharma by our Respected Principal, Ms. Sonu Sahni accompanied by the Co-ordinators.

The melodious medley sung by the teacher's choir filled the ambience with great warmth. To make the celebration memorable various fun filled games had been conducted for the teaching staff.



Students Expressing Grattfude to their Mentors

Artists of Primary Wing paid grattfude to their teachers by making beautiful 'Thank You' cards & brooches and to signify the importance of the day, Middle Wing Students wrote essay on the contribution of the great educationist Dr. Sarvepalli Radhakrishnan.

The event concluded with the words of wisdom presented by Hon'ble Advisor Ma'am and Principal Ma'am, thereafter teachers enjoyed the refreshment hosted by the school.

GANESH CHATURTHI CELEBRATION

वक्रतुण्डाय महाकाय सूर्यकोटि समप्रभः निर्विघ्नं कुरुमेदेव सर्वकार्येषु सर्वदा।

Following the tradition and to sensitise the students about the importance of inculcating moral values, MPSTFS celebrated Ganesh Chaturthi on 10th September 2021.

The tiny toddlers symbolically made clay idols of Lord Ganesha as a mark of respect. Primary Wing Students celebrated the birthday by beautifully chanting the Maha mantra 'Vakratunda Mahakay' and continued with the prayer of Lord Ganesha.

On this auspcious occasion, The Principal, Ms. Sonu Sahni conveyed her blessings to the students and requested them to celebrate the festival by following the Covid protocols.



Homage to Delty

GANDHI & SHASTRI JAYANTI CELEBRATION

'You must be the change you want to see in the world.' - Mahatma Gandhi

To commemorate the national festival and to celebrate Gandhi Jayanti and Shastri Jayanti, the Joyous occasion of the birthday of two great patriots 'Mahatma Gandhi' and 'Lal Bahadur Shastri' MPSTFS organized various activities for students on 01.10.21. The main objectives were to inculcate moral values and to sow seeds of a good human being and good citizen in the students.

To reinforce the beliefs of Gandhijl and reflect with earnest zeal their impact on our lives and lead a simple life with high principles for a radiant future the students of Primary Wing made 3 wise monkeys as their craft. Middle Wing students enacted a drama



Reflecting the beliefs of two Great Patriots

which showcased various important events like Champaran Movement, Salt Satyagraha and Swadeshi movement. Along with this, children made various posters to celebrate 'Swacch Bharat Diwas'.

The Principal, Ms. Sonu Sahni appreciated the efforts of students and remembered the learning of the man who galvanized a whole nation to stand up on its feet and fight for its rights.

DUSSEHRA CELEBRATION



Celebrating the Righteous Over Sin

The truth shall always triumph; goodness shall always reigni

Symbolizing the epic victory, MPSTFS fraternity celebrated Dussehra on October 13,2021 with a lot of religious ardour.

The celebration began with a prayer followed by a bhajan. A Puppet Show depicting the life story of Lord Rama was presented for Pre - Primary & Primary Wing Learners. Keeping the festive spirtt alive and to mark the triumph of good over evil, effigy of Ravana was burnt and witnessed by tiny tots of Kindergarten virtually.

The highlight of the day was a Speech Delivery on 'The lessons to be learned from the life of Lord Rama/ Ramayana' by the Middle Wing Scholars.

The Principal, Ms. Sonu Sahni addressed the

students and told them about the purpose of organizing the celebration. Ma'am congratulated the teachers and the students for the coming festival season.

DIWALI CELEBRATION

'Shine like sparkies, glow like candles and burn all the negativity like crackies.'

To bathe in the aroma of 'Festival of Lights' MPSTFS celebrated the homecoming of Lord Rama with utmost galety and zeal where the students along with their mentors were involved in various elating activities. The school wore a festive look with diyas, pots and garlands adorning the premises. Tiny toddlers of Kindergarten donned the traditional attire and were apprised with the importance of the fiesta. Adding the sanctity to the festivity, the students of Primary Wing heralded the festival by presenting a skit with a lot of enthusiasm.



Rejoicing the Retort of Lord Rama

The Student Council and the staff members

dedicated themselves with the rituals of invoking the blessings of Lord Ganesha & Maa Lakshmi for the overall prosperity.

The Principal, Ms. Sonu Sahni graced the celebration and conveyed the message of celebrating eco-friendly and cracker free Diwali.

CHILDREN'S DAY CELEBRATION

'Every child is a different kind of flower and all together makes this world a beautiful garden.'

November 14 is celebrated as Children's Day or Bal Diwas every year in India. The special day is celebrated in remembrance of India's first Prime Minister Jawahar Lal Nehru, born on November 14, 1889. Pt. Nehru, who was fondly called Chacha Nehru or simply Chachaji, was very popular amongst children for his love.

A day marking childhood was celebrated with fun and frollc at MPSTFS. The celebration began with a special assembly conducted by the teachers. The speech apprising the significance of the day was delivered, followed by poems,



Honouring Future Leaders

riddles and fun games and activities. Students laughed boisterously at their jokes.

Teachers exhibited their love and affection for the students by tapping their feet with the young leaders of our nation. The Principal, Ms. Sonu Sahni blessed the students and asked to keep the spirit of child alive within us. In her words of wisdom she added all the good wishes for blooming buds of our nation.

The environment was buzzing with excitement and iov.

GURU NANAK JAYANTI CELEBRATION

'Whatever kind of seed is sown in a field, prepared in due season, a plant of that same kind, marked with the peculiar qualities of the seed, springs up in it.'

- Guru Nanak Dev Ji

Guru Nanak Dev was the first of the ten Sikh gurus and the founder of Sikhism. Keeping in view the secular ethos, MPSTFS celebrated and rejolced in the spirit of the festival Guru Nanak Jayanti.

A special assembly was conducted on 18th November to mark the occasion and bring home the relevance of the festival to our young generation.



Guru Vandana

The students enacted a skit, depicting the glimpses of sacred life lived by Guru Nanak Dev Ji and were also made to understand Guru Ji's baanl in order to instill good values in them.

The teachers apprised the Primary Wing Students about the principles and teachings of the pious soul through a virtual tour of Golden Temple.

The Principal, Mrs. Sonu Sahni addressed the learners to always choose right path as chosen by Guru Nanak and must learn the act of offering food for bhakti and seva.

CHRISTMAS CELEBRATION

Rejoicing and singing the praise of the lord Jesus Christ is the flavour of this season! It is that time of the year when the whole world celebrates the birth of Jesus and sings his praises all across the globe.

To blemish the Christmas spirit alive and to spread the fragrance of the cakes, MPSTFS organized various activities for the students on 22nd December,2021. The significance of the festival was explained to the students through the Story of Jesus by their Mentors. The best way to spread Christmas cheer is singing aloud for all to hear, so the students sang Christmas carols and tapped their feet with the songs. As a part of activity, the tiny tots were dressed up as Santa filled with the Joy and excitement. Students of primary and middle wing enjoyed making Snowman. The activities were conducted with full zest and zeal. The Principal Ms. Sonu Sahni, showered her blessings and asked the students to spread love and peace.





Merry Time Jingle Bell Lii Munchkins as Santa

THE HAWAN CEREMONY

'May the ignition smashes the avaricity, envy, gratification and malicious intent within the soul of humankind and cleanses it for the betterment.'

By invoking the spiritual blessings of almighty with a blazing Hawan, MPSTFS marked the beginning of the New Year 2022.

The 'Hawan Ceremony' was organised on Wednesday, 5th January, 2022. Through the chanting of mantras and offering to the consecrated fire, both the body and mind were re-energized, creating a revitalizing and rejuvenating effect.



Plous Moment

The Principal, Ms. Sonu Sahni, teaching fraternity Admin and Maintenance staff came together to perform the holy ritual. The Hawan ended with the 'Aarti' and the distribution of 'Prasad'.

LOHRI & MAKAR SANKRANTI CELEBRATION

'As the fire of Lohri flourishes, let us hope that all our sorrows end with it. Let the glory of the festival fill our lives with happiness.'

Meerut Public School 'The First Step' celebrated Lohri and Makar Sankranti on 13th January 2022 wherein the day commemorated with Immense Joy, and enthusiasm. The tiny tots of Kindergarten were dressed up in Punjabl attires and tapped their feet on the Punjabl music and were completely absorbed in the festive spirit. Primary & Middle Wing Students showcased their innovative and artistic skills by making kites in vibrant colours, they also made Lohri cards



Vibrant Celebration Marking the Harvest Festival

using peanuts for their loved ones during their virtual classes and were apprised about the importance and significance of the festivals. Lohri and Makar Sankranti activities were conducted with full zeal and exuberance.

The Principal, Ms. Sonu Sahni wished everyone a very happy & prosperous Lohri & Makar Sankranti.

NATIONAL ARMY DAY

MPSTFS expressed its gratitude to the Indian Army by celebrating 74th National Army Day with great enlightenment and realisation. Army Day is celebrated on 15 January every year in India, in recognition of Field Marshal Kodandera Madappa Carlappa's taking over as the first Commander-in-Chief of the Indian Army in 1949.

A special assembly was conducted for naive learners of MPSTFS and were acknowledged about the importance of the day through a PowerPoint presentation by the educators.

The Principal Mrs. Sonu Sahni saluted all the brave souls who fought for us In harsh circumstances and greeted 'Happy Indian Army Day' to everyone.



Saluting the Brave Hearts

BASANT PANCHAMI CELEBRATION

Basant Panchaml Is celebrated In reverence to the Hindu deity Maa Saraswatl, the Goddess of knowledge and wisdom. It also marks the arrival of 'Spring Season'.

The festival of spring was traditionally celebrated with great fervour in MPSTFS on 4th February, 2022. The day started with auspicious ceremony of 'Saraswati Puja', wherein The Principal along with the coordinators and staff members worshipped goddess Saraswati to invoke the divine blessings. The Hymn and the shlokas glorifying Maa Saraswati echoed in the school premises.

The students were dressed up in yellow attlre and offered virtual prayers. They enthusiastically participated in various virtual activities like colourful kite making.



The Principal, Ms. Sonu Sahni wished all on this auspicious occasion 'May the Goddess Saraswati enlighten every one with the light of knowledge and happiness' i

Activities

NEW PARENT ORIENTATION

"Behind every young child who believes in himself is a parent who believed first." ~ Mathew Jacobson

Under the able guidance of our Principal, Mrs. Sonu Sahni, a New Orientation Programme was organized on 1st April, 2021 at Meerut Public School 'The First Step' with the alm to familiarize the parents, "as partners in progress".

The Programme started with the welcoming of the parents by the Coordinators and class teachers conveying to them, the curriculum followed and the teaching methodology.

The event laid stress on effective communication between the teachers & the parents.

The parents were briefed about the rules and regulations of the school. The teachers gave an overview of the coscholastic activities which gave them an assurance that the curriculum involves self-directed, hands-on learning activities which not only give vent to their creative talents and energies but also help in the all round development of the child.

Overall it was a fruitful meeting and all the parents were highly appreciative of the well organized Orientation programme.

HANDPRINT ACTIVITY

Klds love the bright colours

and the feel of the paint on

In an effort to stimulate eve

hand coordination in our young learners, MPSTFS organized a Handprint Activity for the tiny toddlers of KG section on 16th April, 2021 wherein the little ones were introduced to the vibrant colours. The children enjoyed the activity and created their own bunch of handprints with the added benefit of fine motorskills and sensory play.

theirhands.



Let's make life Colourful I





Interaction between Parents and Teachers

WORD WORM CLUB ACTIVITY

'Words have energy and power with the ability to help, to heal and to be humble.'

Keeping these words in mind MPSTFS organised an online English Club Activity named as 'Word Worm Club' for Class VI students on 10th April, 2021 to increase the fluency as well as vocabulary of the students and to build their confidence too. The Junior Students participated with great fervor and amazed their teachers with unimaginable presentation. The Principal, Mrs. Sonu Sahni appreciated the hard work of the students.





Legends of Lexicon

Activities

TELL A TALE

"We are all storytellers. We all live in a network of stories. There isn't a stronger connection between people than storytelling' ~ Jimmy Nell Smith

Stories are more than just entertainment. They are wonderful way to bond, a way to communicate your message and a way to probe mind to the land of imagination. To imbibe the value of perseverance in the students, MPSTFS organized a Tell a Tale activity for the tiny tots of KG Section on 23rd April, 2021. "Two Frogs With The Same Problem" story was narrated using creative props, voice modulation & impressive expressions.

The students curiously listened to the story and it won the hearts of all little ones.



Enhancing Listening Skills

HEAL THE EARTH

'The Earth doesn't belong to us. We belong to the Earth.'

On the occasion of Earth day, an array of creative activities was organised by MPSTFS with a view to sensitize the students about the conservation of natural resources and to motivate them to do their bit towards making their planet even more beautiful.

A Plantation Drive was organised for the Primary Wing Students which invigorated the young minds towards the conservation of Mother Earth. The students of classes IV and V made crafts from shedded leaves and learnt the art of reducing, reusing and recycling. Other activities like 'Poster making' gave the students of Middle wing a platform to showcase their artistic and creative skills.

Go green and make our Earth a beautiful place to live.



Plant Tree: Get Oxygen for Free

GREEN TEAM CLUB ACTIVITY

'Progress is impossible without change, and those who cannot change their minds cannot change anything.'

Green Team Club intends to inculcate awareness of the relationships between human actions and our environment.

It will encourage intellectual curiosity among the students. The club also aims to improve communication skills resulting in active participation of the students in learning process.





