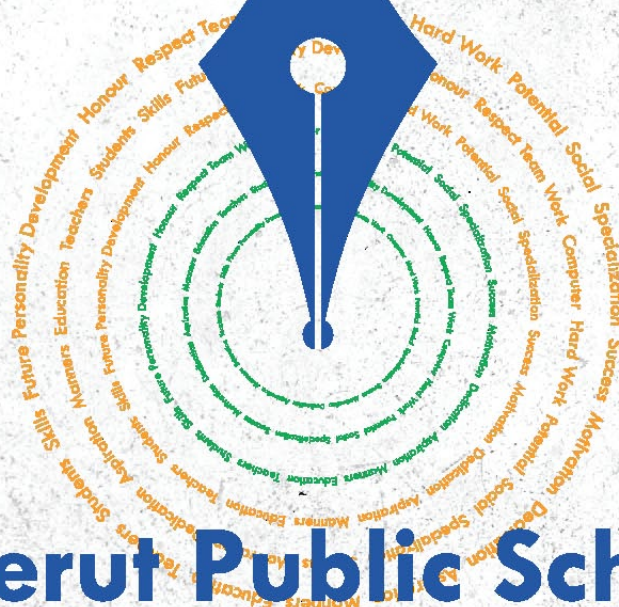




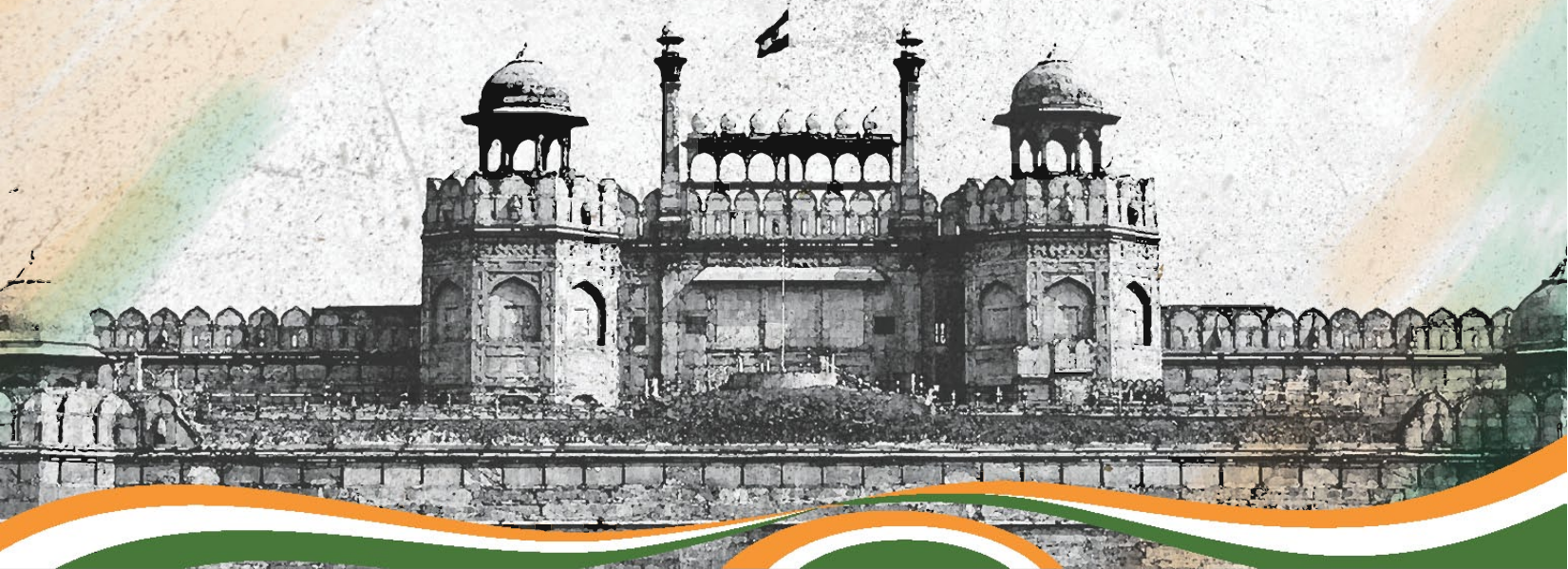
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Meerut Public School

Pallavpuram

Year Book
2021-22





Year Book 2021-2022

MEERUT PUBLIC SCHOOL PALLAVPURAM

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CONTENTS

Chairman's Message	4
Director's Message	5
Principal's Message	6
Editorial Board	7
School Counsellor's Message	8
Academic Coordinator's Message	8
Visitors in our Campus	9
Campus Roots - Founder's Day	10-11
Congenial Learning Environment	12-16
Spiral Spectrum	17-31
Festivities at MPS PLPV	32-38
Spark Forward	39-40
Professional Development	41-43
Parents' Reflection	44-45
MPS PLPV in News	46-47
Class Photographs	48-51
Staff Photographs	52-53
Eloquence Expression	54-59
Abhivyakti	60-63



Chairman's Message

Education is the most powerful weapon which you can use to change the world.
-Nelson Mandela

Mr. Tara Chand Shastri
(Founder Chairman)

Mrs. Kusum Shastri
(Vice President, Co-Founder)



“Education is not the learning of facts, but the training of the mind to think.”-Albert Einstein

Every child is like a seed which has the potential to grow, if it is nourished with love and care under the right guidance. In the current challenging times; it is essential that children, not only should excel in academics, but also develop courtesy, discipline, smart personality, social sensitivity and be imbibed with the traditional values and culture of our country. Childhood is the best time to lay the foundation of the core values essential for overall development of the up-coming generation.