Honing Oratory Skills



THE WELLNESS RETREAT

"The secret of health for both mind and body is.. live the present moment wisely and earnestly." - Gautama Buddha

During these unprecedented times, our emotional, mental and physical being is at stake. Keeping this in mind, MPSTFS organized a Wellness Program on 6th May, 2021 for the Parents and students of Classes I-VI to develop a holistic approach towards their wellbeing.

The key note speaker of the session Ms. Divya Goel, Counsellor MPS Group enlightened all with her expert views on the topic. Participants enjoyed the activities during the informative session. Ms. Richa Sharma, MPS Group Advisor encouraged everyone to follow the instructions given by the speaker. Ms. Sonu Sahni, Principal thanked everybody and expressed her heartfelt gratitude for giving their precious time.



Healthy Students, Healthy Tomorrow

HAWAN CEREMONY

'Hawan is a process aimed at refinement of the subtle energy existing in matter with the help of thermal energy of the Mantras.'

To purify the surrounding and make it healthy and progressive Meerut Public School 'The First Step' arranged 'Hawan Ceremony' on 31st May, 2021 in the school premises following all the COVID Guidelines laid by the Government. Respected Principal, Ms. Sonu Sahni and the Coordinators were present to invoke the blessings of Almighty by enchanting various hymns and mantras. The Honourable Managing Director Ma'am, Ms. Ketiki Singh Shastri graced the occasion by her virtual presence. All the Staff members along with the students and parents also witnessed the plous occasion. The Hawan ceremony was performed religiously under the divine fervour and spirituality by Panditji. The Managing Director Ma'am, Ms. Ketiki Singh Shastri thanked all the parents for their auspicious presence.



Seeking the Divine Biessings

WORLD ENVIRONMENT DAY

'Let's nurture the nature so that we can have a better future.'

As a step towards inspiring and educating children to take up the responsibility of their surroundings, World Environment Day was celebrated in MPSTFS with full zeal and vigour. The whole school actively participated in the activities and pledged to take care of their Mother Earth.

Keeping in mind the aim of Recreate, Reimagine and Restore the students planted saplings, prepared Hanging Garden, Newspaper Bags & T-shirt tote bags. The Science Teachers encouraged the students to give their best. The Principal, Ms. Sonu Sahni praised everyone for the excellent work and motivated for the betterment.



A Step to Safeguard Nature

Activities

YOGA MAHOTSAV - DAY 1

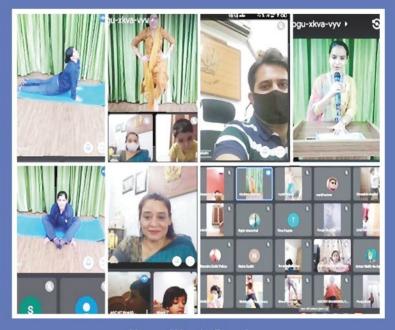
'Physical Fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.'

MPSTFS conducted Physical Fitness Session on Day 1 of Yoga Mahotsav for the blooming buds of Kindergarten. Students were acknowledged with the Importance of physical fitness and healthy eating habits. The session started with Zumba dance followed by fun based activities like Jumping Jacks, Animal Poses etc. The students participated enthusiastically.

We extend our heartfelt gratitude to our Honourable Managing Director Sir Mr. Vikramjeet Singh Shastri for gracing the occasion.

The Principal Mrs. Sonu Sahni motivated the students & conveyed the importance of making yoga an integral part of our life by extending the practice of yoga beyond the mat.

The Session was very refreshing, reviving & relaxing.



Yoga: Way to Freedom

Yoga Mahotsav - Day 2 : Session On Emotional Wellbeing

'increasing the strength of our mind is the only way to reduce the difficulty of life.'

MPSTFS celebrated Day 2 of Yoga Mahotsav by conducting Emotional Wellbeing Session for the young scholars of Primary Wing. An Interactive and Informative session was put up by Ms. Divya Goel, MPS Group Counsellor wherein ma'am discussed about 'Healthy Mind, Healthy Body' with the help of a presentation. Students curiously put forward their queries and enjoyed the session.

The event was graced by the presence of Honorable Managing Director Sir , Mr. Vikramjeet Singh Shastri.

The session culminated with the Puppet Show to showcase the Importance of Mental Health, as healthy mind can create wonders.

The Principal, Ms. Sonu Sahni encourged the students to adapt the healthy lifestyle for their wellbeing.



YOGA for Wellness



YOGA MAHOTSAV - DAY 3 : SESSION ON BALANCED DIET

One should strive to maintain good health by taking balanced diet and exercising regularly.. Atharva Veda

To refine our Insight with the above quote, MPSTFS conducted a session on 'Balanced Diet' on Day-3 of Yoga Mahotsav for the students of Classes IV-VI. The renowned Nutritionist, Dr. Bhawana Gandhi was the Guest Speaker of the session who acknowledged the students and their parents about the benefits of the consumption of healthy food. Ma'am informed the audience about the impact of a diet in improving the mental, physical and emotional health of an individual through various informative sildes.

Respected Principal ma'am, Ms. Sonu Sahni requested everyone to adapt a healthy and balanced diet and gave a message to stay fit and strong as healthy minds live in healthy bodies.

The session was very interesting and informative.



Yoga: Maintaining Balance in Life

INTERNATIONAL YOGA DAY

"Yoga is like music. The rhythm of the body, the melody of the mind and the harmony of the soul create the symphony of life." - B.K.S. lyengar

Yoga is an invaluable gift of india's ancient tradition. It embodies the holistic approach to health and well-being. On the occasion of 7th International Yoga Day, MPSTFS conducted a virtual Yoga Session in line with the Yoga Mahotsav Day - 4 for teachers and students. Following this year's theme 'Yoga for well-being" the session commenced with yoga, breathing techniques and meditation under the guidance of our Physical Trainers. Students were told about the Importance of a healthy lifestyle and various ways to improve their immunity. The aim was to encourage the students to stay active and healthy in these difficult times.



Yoga: A Life Long Exploration

Activities

NATIONAL READING DAY

"Books are uniquely portable magic." - Stephen King

To spread the magic of books and to inculcate reading habits in the young scholars, MPSTFS celebrated National Reading Dayon 19th June, 2021.

The students were acknowledged about the day and it's significance by their mentors. Primary Wing students narrated their favourite stories while Middle Wing students read their favourite books/novels.

Following the message of 'Read and Grow', the students promised to inculcate the habit of daily reading.



Reading: An Exercise in Empathy

National Doctors' Day

"If we exert ourselves with determination, no obstacle, however formidable, can stop our progress." – Dr. Bidhan Chandra Rov

It is truly said that we can't see God but on Earth Doctor is like a God who cures us and gives us life to live in a better way. To pay tribute to the doctors who are at the forefront and leading the battle amidst this ongoing pandemic, MPSTFS celebrated "National Doctors' Day" on 1st July. The teachers acknowledged the students about the famous personality Dr. Bildhan Chandra Roy and about the significance of the day. Primary Wing students expressed their gratitude by playing the role of Doctors, reciting poems and by making First Ald Boxes where they were informed about the significance of items kept in the box. To throw light on the role of Doctors in disaster management, the Middle Wing students made posters and delivered Speech with great zeal.

It was really amazing to see the students participating enthusiastically.



God Gives, Doctor Saves

GREEN TEAM CLUB ACTIVITY

"Cooking with kids is not just about ingredients, recipes, and cooking. It's about harnessing imagination, empowerment, and creativity." – Guy Fieri

To create awareness about the nutritional value of food cooked without flame, the necessity and advantages of healthy eating and to encourage students to stay away from Junk food, MPSTFS organized Non Fire Cooking Activity on 3rd July, 2021 for the Primary Wing Students. Little Chefs tried their hands on experience in making Sandwiches and Bhelpuri. Students' hearts filled with Joy after tasting their self made delicious food which was clearly visible on their beautiful faces.

The alm of the activity was also to provide a platform for students to showcase their talent and explore new areas of interest.



Cooking is a Creative Art



NELSON MANDELA INTERNATIONAL DAY

"A winner is a dreamer who never gives up." -Nelson Mandela

Mandela Day is a global call to action that celebrates the idea that each individual has the power to transform the world. In order to fulfill this objective, Middle Wing students of MPSTFS celebrated the Nelson Mandela international Day.

Learners were acknowledged about how Nelson Mandela devoted his life to the service of humanity-as a human right lawyer, a prisoner of conscience, an international peacemaker and the first democratically elected President of a free South Africa, through a powerpoint presentation. Scholars were enthusiastic during the whole session.



Remembering the Efforts of Sir Nelson Mandela

CELEBRATION

" If death strikes before I prove my blood, I swear I'll kill death."-Captain Manoj Kumar Pandey.

To commemorate the sacrifices made by Indian Soldiers In the Kargii War, MPSTFS conducted online activities for the students. The learners of Primary Wing ardently made Posters of our brave soldiers and participated actively in Inter House Recitation Competition to remember the victory of Indian Army. To salute the martyrs, Middle Wing scholars delivered Speech on the contribution of Famous Personalities in Kargii War under the great guidance of their teachers. The Principal, Mrs. Sonu Sahni addressed and acknowledged the endeavour of the teachers & students and encouraged everyone to be responsible towards our Nation with the spirit of patriotism and communal harmony.



Gesture of Respect for Indian Army

READING MAHOTSAVA: DAY 1

"Reading is the gateway skill that makes all other learning possible"-Barack Obama

To instill the reading habits in the students, MPS Group has organized Reading Mahotsav 2021 wherein MPSTFS conduced Self Reading Session on Day 1. The students started their morning with mass reading as a part of Reading Mahotsav.

Students were apprised with the Importance of reading and its benefits. Tiny toddlers of Kindergarten were made to read the Alphabet, Three letter words and Sentences. Primary and Middle wing scholars enjoyed reading their favourite books.

The session saw enthusiastic participation from the students.



Book Worms

Respected Principal maiam also motivated the students to incorporate reading habit in their daily lives.

Activities

STORY TELLING BY TEACHERS: DAY 2

"Great stories happen to those who can tell them." – Ira Glas Meerut Public School 'The First Step' conducted a Story Telling Session for the Primary & Middle wing students on Day-2 of Reading Mahotsava.

Teachers narrated stories using flashcards, puppets and creative gestures to captivate the students attention and to open up their vivid imagination. Middle Wing students narrated their favourite stories with moral. The narration and presentation skills of the young scholars were outstanding.

The students participated with great enthusiasm and zeal.



Reading: An Exercise in Empathy

READING MAHOTSAVA: DAY 3

"Story Telling is the most powerful way to put ideas into the world today." -Robert Mckee

Stories can express the most complex ideas in the most digestable ways. To foster Imagination in students, 'Meerut Public School The First Step' conducted Story Telling Session by Parents/Grandparents on Day 3 under the ambit of Reading Mahotsava.

Parents and Grandparents of the students grabbed the attention of listeners by their creative and artistic way of narrating the moral stories.

The values taken out from the stories get rooted deeply in the children. The active participation of Guardians was applauded by the teachers.

NATIONAL SPORTS DAY

The more difficult the victory, the greater is the happiness in winning."

To commemorate the birth of the hockey legend Major Dhyan Chand, MPSTFS virtually celebrated the National Sports Day wherein the Students of Primary Wing and Middle Wing were acknowledged with the hard work and devotion of the Hockey Wizard by a presentation.

Respected Principal, Ms. Sonu Sahni encouraged the students to play atleast one sport from an array of sports.



Anecdote by the Roots



Remembering the Hockey Legend



GRANDPARENTS DAY

'Grandparents are the footsteps to the future generations.'

Grandparents are a delightful blend of laughter, caring deeds, wonderful stories and love. They are both cookle Baker and memory maker. They are both a story teller and a teacher. To honour them, MPSTFS celebrated Grandparents Day on 11th September 21.

Power packed performances by the blooming buds of Kindergarten and their Grandparents left everyone spellbound. 'Thank You' Cards were made by the students for their lovely grandparents.

Memories were cherished with perfect blend of smiles and emotions.

The gathering was appreciated by the Principal, Mrs. Sonu Sahni Ma'am thanked teachers, students and grandparents for putting up an amazing show. Grandparents shared some mesmerizing moments and relived their childhood with the grandchildren.



Heartfelt Gratification to the Pillars

Halloween Party

The white sheets with black eyes peering through holes of the costume gave no clue as to who the kid was but was splendidly robed in the witch attire to mark the celebration of much awaited 'Halloween'.

With the same festive spirit and to overcome the fear factor from evil spirits the Pre-Primary Wing of MPSTFS geared up to celebrate this international festival. While school uniforms were ditched for scary costumes, a room was turned into a spooky corner for Halloween. The toddlers were dressed up as ghosts, monsters, witches, vampires, bats, mummles and draculas. Evidently there was much excitement all around.

Madam Principal graced the celebration with her presence.

The Halloween day celebration concluded with the startling dance performance by the students.



Ghostly Greetingsi

HINDI DIWAS

'Hindi is the soul of Indian Culture.' - Kamalapati Tripathi

To pay tribute and to mark the Importance of country's most widely spoken language. MPSTFS organised various activities on the occasion of 'Hindi Diwas' wherein the students showcased their talent by reciting poems, delivering speech extempore and writing in Devnagari. The Scholars enjoyed the celebration with zest and fervour under the guidance of Teachers and Coordinators. The Principal, Ms. Sonu Sahni appreciated the art of expression of thoughts.



Life is a Beautiful Poem-Let's Recite it

Activities

WORLD HINDI DAY

'वक्ताओं की ताकत भाषा, लेखक का अभिमान हैं भाषा| भाषाओं के शीर्ष पर बैंठी, मेरी प्यारी हिन्दी भाषा.....।' विश्व हिन्दी द्विवस की भुरुआत पूर्व प्रधानमंत्री श्री मनमोहन रिंह ने 10 जनवरी 2006 से की थी और तब से ही इस दिन को विश्व हिन्दी दिवस के रूप में बड़े उत्साह व गर्व के साथ मनाया जाता हैं। मेरठ पब्लिक स्कूल ' द फर्स्ट स्टेप ' श्रद्धापुरी में विश्व हिन्दी दिवस पर ऑनलाइन कक्षाओं में विभिन्न कार्यक्रमों का आयोजन किया गया. जिसमें छात्रों ने संगोष्टी. कविता व दोहा वाचन, पोस्टर मेकिंग तथा भाषण आदि के माध्यम से हिन्दी के महत्त्व पर प्रकाश डाला। इस दिवस को मनाने का मरूय उहेश्य विश्व में हिन्दी के प्रचार- प्रसार के लिए जागरूकता पैटा करना तथा हिन्ही को अंतर्राष्टीय भाषा के रूप में प्रतिष्ठित करना है। ऑनलाइन कक्षाओं में शिक्षिकाओं ने विश्व हिन्दी दिवस के विषय में छात्रों को जानकारी देते हुए बताया कि हिन्दी शाषा दुनिया की सबसे प्राचीन भाषाओं में से एक है एवं प्रत्येक भारतीय ू को अपनी मातुभाषा बोलने में गर्व महसूस करना चाहिए।



Feeling Proud About Mother Language

GRADUATION CEREMONY

Growing up had just begun... Now I'm ready for Grade I.

The transition from Kindergarten to Primary marks a very important step in a child's growth. To celebrate this transition, MPSTFS celebrated its Graduation Day with great gusto and gaiety on 28th February, 2022 in the school premises to applaud the toddlers.

The Ilmelight of the Graduation Ceremony started with the shinning stars of Upper KG adorned in the convocation caps. With a spark in their eyes for a better tomorrow, cheerfulness in their hearts and enthusiasm in their spirits to shine in future, the little rockstars tapped their feet on lively beats followed by the treat.

The Principal, Ms. Sonu Sahni, felicitated the blooming buds with Certificate of Graduation and enlightened them with her invigorating words.

The programme ended with the vote of thanks by the KG-Coordinator. It was indeed a Joyous and memorable day for the little ones.



Graduation to Higher Venues



Heartfelt Valediction



One Step Higher We Go

Appetising Snacks

Counselling Sessions

Awareness Session on Comprehensive Wellbeing

'You can't enjoy wealth, if you are not in good health'.

We live in a fast paced, complex, uncertain and volatile environment where stress is inevitable. To overcome the adverse situations, The Management of the MPS Group has left no stone unturned to safeguard the well-being of the staff members and thereby MPSTFS, Shradhapuri organised an awareness session on Comprehensive Wellbeing and Life insurance.

The session was conducted by MPS Group Counsellor, Ms. Divya Goel, wherein ma'am enlightened everyone with the need of compendious wellbeing for good health through various interesting and interactive activities.

Respected Principal, Ms. Sonu Sahni expounded the advantages of investing in the health and life insurance policies.



Counselling Session on Parenting

'It is the sunlight of parental love and encouragement that enables a child to grow in competence and slowly gain mastery over his environment.'

Children quickly learn how to behave when they get positive, consistent guidance from their parents and guardians. So, to encourage the positive behaviour in young minds of grade Nursery -I, an Online Parenting Session 'Fostering Skills and Positive Behaviour in children' was organised by MPSTFS on 22nd February, 2022. The Session was conducted under the guidance of Conversant MPS Group Counsellor, Ms. Divya Goel.

Ma'am highlighted various factors affecting behaviour and skills to develop positive behaviour in their children. The session was interactive wherein parents cleared their doubts



Sensibilizing the Parents

by asking various questions. She suggested to give feedbacks to the children in form of rewards to inculcate behavioural change in the child. The parents felt elated with such an informative session. The Principal, Ms. Sonu Sahnl concluded the session by expressing her grattfude to the Counsellor ma'am and the parents.

Glimpses Of The Junior World

























Art Corner





























Ms. Aditi Chaudhary(Activity Coordinator), Ms. Ravneet Kaur (KG Coordinator), Ms. Neha Sodhi (Primary Wing Coordinator), Mrs. Sonu Sahni (Principal), Ms. Divya Narang(Activity Coordinator), Ms. Richa Attreya(Activity Coordinator), Ms. Sonia Singh (Middle Wing Coordinator)
Ms. Meenu Goel, Ms. Rama Thapa, Ms. Abha Chauhan, Ms. Parul Chauhan, Ms. Vibha Tomar, Ms. Sonika Singh, Ms. Prachi Jain, Ms. Shveta Sharma
Mr. Siraj Ahmed, Mr. Sunil Kumar, Ms. Megha Tomar, Ms. Geeta Pal, Ms. Taseer-A-Haq, Ms. Menka Verma, Ms. Anindita Saha Bose, Ms. Dharna II Row Standing (L-R)
III Row Standing (L-R)

Chandok

44

Staff Photograph

ADMINISTRATIVE STAFF



I Row Sitting (L-R) : Mr. Prince Bhatnagar, Ms. Mamta, Mrs. Sonu Sahni (Principal), Ms. Nikita Malik, Mr. Sunil Kumar

THE PROLETARIAT



I Row Sitting (L-R) : Santosh, Mr. Gaurav Kumar, Mrs. Sonu Sahni (Principal), Neelam, Savita

II Row Standing (L-R) : Anjali, Shashi, Roshni, Jhoku

NURSERY



Row Sitting (L-R): Arush, Deepakshi Jain, Aarav Singh, Taseer-a-haque (Class Teacher), Abhinav Singh Ved, Krishna, Rajat Malik
Row Standing (L-R): Arush, Deepakshi Jain, Aarav Singh, Taseer-a-haque (Class Teacher), Abhinav Singh Ved, Krishna, Rajat Malik
Row Standing (L-R): Arush, Deepakshi Jain, Aarav Singh, Taseer-a-haque (Class Teacher), Abhinav Singh Ved, Krishna, Rajat Malik

LKG



I Row Sitting (L-R) : Archit Bhardwaj, Sarthak Yadav, Anaisha Sethi, Megha Tomar (Class Teacher), Avika Singh, Akhand Pratap Singh, Harsh

II Row Standing (L-R) : Akshita Sharma, Jahanvi Indoria, Rishik Dangwal, Nirag Chanchal Bisodiya, Ruhi

UKG



I Row Sitting (L-R) : Aarohi Malik, Yashika Malik, Sanvi Kataria, Ms. Ravneet Kaur (Class Teacher), Swara Jejania, Kavya Jejania, Sanskriti Singh

II Row Standing (L-R) : Shiven Singh, Hetika Tyagi, Shreshth Anand, Manya Chaudhary, Vernika Singh, Tiya Bhardwaj, Aarav Tyagi, Dhani Tyagi

III Row Standing (L-R): Aayansh Baliyan, Sarthak Chaudhary, Aditya Vikram Singh, Rudra Saini, Swadhin Som, Riddhima Chaudhary,

Adamya Tyagi, Varnika Malik, Ayansh Jain

IV Row Standing (L-R): Gavnish Verma, Megha Panwar, Kunal Malik, Pihu Sharma, Chitransh Sharma, Akshit Tomar, Tushar Thakur, Sidhant Duhoon

I-A



I Row Sitting (L-R) : Anshika Som, Mishthi, Myra, Ms. Abha Chauhan (Class Teacher), Atharv Negi, Abhinav Pal, Praneel Vashish

II Row Standing (L-R) : Mannat, Jasleen Kaur, Ishani, Dev Burman, Anmol Sharma, Aarav Malik

III Row Standing (L-R): Kanishka Verma, Yashika, Khyati, Unnati Bhardwaj, Pallavi Chaudhary, Ruthvik Bhardwaj, Abhiraj Sisodia,

Pratyush Singh, Dev Kumar

IV Row Standing (L-R): Anurag Chaudhary, Aarush Deshwal, Vansh Malik, Vivaan Singh, Anant Chaudhary

I-B



I Row Sitting (L-R)

Prisha Bisht, Sanaya Verma, Prathma Negi, Ms. Shveta Sharma (Class Teacher), Aditya Yadav, Vineet Teotia, Arjun

II Row Standing (L-R)

Manasvi Singh, Vidisha Chauhan, Somya Dabas, Navya Bartwal, Aniket Rana, Tanishq Narang

III Row Standing (L-R)

: Mukti Jain, Aarush Rana, Vanya Gupta, Kavya, Mayank Singh Rjaput, Aarav Kumar, Reyansh Gautam, Aditya

Shaurya Burman

IV Row Standing (L-R) :

Ridhima Chaudhary, Vansh Kumar, Ranvijay Gautam, Uttkarsh Tornar, Bhavya Sharma, Shiv Pratap Singh, Saksham

II-A



I Row Sitting (L-R)

Aarna Gill, Shivanshi Shasan, Mrs. Neha Sodhi (Class Teacher), Arav Sethi, Hemang Ayushman Tomar

II Row Standing (L-R)

Srishti, Sia Chaudhary, Shivanshi, Akshat Kashyap, Aditya Sharma Ishant Kumar

III Row Standing (L-R)

: Tanvi Goswami, Riaa Chopra, Archi Malik, Agam Singh, Rakshit Rana, Abhir Singh Pundir, Ayush Tomar

IV Row Standing (1-R)

Parv Tyagi, Divyansh Verma, Arnav Tyagi, Dhruv Thakur, Aarav Singh

II-B



I Row Sitting (L-R) : Ananya Yadav, Amriteshwar Kaur, Nandini Kataria, Ms. Aditi Chaudhary (Class Teacher), Ghanisht Sharma, Vishal Tomar, Preet Panwar

II Row Standing (L-R) : Navya Singh, Kashvi Sethi, Aradhiya, Yuvraj Chaudhary, Aarav Bhardwaj, Saksham Sangwan

III Row Standing (L-R): Vaishnavi Chaudhary, Saumya Panwar, Anvi Pushkar, Swara Pundir, Aarav, Aryan Dhingra, Priyanshu Dabas,

Devansh Malik, Pranav Verma

IV Row Standing (L-R) : Vaani Malik, Aarya Singh, Aayansh Naithani, Chitransh Sharma, Ansh Prajapati, Shivansh Pundir, Vaibhav Kumar

III-A



I Row Sitting (L-R) : Aradhaya Panwar, Ananya Singh, Gunjan Soni, Shubhika Bhardwaj, Anant Mishra, Saksham Chaudhary, Prithvik Pal, Abhi Kumar

II Row Standing (L-R) : Kanika Singh, Navya Tyagi, Anvesha Agarwal, Aradhya, Sarthak, Adhiraj Som, Urvish, Rudra Pratap Singh

III Row Standing (L-R): Pihu Solanki, Navya Gupta, Manvi Panghal, Divyanshi, Tejal, Ansh Kumar, Saksham Kumar, Aarav Sharma,

Rishabh Jain, Avi Nain

IV Row Standing (L-R): Anandita, Maani Tomar, Vaishnavi, Samarth Kkran, Kanishk Tyagi, Bhavya Bisht, Anirudh, Uday Verma

III-B



I Row Sitting (L-R) : Navya Gautam, Shreya, Anshika Gupta, Tripti Baliyan, Ms. Prachi Jain (Class Teacher), Siddharth Singh Bisht, Reyaansh Goel, Ansh Sharma, Manjeet Panwar

II Row Standing (L-R) : Aradhya Tomar, Drishty Yadav, Naina Chaudhary, Laavanya, Akash Rana, Chirag Teotia, Harshit, Keshav Yadav III Row Standing (L-R) : Devanshi Sharma, Peehu, Vaanya Malik, Pranshi Singhal, Ronit Singh, Sanidhay Das Sahai, Manan Kumar Pasondia, Bhuvnesh Kumar

IV Row Standing (L-R) : Lakshit Arora, Chirag Chanchal, Rishabh Panghal

IV-A



I Row Sitting (L-R) : Vanshika, Shreyavi Som, Shristi Mittal, Meenu Goel (Class Teacher), Abhisaar Singh, Vishwas Sagar, Atharv Unadhavay

II Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Avi Dabas, Shivam Chaudhary, Aarav Maan
III Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Avi Dabas, Shivam Chaudhary, Aarav Maan
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Avi Dabas, Shivam Chaudhary, Aarav Maan
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IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Avi Dabas, Shivam Chaudhary, Aarav Maan
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Jiya, Karamjeet Singh, Yash Bhardwaj, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Avi Dabas, Shivam Chauhan, Arian Vats, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Arian Vats, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Arian Vats, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Arian Vats, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Arian Vats, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish, Radhika Vats, Ashvi Chauhan, Arian Vats, Arnav Malik, Love Kumar
IV Row Standing (L-R) : Kashish Radhika Vats, Ashvi Chauhan, Arian Vats, Arnav Malik, Arnav

IV-B



I Row Sitting (L-R) : Anishka Rana, Riya Saini, Arya Sharma, Ms.Divya Narang (Class Teacher), Pranjul Tomar, Dev Sharma, Deepankar Gautam

II Row Standing (L-R): Aradhya Sharma, Geetika Chaudhary, Vanshika Singh, Konark Kardam, Aarush Bansal, Kartik Varun III Row Standing (L-R): Ananya Vashisht, Ayushi, Utkarsh, Rudra Thakur, Arsh Khan, Arnav Kumar, Suryansh Sharma

IV Row Standing (L-R) : Tanishka Singh , Tejas Narang, Anubhav Panwar, Manya Tyagi

V-A



I Row Sitting (L-R) : Somya, Mansi Panwar, Mansi Anand, Mrs. Parul Chauhan (Class Teacher), Arnav Singh Kothari, Aryan Talyan, Veer Pratap Singh

II Row Standing (L-R): Navya Goel, vedanshi Singh, Anmol Bhardwaj, Uttam Singh, Rudra Pratap Singh, Ayush Jawla
III Row Standing (L-R): Drishika Chopra, Drishty Vishodiya, Sonaxi Singh, Avni Devi, Aditi Raj, Parineeti, Poorvi Chaudhary

IV Row Standing (L-R): Shivika Choudhary, Parkhy Singh, Arnav Verma, Harshit kumar, Lakshay Malik, Arpit kumar, Gagandeep Singh

V-B



I Row Sitting (L-R): Tanisha Singh, Bhavya Singh, Tanishka, Ms. Vibha Tomar(Class Teacher), Gaurav Pandey, Agrim Pokhriyal, Divyansh Singh

II Row Standing (L-R) : Aarav Pratap Singh, Shantanu Chaudhary, Harshit, Tejas, Aarav Chaudhary, Vishu Dhaka

III Row Standing (L-R): Harshitta Malik, Aarvi Sharma, Anshika Som, Vasudev Narayan, Sarthak Sharma, Kanishk Chauhan, Vansh

IV Row Standing (L-R) : Shauryakant Pratihar, Virat, Aditya, Shourya Pratap, Bhavik Parashar

VI-A



I Row Sitting (L-R) : Avni Tyagi, Suhani Lubana, Shivika, Ms. Anindita Saha Bose (Class Teacher), Ojaswi Tuli, Swastik, Aditya Vishodiya

II Row Standing (L-R) : Kritika Rana, Bhor Mishra, Bhoomi Toria, Saksham Kataria, Yash Raj, Riyansh

III Row Standing (L-R): Chinmayi Tyagi, Nishka Gill, Kritika Sharma, Ayushi, Raunak Soni, Ram Bhardwaj, Sarthak Singh Manishi

IV Row Standing (L-R) : Redhika Baliyan, Prachi Chaudhary, Ichchha Sahrawat



Avi Tomar, Kanishka Shah, Harshita Shah, Ms. Sonia Singh (Class Teacher), Shaurya Rawat, Aditya Sharma, Kunal Lorish Pavana Jawla, Avika Singh, Vishal Korish, Anshman Vanshika Sagar, Rishika Pratihar, Vanshika Kataria, Ishant Singh Varun, Attreya Shukla I Row Sitting (L-R)
II Row Standing (L-R)

Media Freatures







हम्मिंग वर्ड एजुकेशन में छात्रों ने झटके पदक



मेरठ। मेरठ पब्लिक स्कूल द फर्स्ट स्टेप श्रद्धापुरी के छात्रों ने हिम्मंग वर्ड ओलंपियाड में पदक जीते। हिम्मंग वर्ड एजुकेशन एसोसिएशन की ओर से यह प्रतियोगिता हुई। स्कूल के छात्र परमवीर, विदुषी, श्रीयांश, तनिष्क, आयुष, जयेश, उद्धव, जय त्यागी, आदित्य ने स्वर्ण पदक जीता। दिव्यांशी, दक्ष, आर्यद्व वंश ढाका, स्नेहा रावत, श्रीयांश, रुद्र, आर्वी ने रजत पदक जीता। जयेश, खुशी, सिद्धि, आदित्य, तनिष्क, तेजस व पारखी ने कांस्य पदक जीता। दूसरे राउंड के लिए वे छात्र चयनित हुए। सभी को प्रधानाचार्या सोन साहनी ने सम्मानित किया।

Media Features

धूमधाम से मनाया स्थापना दिवस



मेरठ। मेरठ पब्लिक स्कुल द फर्स्ट स्टेप श्रद्धापुरी में गुरुवार को स्थापना दिवस मनाया गया। कार्येक्रम की शुरुआत हवन के साथ हुई। इस दौरान प्रधानाचार्यु सोनू साहनी, मैनेजिंग डायरेक्टर विक्रमजीत सिंह, शिक्षकों और छात्रों ने हवन में आहुतियां डाली। साथ ही छात्रों के उज्ज्वल भविष्य की कामना की गई।

एमपीएस में ग्रेज्एशन है का आया तन



एमपीएस वेदव्यासपुरी में आयोजित कार्यक्रम में शामिल छात्र छात्राएं।

मेरठ। मेरठ पब्लिक स्कूल द फर्स्ट स्टेप श्रद्धापुरी में शनियार को केजी विव का ग्रेजुएशन डे मनाया गया। छात्रों ने नृत्य, चुटकुलं, कविताओं की प्रम्तुन दी। प्रिंसिपल सोन् साहनी ने छात्रों को स्क लिर कैप्स पहनाया। वहीं रवनीत, निधि, टीना, मेघा, तासीर ने सहयोग दिया।



मेरत प्रसिक्त स्कूल द करदे रदेव में ही ब्राइमरी के बच्चों ने लोहती ह मकर रक्षानि का वर्ष मनावा वच्छे वजाबे वेशानूमा में साम वजकर अन् इस मंद्रेक पर स्कृत की ब्रिसियन सानु सहन्ते ने हच्चो और स्कृत स्टाफ को काई दे

पेरेंट्स को दिए अहम टिप्स



meerut@inext co.in

किया गया. इस दौरान नए स्ट्राइंट्स के अभी का धन्यवाद किया

MEERUT (2 April): मेरल पेरंट्स को स्कूल के नियमी, पाइयक्रम पब्लिक स्कल द फर्स्ट स्टेप में पेरेंट्स व स्विधाओं आदि के बारे में बताय ओरिएंटेशन वर्कशाप का आयोजन गया. स्कूल प्रिंसियल सोनु साहना य





Verbs

Greative Effervescence



The life of a Soldier



A soldier is a person who protects our country from enemies. He is courageous enough to fight and face all kinds of dangers and difficulties. A soldier is a fighter. He loves his country and is always ready to sacrifice his life if needed. In India. a soldier is called as 'Jawan' and he is the backbone of the army. He leads a hard and tough life. Soldiers are healthy, strong active people. A soldier may belong to the army, navy or airforce. He has to undergo a tough training programme to become a soldier. Soldiers are well trained for any situation, they might have to face complications while protecting the country. The sole purpose of a soldier is to protect our country from internal and external enemies and fight for the nation. They are well trained to use various kinds of weapons and aircrafts, climb mountains and swim in deep seas. They are taught to survive in the toughest conditions. A soldier has to be on duty for long hours. He lives away from his family and hardly gets time or chance to meet them. He makes history of immortality.

> Anandita III-A

The Cow



The friendly cow all red and white,

I love her with all my heart.

She gives me cream with all her might,
To eat with apple-tart.

She wanders lowing here and there,
And yet she cannot stay,
All in the pleasant open air,
The pleasant light of day.

All blown by the winds that pass,
And wet with all the showers
She walks among the meadow grass.
And eats the meadow flowers.

Aarchi Malik II-A

Online Classes

"Online learning is rapidly becoming one of the most cost-effective ways to educate ways to educate the world's rapidly expanding work force." -Jack Messman

Online classes are available to a student sitting anywhere in the world.

It has eliminated the time and cost required to reach the school or college and prevented the loss of studies. Students are trying to manage the studies with some major concerns. One of the biggest problems is internet connectivity, which is not proper in many places. So, students are not able sometimes to connect to classes. Another big problem is the lack of face to face teaching. Students face difficulty while asking questions if they have doubt. Also the overuse of electronic devices for studies has resulted in various health issues. At present, both teachers and students have adopted this new mode as it is the only way to stay connected.

Gunjan Soni III- A

Role of Cartoon in child's life

The starting of a human's life is with his childhood and the starting of the childhood is with cartoons. Cartoons are the most attractive parts of a child 's life. Each child has his favourite cartoon which he chooses according to his imagination and gets inspired by it. A child always imagines himself as his favourite cartoon character. Sometimes cartoons also provide great moral to children. Due to such morals some children are at greater heights of their lives. Some of the most popular cartoons are Tom and Jerry, Mr. Bean, Ben lo, Shinchan, Pokemon and Doraemon. At the same time some children get addicted to cartoons which can harm their physical growth and mental health. Because we all know that too much of everything is bad.

> Kritika Sharma VI-A

Dignity



DIGNITY is the ability to stand strong and high in the face of adversity while being able to bow to the elderly and crawl with the children.

DIGNITY is takes a stand for your believes without closing your mind to another's opinion.

DIGNITY is being an example by your deeds and through your words avoiding gossip, anger and lies

DIGNITY will manifest itself through the warmth of your smile, the depth of your love, and kindness for your fellow person.

Mansi Anand

Everybody Has A Name

Everybody has a name Some are Short, Some are different. Some are long, Some are Same, All are right, None are wrong.

> Sonaxi V-A

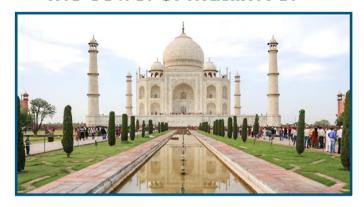
TEACHERS



When God created teachers. He gave us special friends; To help us understand His world And truly comprehend. The beauty and the wonder Of everything we see. And become a better person With each discovery. When God created teachers He gave us special guides. To show us ways in which to grow So we can all decide. How to live and how to do What's right instead of wrong, To lead us so, that we can lead And learn how to be strong. Why God created teachers, In His wisdom and His grace, Was to help us learn to make our world A better, wiser place.

> Kanishka VI-B

Taj Mahal 'The Jewel of Muslim Art'



The Taj Mahal was identified as the 7th Wonder of the world and is a part of UNESCO's World Heritage Site. The inner walls of the Mahal contain Islamic inscriptions from the Quran using Terracotta.

The area around the Mahal contains symmetrical pathways with lawn, blooming plants, bushes, elevated lotus pools and fountains reflect the images. The Government of India allocates budget to maintain and to preserve its historical assest. The Taj Mahal is the most beautiful place in the world located in Agra Uttar Pradesh, India, which is also known as a symbol of love. It is made with white stone, which further enhances its beauty by attracting tourists from various countries. This was cultural monument built by Mughal emperor Shah Jahan in memory of his wife, Mumtaz Mahal after her death. There are some rhymes written of Ouran on the walls using multicoloured pieces of glass. It has four minerates situated at its all four corners in very attractive manner.

Don't be Drastic, Say 'NO' to Plastic!



Plastic Bags kill around 100,000 marine animals and birds every year. The increasing quantity of plastic bags is making the environment toxic. Replacing synthetic bags with eco-friendly and biodegradable items is the best way to stop plastic pollution .We should come forward and spread awareness about the affects of plastic pollution .A proper recycle and reuse will be the solution to control the littering of plastic bags.

The government should plant Plastic Bag disposal system in every city and rural areas. Use of papers or canvas bags, cans, paper boxes etc should be encouraged instead of plastic – based materials. We should always pick up plastic litters in our vicinity and dispose them in the bins provided tous. So that we can avoid pollution.

The government has to take strict steps in improving plastic waste managements so that it doesn't toxicate the ecosystem.

A little efforts towards saving the environment is better than no efforts.

Navya Goel V-A

Importance of Education



Education gives the ability to read and write to anyone. A good education is extremely essential for everyone to grow ad succeed in life. Education increases self—confidence and assists in developing the personality of a person. Education plays a big role in our lives. It helps to provide knowledge, develop a logical attitude and enhance the capability of an individual. The importance of education reveals to us the estimation of education in our lives. Education implies achievements in everybody's life as it encourages our learning skills, general knowledge and aptitude. It totally alters our opinion & identity and causes us to secure uplifting dispositions. We should offer more importance to education than different targets in life as it is the main well spring of genuine joy in our lives.

Vanshika Kataria

VI-B

Hard Work and Success



Hard work is the key to success' is a well known saying. Hard work and success go hand in hand. Many inspirational fables are there to prove this fact.

The example of Gandhiji and Edison shows that hard work ultimately pays off. All the successful people of the world have one common reason for their success, it is their hard labour. When one has put in all efforts and done sincere hardwork then he is sure of the result. After that even if the results are not up to one's expectations, the person feels contended. They say luck also favours to those whose work hard. Honestly hard work has the power to fortify men and bestow them with glory.

Tanisha Singh V-B

Child Labour

"Don't be wild, don't force work on a child" Child Labour is the worst problem of the country. One who feels pride to get work from a child, is the man who can't do anything good in life. We all stepped into new century but many children of our country are not able to go to school and get formal education till now. The main reason behind it is poverty and our growing population. The children below the age of 14 years work at hazardous places. It is our fundamental right in the constitution for right to education and not to work below 14 years. People not following the laws must get punishment by the related authorities so that we can achieve a unbound childhood with 100 percent literacy.

Stop Child Labour !!!

Harshita Bhatt VI-B

The importance of educating the girl child



A mother is said to be the first teacher of the child but that in our country very little importance is given to the education of girl child. It is said that if we educate a man, we educate an individual but if we educate women, we educate the entire family.

Education is essential for a girl because an educated girl can take decision which is not only beneficial for her but also for her family. She can fight against social evils like child marriage, female infanticides, dowry. An educated mother will impart great deal of knowledge to her children.

The wholesome progress of our society depends on whole sole education. The government launched many programmes to highlight the importance of girl education.

Suhani Lubhana VI- A



There are many reasons to say 'No' to plastic bags. We must stop using them to make our environment better and save it from degradation. There are various eco-friendly alternatives that can be used to stop the usage of plastic bags.

Firstly, plastic bags are a major source of pollution. As they are non-biodegradable, they take years to be composed. They contribute a lot of waste which stored over years. Plastic takes thousands of years to decompose and creates land pollution.

> 'Ban the use of plastic, Or get banned from earth'.

> > Mansi Panwar V-A

Save Water



We cannot imagine a world without water. Water is important for the survival of human beings, animals, trees and plants. A part from drinking, it is used for cooking, washing, bathing, cleaning etc. It is also used in agriculture. Water is present in the atmosphere which absorbs the heat of the sun .Water is also needed for power generation. The entire earth consists of 71 percent water out of which only a small percentage is drinkable fresh water. We should refrain from wasting, misusing or overusing water resources. Some people open taps and leave it or they do not tighten the taps, which causes water wastage. Water is also been wasted in agricultural region. In this way, we are decreasing the level of water.

Water is the driving force of all nature: Water is life

Sanidhay Das Sahai III- B

Advantages of Morning Walk

- *Morning walk is a good exercise.
- *It keeps us in good health.
- *It is good for children, youngsters and old ones.
- *The morning walk should be the first work of our day.
- *We must do morning walk everyday.
- *Morning walk relaxes our mind and body and one who misses it, misses many good things.
- *It is very helpful to improve the condition of our health by acquiring appropriate weight.

Drishti Yadav III- B

Educational Problems in Rural Area



A child is born with talents. Education awakens and develops those talent. Only then the child becomes a useful citizen. But, in our villages children are deprived of such as essential need. In most of the small villages, some primary schools are single - teacher schools. If the teacher is on leave, the school remains locked. Poor parents have more interest in the earning of their children and not in their education. Awakened parents want to send their children to schools in the neighbouring areas. Sometimes the girls have no safety. They are molested. Most of the parents are illiterate. So children are not able to study at home. Most of the villagers are too poor to send their children to send their children to residential schools & provide feels. Dishonest politician flourish on the budget meant for education. Children go to school to have mid-day meal only.

> Anshika Som V-B

Do Your Best

If you always try your best Then you'll never have to wonder About you'd summoned all your thunder.

And if your best
Was not as good
As you hoped it would be,
You still could say,
"I gave today
All that I had in me."

Rishabh Panghal

Save Environment



World Environment Day is observed around 143 countries across the globe on 5th June every year. It was instituted by the United Nations with an objective to minimize woman interference with environment. World Environment Day is celebrated every year with a specific environmental theme. It is observed to rise awareness about the impact of human activities. United Nations is the main body that governs the global observance of world Environment Day. The first World Environment Day was observed in 1974 in Spokane city in United States, with the theme 'Only One Earth'. We should be dutiful to make our environment clean and fresh.

Pritvik Pal III- A

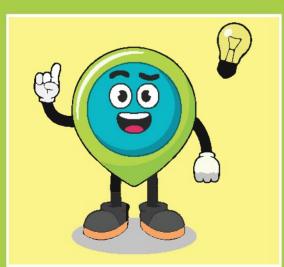
Good Things



If you want to love, Love your mother land. If you want to oppose, Oppose injustice. If you want to serve, Serve humanity. If you want to learn, Learn good manners. If you want to live, Live a simple life. If you want to play. Play fair games. If you want to avoid. Avoid bad company. If you want to judge, Judge yourself.

> Anmol Bhardwaj V- A

Amazing Facts



*What is it that you can't hold for more than a few seconds?

Answer - Your breath

*What's green, but not a leaf, copies others, but is not a monkey?

Answer - A parrot

*We are brothers from the same mother, but we've never met.

Answer - Day and night

*What sleeps through the day and cries through the night. The more it cries, the more is creates light?

Answer - A candle

*What grows only upwards and can never come down?

Answer - Our height

Aradhya Tomar III- B

A Little Seed



A little seed for me to sow
A little soil to make it grow
A little hole, a little pat,
A little wish, and that is that,
A little sun, a little shower.
A little while-And then, a flower!

Vidushi Singh IV -A



1. I can travel around the world while staying in a corner. What am I?

Answer-A stamp

2. I am a seed, three letters in the name. Take away two letters and I sound quite the same. What am I?

Answer-A pea

3. What's green, but not a leaf; copies others, but is not a monkey?

Answer-A parrot

4. We are brothers from the same mother, but we've never met.

Answer - Day and night

5. What sleeps through the day and cries through the night, the more it creates light?

Answer-A candle

6. What has to be broken before you can use it?

Answer - An egg

Devanshi Sharma III-B

Facts About India



- 1. The name 'India' derives from the river Indus.
- India has the second –largest population in the world.
- 3. India is the 7th largest country in the world.
- 4. Thousands of the languages are spoken all over India.
- 5. The national symbol of India is the endangered Bengal Tiger.
- 6. India is the second largest English speaking country in the world.
- 7. Hindusim. the world's oldest religion, is the most popular religion in India.
- 8. India gained Independence from British Raj in 1947
- 9. Superstar Freddie Mercury is of Indian origin.
- 10. 70% of all the world's spices come from India.
- 11. India is the world's largest arms importer.
- 12. India has the world's second largest military, with over 1.45 million active troops.

Suryansh Sharma IV- B

Importance of Obedience

*Obdience is a great virtue.

*Obedience of a human being contribute a lot to his success.

*When we obey God we may face pressure, criticism opposition and obstacles.

*Stay on the path of obediences to God knowing we can rest in him to always give us what is best for us.

*Obediences is the result odf social influence where somebody acts in response to a direct order from an authority figure.

Alisha Sharma III- A

You Can

If you think you're beaten,you are
If you think you dare not,you don't
If you think you can't win, you can't
It's almost a inch, !!
If you think you'll lose,you've lost,
For out in the world you'll find
Success begins with a fellow's will,
It's all in a state of mind.

If you think you're out casted ,you are;

You've got to think high to rise You've got to be sure yourself before You can win the prize.

Life's battle doesn't always go
To the stronger and faster person
But sooner or later the ones who wins

ARE THE ONES WHO THINK THEY CAN

Aradhya Sharma

Environment



The environment with its treasures
All so countries to measure
Fish and whales in the deep blue waters
Life in the sea, so alive.

Grasslands and forests with terrestrial life,
Cold, freezing mountain peaks
And hot, tiring deserts
Life among the trees and sands, so alive
Sky so blue with air so clean
Only sun, moon and stars to see
Eagles and vultures take their turn
Life in the sky, so alive.

Anishka Rana IV-B

First day at School



I wonder
If my drawing
Will be as good as theirs.

I wonder if they'll like me or just be full of stares.

I wonder if my teacher will look like Mom or Gran.

I wonder
If my puppy
Will wonder where I am.

Avi Nain III- A

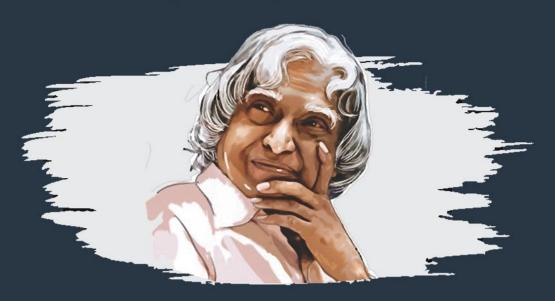
Friendship



Either winter or monsoon,
Spring or summer,
This unsinkable ship,
Floats forever.
This is my only lifeboat,
On which I can survive.
It is warmer than anything else,
And has always helped me to revive.

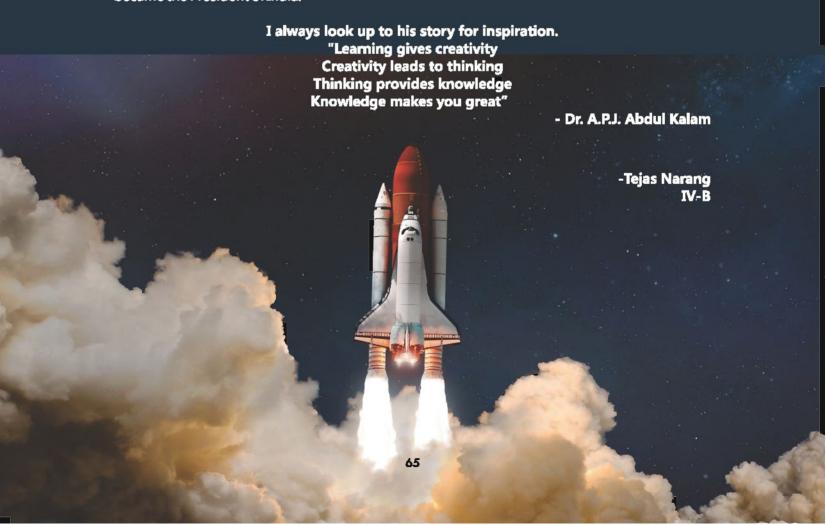
Agrim Pokhriyal V-B

My Inspiration



There are some who inspire not just a group of people, but an entire generation, Dr.A.P.J. Abdul Kalam was one such person.

He is the one who inspires me the most. He was a very humble and hardworking person. He faced many hardships in his life. In his childhood, he worked as a paperboy to sustain his family. He was the first person from Rameswaram to leave his village and go out for higher studies. Later, he became a scientist and then the Chief Scientific Advisor to the Prime Minister of India. In 2002, he became the President of India.





सम्पादकीय

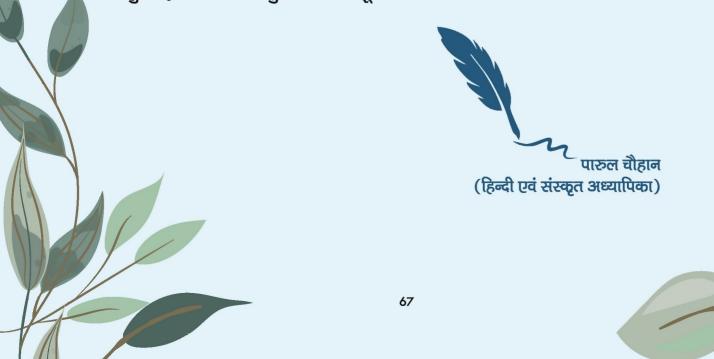
किसी भी विद्यालय की पत्रिका उस विद्यालय का दर्पण होती है। उसी से विद्यालय की सांस्कृतिक और शैक्षणिक गतिविधियों के साथ-साथ साहित्यिक रुचि का भी पता चलता है।

> विद्यालय का हर बालक, ज्ञानी विज्ञानी कहलाएगा, थल में, जल में, रत्नम नभ में, अमर तिरंगा लहराएगा।

मन की इस अभिलाषा के साथ मेरठ पब्लिक स्कूल 'द फर्स्ट स्टेप' सत्र २०२१- २०२२ के लिए विद्यालय पित्रका का प्रकाशन करने जा रहा है। छात्रों की दिन - प्रतिदिन इस पित्रका के प्रति बढ़ती रुचि और विभिन्न माध्यमों से छात्रों का बढ़ता हुआ योगदान यह दर्शाता है कि इस पित्रका ने विद्यार्थियों के बीच में अपना लोकप्रिय स्थान बना लिया है।

विद्यालय पत्रिका वर्ष भर की गतिविधियों की झाँकी प्रस्तुत करती है। जिसके माध्यम से विद्यालय की विशेषताओं व उपलिख्यों के बारे में सभी को जानने का अवसर मिलता है। शिक्षा का एक उद्देश्य जहाँ विद्यार्थी को जीवन की चुनौतियों का सामना करने में सक्षम बनाना है। वहीं दूसरी ओर उसके भीतर की रचनात्मकता और मौलिकता को अभिव्यक्ति का अवसर प्रदान करना भी है। विद्यालय पत्रिका बच्चों की रचनात्मक प्रतिभा को उजागर करने का सुंदर मंच प्रदान करती है। नन्हा रचनाकार जब अपनी प्रति को इस पत्रिका में देखेगा तो वह खुशी से झूम उठेगा। कविता, कहानी, लेख आदि के माध्यम से छात्रों में साहित्यिक गतिविधियों के विकास का एक अनुपम अवसर प्राप्त होता है। विद्यार्थियों की प्रतिभा को सबसे पहले सबके सामने लाने का काम विद्यालय पत्रिका के द्वारा प्रस्तुत होता है।

इस सार्थक प्रयास के लिए में विद्यार्थियों और समस्त विद्यालय परिवार को हार्दिक बधाई देते हुए उन्हें भविष्य के लिए शुभकामना देती हूँ।



बेटियाँ तो जिन्दा रहनी चाहिए

मेंहदी रोली कंगन का शृंगार नहीं होता, रक्षाबंधन, भाई - दूज का त्योहार नहीं होता, रक्षाबंधन, भाई - दूज का त्योहार नहीं होता, रह जाते हैं वो घर सूने, आँगन बनकर, जिस घर में बेटियों का अवतार नहीं होता। जन्म देने के लिए माँ चाहिए, राखी बांधने के लिए बहन चाहिए, कहानी सुनाने के लिए वादी चाहिए, खीर खिलाने के लिए मौसी चाहिए, साथ निभाने के लिए पत्नी चाहिए, पर सभी रिश्ते निभाने के लिए बेटियाँ तो जिंदा रहनी चाहिए......

मंजीत पंवार ३ 'ब'

हिंदी दिवस



भाषा मेरी हिन्दी है, जो माथे पर बिन्दी है। बिन बिन्दी के सूना देश, बिन हिन्दी के सूना देश। हिन्दी कितनी प्यारी है, लगती सबसे न्यारी है। मधुर सुरीली वाणी है, भाषाओं की नानी है। हिन्दी राजभाषा है, इस पर तन - मन वारा है। दिनांक सितम्बर चौदह है, हिन्दी दिवस हमारा है।

> ਧੀह੍ਰ 3–'ਕ'

अब रहम नहीं करूंगा मैं



मैं नगा रहूँगा रात - दिन चाहे धूप हो या बरसात हो, चाहे तुफान आए या पूस की ठंडी रात हो, मैं खड़ा रहूँगा सरहद पर सीना ताने, चाहे गोलियों की बौछार हो, चाहे न खाने को कुछ भी आहार हो, अपने वतन की खातिर मैं. हर दर्द हँस कर सह लूँगा, निकले जो खून बदन से मेरे, मैं खुश हो लूँगा। कभी आँखों में रेत भी चली जाए तो वादा है मेरी पलकें नहीं झपकेंगी, लह भी जम जाए अगर जो सीने में, मेरे हाथ बंदूक नीचे नहीं रखेंगे, दुश्मन के घर मेरे वतन की चट्टानों का, एक दुकड़ा भी न जा पाएगा, जमीदोन कर दूँगा मैं काफ़िर तुमको, जो मेरी घरती की तरफ आँख उठाएगा, कितना भी दुर्गम रास्ता हो, किंचित भी नहीं डर्रुंगा मैं. चप्पे.चप्पे पर रहेगी नजर मेरी. देश के गददारों पर. अब रहम नहीं करूँगा मैं। अब रहम नहीं करूँगा मैं......

> प्रांजुल तोमर ४-'ब'

ऐसी शिक्षा चाहिए

ऐसी शिक्षा चाहिए हमें, करे भारत का नवनिर्माण। जिस शिक्षा से मिट सके, जन मानस में फैला अंधकार॥ महापुरुषों का अनुकरण कर, फैलाएँ चारों ओर उजियारा। सत्यपालक, सत्यव्रती बन कर्मठ झानी कहलाएँ हम। दीन-दुखी के संबल बन, आशा के दीप जलाएँ हम। भेदभाव की दीवार गिराकर, छोटे-बड़े को अपनाएँ हम। एकता - अखंडता का पाठ पढ़ मानवता का पाठ पढ़ाएँ हम।

> अवि **नैन** ३-अ

मेहनत का फल



पहले बीज गया बोया, कुछ दिन मिट्टी में सोया। जब मौसम ने सहलाया, तब अंकुर ऊपर आया। खुली थूप में रहा खड़ा, कुछ दिनों में ही हो गया बड़ा। पहले छायादार हुआ, तब पीछे फलदार हुआ। नो भी मेहनत करता है, मीठा ही फल पाता है।

> वासुदेव नारायण ५'ब'

ये झोंपड़ियों के बच्चे



मैली झोंपडियों के हैं ये, मैले- मैले बच्चे । उछलते - कूदते , खिल -खिल हँसते, हैं ये कितने अच्छे। मुझ जैसी इनकी दो आँखें, मुझ जैसे दो हाथ। नहीं पढ़ा करते पर क्यों ये, कभी हमारे साथ ? नहीं हमारे साथ कभी ये, जाते हैं स्कूल। क्यों इनके कपड़ों पर मम्मी. इतनी ज्यादा घूल ? ढाबों में बरतन मलते हैं. या बोझा ढोते हैं। हम स्कूल में होते हैं तब, ये चुप - चुप रोते हैं। मम्मी किसने छीने. इनके नन्हें खिलौने? वरना ये भी खूब चमकते, जैसे नए नगीने। मम्मी सोच लिया है पढ़कर. इनको खुब पढ़ाऊँगा। ये पढ़कर आगे बढ़ जाएँ, इनको यही सिखाऊँगा। ये भी भारत के बच्चे हैं, ये भारत की शान हैं। झोपड़ियों के हैं तो क्या, मन इन पर कुर्बान है।

> शौर्य प्रताप ५-'**ब**'

मेरा बचपन



बचपन, इंसान की जिंदगी का सबसे हसीन पल, न किसी बात की चिंता और न ही कोई जिम्मेदारी । बचपन के दिन किसी भी व्यक्ति के जीवन के बड़े महत्त्वपूर्ण दिन होते हैं । खेलने, उछलने-कूदने, खाने-पीने में बड़ा आनंद आता है। माता - पिता, दादा- दादी तथा अन्य बड़े लोगों का प्यार और दुलार बड़ा अच्छा लगता है। हम उम्र बच्चों के साथ खेलना -कूदना परिवार के लोगों के साथ घूमना- फिरना बस ये ही प्रमुख काम होते हैं।

बचपन में कोई डाँटता था तो माँ के आँचल में जाकर छुप जाते थे। बचपन में माँ की लोरियां सुनकर नींद

आ जाती थी लेकिन अब वह सुकून भरी नींद नसीब नहीं होती। बचपन के वो सुनहरे दिन जब हम खेलते रहते थे तो पता ही नहीं चलता कब दिन होता और कब रात हो जाती थी।

> बिना समझ के भी, हम कितने सच्चे थे, वो भी क्या दिन थे, जब हम बच्चे थे।

> > चिराग चंचल

३-ब

पेड़-पौधों के बारे में रोचक तथ्य



- 💠 १ बहा पेद्र ३ किलो कार्बन- हाई-ऑक्साइड सोखता है।
- पेड़ की पत्तियाँ हवा के वेग को रोकने का काम करती है, जिससे आंधी-तूफान नियंत्रित होते हैं।
- इंसानों की तरह पेड़ों को भी कैंसर होता है। कैंसर होने के बाद पेड़ कम
 ऑक्सीनन देने लगते हैं।
- हर साल ५ अरब पेड़ लगाए जा रहे हैं लेकिन हर साल १० अरब पेड़ काटे भी जा रहे हैं।
- एक पूरा उगा सनौबर का पेड़ एक साल में १० लाख बीज पैदा करता है।
- 💠 केले के पेड़ २० फुट तक बढ़ जाते हैं।
- दुनिया में 9 इंसान के लिए ४२२ पेड़ बचे हैं लेकिन अगर भारत की बात करें, तो 9 हिन्दुस्तानी के लिए सिर्फ २८ पेड़ बचे हैं।
- एक पेड़ 9 साल में २९.७ किलो कार्बन-डाइ- ऑक्सोइड अपने अंदर सोखता है और दिन में इतनी ऑक्सीजन देता है कि ४ आदमी जिंदा रह सकें।
- देशों की बात करें, तो दुनिया में सबसे ज्यादा पेड़ क्रस में हैं ६४९ अरब, उसके बाद कनाडा में ३९८ अरब और भारत में केवल ३५ अरब पेड़ बचे हैं।
- पेड़ों की कतार धूल मिट्टी के स्तर को ७५% तक कम कर देती है और ५०% तक शोर को कम करती हैं।

हर्षिता भट्ट ६-ब

मोदी सरकार की कुछ प्रमुख योजनायें

	योजना । कार्यक्रम	प्रारंभ तिथि	उददेश्य
9.	जन- धन योजना	२८ अगस्त , २०१४	ज्यादा से ज्यादा लोगों को बैंकों से जोड़ना।
ર.	मेक इन इंडिया	२८ सितम्बर, २०१४	देश में विनिर्माण क्षेत्र को बढ़ावा देना।
₹.	स्वच्छ भारत मिशन	२ अक्टूबर, २०१४	२ अक्टूबर २०१९ तक देश को एक स्वच्छ भारत बनाना।
8 .	बेटी बचाओ बेटी पढ़ाओ	२२ जनवरी, २०१५	इस योजना का लक्ष्य लड़िकयों को पढ़ाई के जरिए सामाजिक और वित्तीय तौर पर आत्मनिर्भर बनाना है।
4 .	अटल पेंशन योजना	९ मई , २०१५	१८ से ४० वर्ष के असंगठित क्षेत्र के लोगों के लिए मासिक पेंशन।
ξ .	स्मार्ट सिटी योजना	२५ जून , २०१५	२०१५ से २०२० तक देश के १०० चुने हुए शहरों को स्मार्ट शहर के रूप में विकसित करना।
6 .	डिजिटल इंडिया मिशन	ર जुलाई, ૨૦૧५	सभी सरकारी सेवाओं को इलेक्ट्रॉनिक तरीके से जनता को उपलब्ध कराना।
۷.	ग्रामोदय से भारत उदय	१४-२४ अप्रैल, २०१६	देश में सही विकास के लिए गाँवों का विकास करने पर बल देना।
९.	प्रधानमंत्री उज्ज्वला योजना	१ मई , २०१६	गरीबी की रेखा से नीचे के परिवारों के लिए रियायती मूल्य पर LPG का कनेक्शन उपलब्ध कराना।
90.	नमामि गंगे योजना	७ जुलाई ,२०१६	गंगा नदी की स्वच्छता ।

सोनिका सिंह (हिन्दी अध्यापक)

स्वच्छ भारत 'एक कदम स्वच्छता की ओर'



महात्मा गाँथी ने अपने आसपास के लोगों को स्वच्छता बनाए रखने संबंधी शिक्षा प्रदान कर राष्ट्र को एक उत्कृष्ट संदेश दिया था। उन्होंने 'स्वच्छ भारत' का सपना देखा था, जिसके लिए वे चाहते थे कि भारत के सभी नागरिक एक साथ मिलकर देश को स्वच्छ बनाने के लिए कार्य करें। महात्मा गाँथी के स्वच्छ भारत के स्वप्न को पूरा करने के लिए, प्रधानमंत्री श्री नरेन्द्र मोदी जी ने र अक्टूबर २०१४ को स्वच्छ भारत अभियान शुरू किया और इसके कार्यान्वयन हेतु भारत के सभी नागरिकों को इस अभियान से जुड़ने की अपील की। स्वच्छ भारत अभियान का उद्देश्य केवल आसपास की सफाई करना ही नहीं है अपितु नागरिकों की सहभागिता से अधिक से अधिक पेड़ लगाना, कचरा मुक्त वातावरण बनाना, शौचालय की सुविधा उपलब्ध कराकर एक स्वच्छ भारत का निर्माण करना है। देश में पर्यटन को बढ़ावा देने के लिए स्वच्छ भारत का निर्माण करना अत्यंत महत्वपूर्ण है। अस्वच्छ भारत की तस्वीरें भारतीयों के लिए अक्सर शर्मिंदगी की वजह बन जाती है। इसलिए स्वच्छ भारत के निर्माण एवं देश की छवि को सुधारने का यह सही समय एवं अवसर है।

> अवनी ५-अ

पुलवामा

पुलवामा की कायरता पर, हर आँखें नम हो जाती। कतरा-कतरा बहा खून का, दु:ख से छाती फट जाती। संसद में यूँ चिल्लाने से, दुश्मन डरा नहीं करते। नरसिंह बन अब छाती फाड़ो, शैतान तभी मरा करते॥ कायरता की परिभाषा क्या, खादी को बतलाने दो। खादी पहन कर नो बैठे हैं, उनको जरा समझाने दो। हमारे फौनी हाथ जोड़कर, इतनी विनती करते हैं। इक बार उन नेताओं को, बार्डर पर तो जाने दो॥ सिसक रही माता और बहनें, कोई राहों पर नजर गढ़ाती। हर हल्की सी आहट पर भी, नैसे अपना होश गँवाती। भारत माँ के वीरों का क्या, शोणित यूँ बह जाने दो। एक बार तो हाथ खोल दो, आर-पार हो जाने दो।।

> हर्षिता मलिक ५-ब

बेटी

खुदा का दिया तोहफा है बेटी, कदमों में जिसके है बरकत। बरसाती है जो खुशियाँ इतनी, भर जाता है ये घर आँगन। दुआओं में जिसकी शामिल होता, हर अपना और बेगाना। हर रिश्ता निभाती वो शिद्दत से, लिए लबों पे मुस्कान। कुछ बातें सुनकर, तो कुछ बिन सुने ही समझ लेती है वो। खुदा का दिया तोहफा है बेटी कदमों में जिसके है बरकत।

> रियांश गोयल ३- ब

हौसता रख



हीसमा रम आगे बढने का मुस्किलों से लड़ने का यमी तो एक तरीका है ऊंची उद्धान भरने का तहरूहा भी गाएँ अगर कदम तो ग्रम न कर यही तो वक्त है तेरा कुछ कर गुजरने का। भले ही राहों में मिले पत्थर तो मिलने दे क्रिम्मत कर आने बढ तेरे ही पास है हर हक बस सब रख के देख यही तो वक्त है पत्थर के फूल बनने का। बस एक बार भरोसा कर ले तु खुदा पर मना तुझे भी आने लगेगा फिर गिरते - गिरते संभवने का हीसला रख आगे बढ़ने का मुश्किलों से लड़ने का।

अनमोल भारतान 4-31

भेग वतन

बहुत खुबसुरत है मेरा वतन . करें आओ मिलकर इसको नमना शिखर कोई ऐसा उन्नत नहीं है. दिमालय जैसा कोई पर्वत नहीं है। तपोवन यही है,यही है चनन, बहुत खुबसुरत है मेरा वतन, करें आओ मिलकर इसको नमन हुए राम पैदा यही और कुन भी. जनमधुनि मेरी, कर्मधुनि मेरी, कहे अब मेरा हर जन्म हो यहीं बहुत खुबस्यत है मेरा वतन्, करें आओ मिलकर इसको नमन

> आराध्या शर्मा H-미

छोटी-सी खवाहिश



इक छोटी- सी स्वाहिश है मेरी हर नमह अहमियत हो मेरी मैं अगर चाहूँ तो पढ़ सर्वे और कभी भी किसी काम को मना कर सर्वें खल कर बोल सकें, मा सकें चाहुँ तो किसी भी धून में बाद सक् बस इक छोटी-सी। माँ तुने मुझे ये दुनिया दिखाई है पर भेद करने वालों ने ये भेद जताई है क्यों एक सहके. सहकी में ये जात बैंटवाई है? मिल सके हमें ये सम्मान बराबर आन हम कर सके जमी आसमान बराबर आज बस इक छोटी- सी

> रमा धापा द्रिवी अध्यापिका

भारत के प्रधानमंत्री एवं उनका कार्यकाल

	प्रधानमंत्री	कार्यकाल
9.	जवाहर लाल नेहरू	१५ अगस्त १९४७ - २७ मई १९६४
₹.	गुलजारी लाल नंदा	२७ मई १९६४ - ९ जून १९६४
₹.	लाल बहादुर शास्त्री	९ जून १९६४ - ११ जनवरी १९६६
8.	इंदिरा गांधी	२४ जनवरी १९६६ - २४ मार्च १९७७
49.	मोरार जी देसाई	२४मार्च १९७७ - ૨૮ जुलाई १९७९
ξ.	चौथरी चरण सिंह	२८ जुलाई १९७९ - १४ जनवरी १९८०
6 .	इंदिरा गांधी	१४जनवरी १९८० - ३१ अक्टूबर १९८४
۷.	राजीव गाँधी	३१ अक्टूबर १९८४ - २ दिसंबर १९८९
٩.	विश्वनाथ प्रताप सिंह	२ दिसंबर १९८९ - १० नवंबर १९९०
90.	चन्द्रशेखर	१० नवंबर १९९० - २१ जून १९९१
99.	पी. वी. नरसिम्हा राव	२१ जून १९९१ - १६ मई १९९६
92.	अटल बिहारी वाजपेयी	१६ मई १९९६ - १ जून १९९६
93.	एच. डी देवगौड़ा	१ जून १९९६ - २१ अप्रैल १९९७
98.	કંદ્ર ુમાર ગુનરાલ	२१ अप्रैल १९९७ - १९ मार्च १९९८
94.	अटल बिहारी वाजपेयी	१९ मार्च १९९८ - २२ मई २००४
98.	मनमोहन सिंह	२२ मई २००४ - २६ मई २०१४
90.	नरेंद्र मोदी	२६ मई २०१४ - वर्तमान तक



पिता



कभी अभिमान तो कभी स्वाभिमान है पिता कभी धरती तो कभी आसमान है पिता ... जन्म दिया है अगर माँ ने ... जानेगा जिससे जग, वो पहचान है पिता

कभी कंधे पर बैठाकर मेला दिखाता है पिता ... कभी बनके घोड़ा घुमाता है पिता ... माँ अगर पैरों पर चलना सिखाती है ... तो पैरों पर खड़ा होना सिखाता है पिता

कभी रोटी तो कभी पानी है पिता ... कभी बुढ़ापा तो कभी जवानी है पिता ... माँ अगर है मासूम सी लोरी तो कभी ना भूल पाऊँगा, वो कहानी है पिता

कभी हैंसी तो कभी अनुशासन है पिता ... कभी मौन तो कभी भाषण है पिता ... माँ अगर घर में रसोई हैं ... तो चलता है जिससे घर, वो राशन है पिता

कभी ख्याब को पूरी करने की जिम्मेदारी है पिता ... कभी आंसुओं में छिपी लाचारी है पिता ... माँ अगर बेच सकती है जरूरत पे गहने ... तो जो अपने को बेच दे, वो व्यापारी है पिता

कभी हँसी और खुशी का मेला है पिता ... कभी कितना तन्हा और अकेला है पिता ... माँ तो कह देती है अपने दिल की बात ... सब कुछ समेट के आसमान सा फैला है पिता अनिष्का राणा

८ - ब

मैं टीचर बन जाऊँ

पाठशाला की मैं एक टीचर, बच्चों की मैं प्यारी टीचर। कक्षा में ये सारे बच्चे, भले, न्यारे,प्यारे बच्चे। कही किताबें, कहीं है कक्षा, सबसे प्यारी है ये शिक्षा। जल्दी से कक्षा में जाऊँ, सपनों से वापस मैं आऊँ।

> आराध्या तोमर ३-ब

आओ मिलकर पेड़ लगाएँ



आओ मिलकर पेड़ लगाएँ, हरा-भरा ये देश बनाएँ। वातावरण को स्वच्छ बनाकर, इस जीवन को स्वस्थ बनाएँ। पेड़ न कोई कटने पाए, नंगल अब न घटने पाए। मिलकर हम सब कसम ये खाएँ, आओ मिलकर पेड़ लगाएँ।

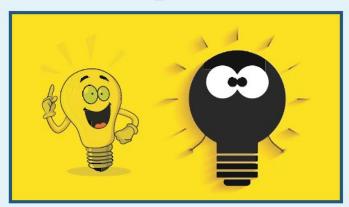
पेड़ हैं देते प्राण वायु, जीवन हो इनसे दीर्घायु। खुद समझे, औरों को बताएँ, आओ मिलकर पेड़ लगाएँ।

हर एक का यह फर्ज है बनता, कम से कम एक पेड़ लगाएँ। पल-पल बढ़ते प्रदूषण पर, आओ मिलकर रोक लगाएँ। आओ मिलकर पेड़ लगाएँ, हरा-भरा ये देश बनाएँ।

अरनव सिंह कोठारी

५-अ

पहेलियाँ



- आधा फल बरसात का, आधा सुन्दर फूल, पूरा नाम मिठाई का, क्यों जाते हो भूल?
 (गुलाब जामुन)
- २. घेरदार है लहंगा उसका , एक टॉॅंग से रहे खड़ी, परोपकार में नीवन बीते , वर्षा हो या थूप कड़ी। (छाता)
- ३. एक ही नाम की वह कौन सी वस्तु है, जो खाई भी जाती है तथा पहनी भी नाती है?
 (लौंग)
- ४. पैरों में नंजीर पड़ी है, फिर भी दौड़ लगाए, वह पगडंडी पर भी चलकर घर तक पहुँचाए। (साइकिल)
- लाल डिब्बी में हैं, पीले पीले खाने, उन खानों में है, मोती जैसे दाने।

(अनार)

- ६. पूरे विश्व की मैं यात्रा करता हूँ, हिल-डुल नहीं सकता, कोने में चिपका रहता हूँ। (डाक टिकट)
- ७. ऊपर से नीचे बहता हूँ, हर बर्तन को अपनाता हूँ, देखो मुझे गिरा न देना, वरना कठिन हो जाएगा भरना।

(पानी)

८. वह क्या है, जिसे आप खाते ही लाल हो जाते है और पीते ही शांत हो जाते है?

(गुस्सा)

९. वह क्या निसमें चार उँगलियाँ हैं और एक अंगूठा भी, पर जान बिल्कुल नहीं है?

(दस्ताना)

- 90. वह क्या है जो सुखाते वक्त गीला हो जाता है? (तौलिया)
- 99. है वो रात की रानी, आँखों से उसके टपके पानी, क्या है मेरा नाम बताओ तो जाने।
 (मोमबत्ती)
- 9२. लाल-लाल रंग मेरा, पीठ है लहरेदार , काटो तो अंदर मिले बैठा पहरेदार । (छुआरा)
- 9३. बगैर लाइट के ऐसी कौन-सी चीज है, जो जलती और बुझती रहती है? (जुगनू)
- 98. ऐसा कौन- सा पेड़ है, जिस पर हम चढ़ नहीं सकते हैं। (केले का पेड़)

विधि ४-अ

अपना घर

एक चिड़िया के बच्चे चार, घर से निकले पंख पसार। आसमान में उड़ते जाएँ, मन ही मन में वे इतराए। घूम - घूमकर जब घर आएँ, मम्मी को ये बात बताएँ। देख लिया है जग सारा, अपना घर है सबसे प्यारा।

> अंश शर्मा ३-ब

चुटकुले



चिंदू - आन मैंने तो टैस्ट में कुछ नहीं लिखा। मिंदू - वो तो मैंने भी नहीं लिखा।

चिंदू - फिर तो सर कहेंगे दोनों ने चीटिंग की होगी।

टीसी - ये विकलांग लोगों का डिब्बा है. इसमें क्यों सफर कर रहे हो? कुलदीप - जी सर, मेरे साथ ये हैं। टीसी - ये तो आम है। कुलदीप - जी हाँ, लेकिन ये लंगड़ा आम है।

टीचर - चाँद पर पहला कदम किसने रखा ? पप्पू - नील आर्मस्ट्रांग ने। टीचर - और दूसरा, पप्पू - दूसरा भी उसी ने रखा होगा...., लंगड़ी खेलने थोड़े ही गया होगा।

पत्नी - शादी के दस साल हो गए और एक आप है जो आज तक कहीं घुमाने तक नहीं ले गए। पति - ठीक है आज घूमने चलेंगे। शाम को पति, पत्नी को लेकर श्मशान घाट ले गया। पत्नी गुस्से से बोली छि:! श्मशान भी कोई घूमने की जगह होती है। पति - अरे पगली! लोग मरते हैं, यहाँ आने के लिए।

संता मंदिर गया और जैसे ही मंदिर के अंदर जाने लगा. मंदिर का पुजारी बोला- तुम मांस खाते हो तुम मंदिर के अंदर नहीं जा सकते....

संता - जिस शेर पर माता जी बैठी हैं वो शेर क्या गोभी के पराठे खाता है। पुजारी बेहोश...। पप्पू - अंकल, रसगुल्ला लीजिए ना..। अंकल- नहीं, शुक्रिया मैं पहले ही ३-४ खा चुका हूँ। पप्पू - खाये तो आपने ९ हैं, लेकिन छोड़िए यहाँ गिन कौन रहा है....।

७ ऐसे बच्चे हैं जो न खुद पढ़ते हैं, न दूसरों को पढ़ने देते हैं। उनके नाम है... नोबिता, शिनूका, जियान, डोरेमोन, छोटा भीम और दो तो वो पुराने वाले ही है मोटू, पतलू।

पितानी डांटते हुए - मोनू, तुम्हें फूल तोड़ कर लाने को कहा था तुम पूरी डाली ही तोड़ लाए क्यों? मोनू - पितानी, वहाँ लिखा था कि फूल तोड़ना मना है। इसलिए मैं डाली तोड़ लाया जिस पर फूल लगा था।

चम्पू - मैंने आपको दुकान की एक- एक चप्पल दिखा दी, अब तो एक भी बाकी नहीं है। महिला - वो सामने वाले डिब्बे में क्या है? दुकानदार - बहन, रहम कर थोड़ा। उसमें मेरा लंच है.. ..।

सोनू स्कूल में गथा लेकर आया। टीचर - यह क्यों लेकर आए हो? सोनू - मैम, आप ही तो कहती है कि मैंने बड़े से बड़े गर्थों को इंसान बनाया है....। तो मैंने सोचा कि इसका भी भला कर दूं।

आज कीन बनेगा करोड़पित में मुझसे ५ करोड़ का सवाल पूछा गया आपका वो कीन-सा दोस्त है जो, साल में एक बार नहाता है। माँ कसम मैंने ५ करोड़ को लात मार दी पर भाई तेरा नाम नहीं बताया।

> पूर्वी ५-अ

विद्यालय की पत्रिका

विद्यालय में छप रही है पत्रिका मिला मुझे यह समाचार। सोचा मैं भी लिख डालूं आर्टिकल दो -चार। कोई कहानी, कोई कविता या कोई चूटकुले चार। पर कुछ भी लिखने को मेरा पेन न हुआ तैयार। सुई से लेकर हाथी तक हर टॉपिक पर मैंने सोचा। यहाँ तक की रात को जागकर बालों को अपने नोचा। मेरे दिमाग के तोतों ने ली धीरे से अंगडाई। किसी तरह सुबह तक में यह कविता लिख पाई। कुछ ज्यादा ही टूटी- फूटी है इस कविता की भाषा। पढ़ें सभी छात्र -छात्राएं ऐसी ही मेरी अभिलाषा।

> देवांशी ३-ब

मेरा भारत

जिसकी सुहानी सुबह है होती, होती सुहानी शाम है, वीर बहादुर जन्मे जिसमें, मेरा भारत देश महान!! भारत की माटी के पुतले, लोहे के माने जाते हैं, गाँधी, नेहरू, सुभाष, तिलक, इस नाम से जाने जाते हैं!! सोने के हैं दिन यहाँ, चांदी की हैं रात, नदियों में अमृत की धारा, सुन्दर - सुन्दर घाट.....!! फिर बने सोने की चिड़िया, हम सबका है ये अरमान , मेरा भारत देश महान , मेरा भारत देश महान..... !!

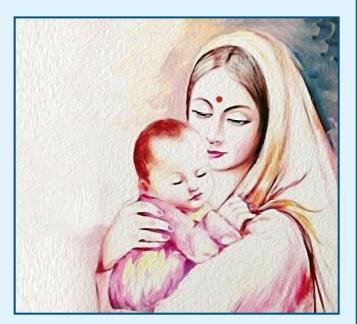
हर्षित पंवार ५-ब

जोकर

कभी हँसता कभी है रोता सौ -सौ रंग बदलता जोकर। नाक- मुँह पर रंग लगाकर रूप बदलता रहता जोकर। उल्टी -सीधी चालें चलकर सबका मन बहलाता जोकर। इसको मूर्ख नहीं तुम समझना बड़ा समझदार है जोकर।

> तनिष्क नारंग १-ब

एक कविता हर माँ के नाम



घुटनों से रेंगते-रेंगते, कब पैरों पर खड़ा हुआ। तेरी ममता की छाव में, जाने कब बड़ा हुआ। काला टीका, दूध मलाई, आज भी सब कुछ वैसा है। में ही में हूँ हर जगह, प्यार ये तेरा कैसा है? सीधा-साधा, भोला-भाला, में ही सबसे अच्छा हूँ। कितना भी हो जाऊं बड़ा, माँ! में आज भी तेरा बच्चा हूँ।

> गुंजन सोनी ३-अ

नन्हीं चिड़िया

बहुत समय पुरानी बात है, एक बहुत घना जंगल हुआ करता था। एक बार किन्हीं कारणों से पूरे जंगल में भीषण आग लग गई। सभी जानवर आग देखकर डर रहे थे कि अब क्या होगा ? थोड़ी ही देर में जंगल में भगदड़ मच गयी। सभी जानवर इधर से उधर भाग रहे थे। पूरा जंगल अपनी-अपनी जान बचाने में लगा हुआ था। जंगल में एक नन्हीं चिड़िया भी थी। उसने देखा कि सभी लोग भयभीत हैं। जंगल में आग लगी है। मुझे लोगों की मदद करनी चाहिये। यही सोचकर वह जल्दी ही पास की नदी पर गयी और चोंच में पानी भरकर लाई और आग में डालने लगी। वह बार- बार नदी पर जाती चोंच में पानी भर लाती और आग पर डालती। पास से ही एक उल्लू गुजर रहा था। उसने चिड़िया की

इस हरकत को देखा और मन ही मन सोचने लगा कि ये चिड़िया कितनी मूर्ख है। इतनी भीषण आग को ये चोंच में पानी भरकर कैसे बुझा सकती है? यही सोचकर वह चिड़िया के पास गया और बोला कि तुम मूर्ख हो इस तरह से आग नहीं बुझाई जा सकती है। चिड़िया ने बहुत विब्रमता के साथ उत्तर दिया मुझे पता है कि मेरे इस प्रयास से कुछ नहीं होगा, लेकिन मुझे अपनी तरफ से Best करना है। आग कितनी भी भयंकर हो लेकिन में अपना प्रयास नहीं छोडूँगी। उल्लू यह सुनकर बहुत प्रभावित हुआ। तो मित्रों यह बात हमारे जीवन पर भी लागू होती है। जब कोई परेशानी आती है तो इंसान प्रयास करना छोड़ देता है जबकि हमें बिना डरे प्रयास करना चाहिए।



गीति श्लोकाः

- (१) उपाध्यात् दश आचार्यः आचार्याणां शतं पिता। सहस्रं तु पितृन माता गौरवेष अतिरिच्यते॥
- (२) आर्ता देवान् नमस्यन्ति, तपः कुर्वन्ति रोगिणः। निर्यनाः दानम् इच्छन्ति, वृद्धा नारी पतिव्रता॥
- (३) न प्राप्यति सम्माने नापमाने च कुप्यति । न कुद्धः परुषं ब्रुयात् स वै साधुत्तमः स्मृतः ॥
- (४) परिवर्तिनि संसारे मृतः को वा न जायते। स जातो येन जातेन याति वंशः समुन्तिम्॥
- (५) विद्या मित्रं प्रवासेषु भार्या मित्रं गृहेषु च। रूम्परय चौषधं मित्रं धर्मो मित्रं मृतस्य च॥
- (६) सहसा विद्धीत् न क्रियामविवेक: परमापदां पदम्। वृपते हि विमृश्यकारिणं गुणलुब्धा: स्वयमेव संपद: ॥
- (७) सेवितव्यो महावृक्षः फलच्छाया समन्वितः । यदि देवाद फलं नास्ति, छाया केन निवार्यते ॥
- (८) देवो रुष्टे गुरुस्त्राता गुरो रुष्टे न कश्चन:। गुरुस्त्राता गुरुस्त्राता गुरुस्त्राता न संशय:॥

भोर मिश्रा ६-अ

संस्कृत प्रहेलिका

- (१) न तस्यादि न तस्यान्तः मध्ये यः तस्य तिष्ठित। तवाप्यस्ति ममाप्यस्ति यदि जानासि तद्वद॥ उत्तर-नयनम्
- (२) दन्तैर्हीन: शिलाभक्षी निर्जीवो बहुभाषक:। गुणस्यूतिसमृद्धोऽपि परपादेन गच्छति॥ उत्तरम्-पादरक्षा
- (३) किमिच्छित नरः काश्यां भूपानां को रणे हितः। को वन्धः सर्वदेवानां दीयतामेकमुत्तरम्॥ उत्तरम्-मृत्युञ्जय
- (४) मेघश्यामोऽस्मिन् नो कृष्ण, महाकायो न पर्वतः। बलिष्ठोऽस्मि भीमोऽस्मि कोऽस्म्यहं नासिकाकरः ॥

उत्तरम्-गनः

(५) सुतोऽपि नेत्रे न निमीलयामि, जलस्य जलस्य मध्ये निवसामि नित्यम्। स्वजातिजीमा ममभोजनानि, वदन्तु मान्य: मम नामधेयम्॥ उत्तरम् - मत्स्य:

> प्राची चौधरी ६-अ

स्रुवतय:

- (१) धर्मो रक्षति रक्षितः।
- (२) संस्कृति संस्कृतािश्रता।
- (३) कृषितोनारित दुर्भिक्षं।
- (४) विनाशकाले विपरीत बुद्धि।
- (५) नितासभावस्त्रवता।
- (६) लोभः प्रज्ञानमाहन्ति।
- (७) मीनिन: कलहो नारित।
- (८) मनः शीघ्रतरं बातात्।
- (९) अनीर्पे भोजनं विषम्।
- (१०) सर्वस्य लोचनं शास्त्रम्।
- (११) लोभ: मूलानि पापानि।

चिन्मयी ६-अ

"सर्वेभ्यः शिक्षिकाभ्यः शिक्षकेभ्यः च समर्पितम्"



किम् अस्ति तत् पदम् यः लभते इह सम्मानम् किम् अस्ति तत् पदम् यः करोति देशानाम् निर्माणम्

किम् अस्ति तत् पदम् यम् कुर्वन्ति सर्वे प्रपामम् किम् अस्ति तत् पदम् यस्य छायायाः प्राप्तम् झानम्

किम् अस्ति तत् पदम् यः रचयति चरित्र जनानाम् 'गुरु' अस्ति अस्य पदस्य नाम सर्वेषाम् गुरुणाम् मम शतं शतं प्रणामः ॥

ईशांत सिंह ६-ब

"प्रकृतिः"



प्रकृति माता सर्वेषाम् बहूनाम् अपि फलानाम् बहूनाम् अपि वृक्षाणाम् पुष्पाणाम् चापि मानेयम्॥ भ्रमराणां, पशूनां पक्षिणां च मातारित जनेभ्यः जीवनं सदा ददाति प्रकृतिः माता॥ अस्ति सा तु मनोहारि मातृणाम् अपि मातास्ति प्रकृतिः माता सर्वेषाम् ममोऽस्तु ते मात्रै प्रकृत्यै॥

वंशिका सागर ६-ब

''शरीरस्य अङ्गानि"

	्हिन्दा	संस्कृत
(9)	बाल	केशाः
(5)	दाँत	रदन:
(\$)	पेट	उदरम्
(8)	कान	श्रोतम्
(ୱ)	नाखून	नख:
(६)	नाखून ऑसू	ઝ શ્રુ
(७)	गला	कण्ड
(८)	गाल	कपोल:
(९)	छाती	वक्ष
(90)	हथेली	करतलम्
(99)	आँख	नेत्रम्
(92)	खोपड़ी	कपाल:
(93)	गर्दन	ग्रीवा
(98)	दिमाग	मस्तिढकम्
(94)	दिल	हृदयम्
		रौनक सोनी
		६-अ

"वैशास्त्री"

इदं पर्व शस्यस्य उत्सवः अस्ति। अप्रैलमासस्य यावत् क्षेत्रेषु रबीशस्य परिपक्वं भवति। अतः तस्य कर्तनात् पूर्व कृषकाः तेषां परिवारः च कृषिकार्यस्य उपकरणानि दात्रं, खनित्रम् आदीनि पूजयन्ति धान्यस्य कृते च कृषिकार्यस्य उपकरणानि भगवतः धन्यवादं कुर्वन्ति पश्चात् च कर्तनम् आरम्भं कुर्वन्ति। एतस्मिन् दिवसे कृषकाः भगवन्तं नवान्नस्य भोगम् अर्पयन्ति, नवीन वस्त्राणि धारयन्ति मिलित्वा च आमोदं कुर्वन्ति । वैशाखी तु न केवलं पञ्जाबवासिनां सिखानां च उत्सवः अयं तु मूलरूपेण शस्योत्सवः। बङ्गप्रप्रदेशे अयं 'नववर्ष' नाम्ना, केरलप्रदेशे 'विशु' नाम्ना, असमराज्ये 'रोङ्गलीबिहू' नाम्ना पञ्जाबराज्ये चवैशाखी नाम्ना संपन्नः भवति।

> थैर्य यादव ६-ब



''चतुर शृगालः"

एकम् वनम् अस्ति। तत्र एक सिंहः निवसति। सः अतीव क्रूरः। सः प्रतिदिनम् एकः मृगं खादति। एकदा तत्र एक शृगालः आगच्छति। सः अतीव चतुरः। सः सिंहं पश्यति भीतः च भवति। सिंहः शृगालस्य समीपम् आगच्छति तं खादितुम् तत्परः भवति। तदा शृगालः रोदनं करोति। सिंहः शृगालं पृच्छति-''भवान् किमर्थं रोदनं करोति।'' शृगालः वदति-''श्रीमन्! वने एकः अन्य सिंहः अस्ति। सः मम पुत्रान् खादितवान्। अतः अहं रोदनं करोमि।'' सिंह पृच्छति-''सः अन्यः सिंहः कुत्र अस्ति?'' शृगालः वदति-''समीपे एकः कूपः अस्ति। सः तत्र निवासं करोति।''

सिंह वदति-''अहं तत्र गत्वा पश्यामि। तं सिंहं मारयामि।''

शृगाल: वदति-''श्रीमन्! आगच्छतु! अहं तं दर्शयामा''

शृगालं सिंह कूपस्य समीपं नयति। कूपजलं दर्शयति। सिंह: तत्र स्वप्रतिबिम्बं पश्यति। सः कोपेन गर्जनं करोति। कूपात् प्रतिध्वनि: भवति। तम् अन्य सिंह: इति स: चिन्तयति। कुपित: सिंह: कूपे कूर्दनं करोति। स: तत्र एव मृत: भवति।

एवं शृगाल: स्वचातुर्येण आत्मरक्षणं करोति।

अविका सिंह ६-ब

''जलम्''

जलम् एव जीवनम् इति उक्त्यनुसारम् अस्माकं जीवने जलस्य आवश्यकता वर्तते। जीवनाय जलम् आवश्यकं वर्तते। तृष्णायां सत्यां जलेन एव निवारणं भवति। पृथिव्याः जीवानां कृते आवश्यकं तत्वम् अस्ति जलम्। अस्माकं सौभाव्यं अस्ति यत् पृथिवी जलीयः ग्रहः वर्तते। जलं सौरमण्डले दुर्लभं वर्तते। अन्यत्र कुत्रापि जलम् नास्ति। पृथिव्यां जलं पर्याप्तम् अस्ति। अतः पृथिवी नीलग्रहः इति उच्यते। जलं निरन्तरं स्वरूपं परिवर्तते। सूर्यस्य तापेन वाष्पस्वरूपं, शीतले सित सङ्घनीकरणे मेघस्वरूपं, वर्षामाध्यमेन जलस्वरूपं घरति। जलं महासागरेषु, वायुमण्डले, पृथिव्यां च परिभ्रमित। जलस्य तत्परिभ्रमणं जलचकं कथ्यते।

अस्माकं पृथिवी स्थलशाला इव अस्ति। अलवणस्य जलस्य मुख्यं स्रोत: नदी, तडाग:, हिमनदी च वर्तते। महासागराणां, समुद्राणां च जलं लावण्यं वर्तते। तिस्मन् जले सोडियम् क्लोराइड, पाचकलवणं च प्राप्यते। जलम् एकम् चक्रीय-संसाधनं वर्तते।

पौनः पुण्येन जलस्य उपयोगः क्रियते। अरिमन् जलचक्रे जलं महासागरतः धरातलं, धरातलतः महासागरं प्राप्नोति। इदं चक्रं सततं कार्यरतम् अरित। पृथिव्यां जीवनाय आवश्यकं तत्वं वर्तते। जलस्य वितरणं पृथिव्याम् असमानम् अरित। केषुचित्-क्षेत्रेषु जलम् अधिक-मात्रायां प्राप्यते।

> पारुल चौहान संस्कृत अध्यापिका



Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.

This Mahotsav is dedicated to the people of India who have not only been instrumental in bringing India thus far in its evolutionary journey but also hold within them the power and potential to enable Prime Minister Narendra Modi's vision of activating India 2.0, fuelled by the spirit of Aatmanirbhar Bharat.

The official journey of Azadi ka Amrit Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023.



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