At MPS Group, each and every student is understood, valued and attended to. Here, we are dedicated to exhaustive quality learning and are utterly committed to a continuous process of improvement for the benefit of the students.

I have always believed that, “Excellence is never an accident; it's always the result of high intention, sincere efforts, intelligent direction and skillful execution”. These words of wisdom best describe the present state of the school. Continuous efforts have taken the school forward in terms of excellence. The school has progressed and stands as one of the noted education institutes in the region. We offer our students a stress free learning environment which encourages creativity and critical thinking.

According to Einstein, Education serves to energise and excite the brain. It is to make the learner think of what is presented to him and to go further: to invent, to discover, to add to the body of knowledge by making a simple fact a research to help humanity. It creates geniuses and makes life a constant adventure. We are always open to refreshing views and suggestions which can add more value to the students of our school.

I give all my blessings to the MPS family, and all those who are associated with the institution, I pray that GOD, in his divine benevolence, continues to lead and guide our prestigious institution day by day, year by year, as we march forward in time.

“We are to use a different gift in accordance with the grace that the God has given us...”

If it is to serve, we should serve;

If it is to teach, we should teach;

If it is to encourage others, we should do so.

Whoever shares with others, should do it generously; whoever has authority, should work hard;

Whoever shows kindness to others, should do it cheerfully.”

With best wishes...

Director's Message



"It is the highest duty of parents, teachers and relatives to adorn children with good and sound education, nobility of character, refinement of manner and amiability of temper....."

– Swami Dayanand Satyarth Prakash

Mr. Vikramjeet Singh Shastri
(Managing Director)

Mrs. Ketiki Singh Shastri
(Director)

"Educating the mind without educating the heart is no education at all."-Aristotle

The society is changing continuously and as an educational institution, it's our responsibility to make our children ready by motivating them to be life-long learners and molding them into a productive member for the society.

We find that our education has not still prepared the students for daunting challenges, difficult emotional or social experiences. Book learning-that is the official term for what the children get in school, is not a practical education and by no means a holistic education that focuses on developing all aspects of a human being and not just the academic prowess. Progressive education integrates past traditions with the future of the nation, beginning with the individual and ending with society and the universe as a whole.

What we most require now is the kind of education that fosters love, develops character and provides an intellectual basis for realization of peace and empowers learners-to contribute to improve society.

We, at MPS Group work for the holistic development of every child, a kind of education that informs the mind, imparts practical life skills, opens mind to independent and creative thoughts ,puts the students in touch with emotions

& motivations, and teaches them to be empathetically human. The goal is to shape a good human being and citizen who can handle the challenges of life in healthy and responsible ways.

Here, I want to quote Gandhian aim of education. He said, 'By education I mean an all –round drawing out of the best in the child and man- body, mind and spirit.' He talks about the human transformation rather than simply to acquire information. Today ethics, morality, compassion such values are accepted in theory, but are difficult to implement in practice, whereas Gandhi ji thought that the implementation of these values in practical life, is the very core of education.

Thus, we too believe that at MPS Group the students would have a life time experience, developing in such an environment where the children feel challenged yet competent, and they work hard for their achievements but also enjoy every step they not only take. It is all about instilling knowledge, kindness, integrity, righteousness, confidence etc. among them to achieve what they desire and grooming them to be mature adults, competent to bear all the responsibilities in each and every step of their life.

'The aim of Education is the knowledge, not of facts, but of values.' -William S. Burroughs.

From the Principal's Desk



Dear Readers,

"Education's purpose is to replace an empty mind with an open one." —Malcolm Forbes. ...

Today, the role of a school is not only to pursue the academic excellence but also to motivate and empower the students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. MPS Pallavpuram is a vibrant, extensive and a welcoming learning community aimed to create the best educational experience for every child. We strive to make each child an all-rounder and reach full potential.

Despite the overwhelming consequences of the pandemic, this global crisis has also been an extraordinary time for learning. We are learning how to become adaptable and resilient. The role of teachers is rapidly evolving in many ways as it has become more accountable than in the past. Technology has been considered the main pillar of school education and has gained unprecedented momentum during the pandemic, Covid- 19. It is

being perceived as a panacea to combat all the schooling related issues. I would like to extend my commendation to Staff of MPS Pallavpuram for adopting new work styles and made virtual classrooms more interactive and innovative.

My complement goes to all Faculty Members for bringing out best in each child in these trying times. I am sure that the school will definitely touch the heights of achievements in years to come. I believe that a magazine of any organization is its mirror. It will provide glimpse of various academic and non-academic activities accomplished by all stakeholders. I convey my best wishes to the Editorial Staff, Members of Teaching staff and students for heartfelt efforts to publish the 1st Edition of the School E-Magazine.

Warm Regards Stay Safe! Stay Blessed!

Mrs. Chitra Sharma
Principal

The Editorial Board



"You write to communicate to the hearts and minds of others what's burning inside you, and we edit to let the fire show through the smoke." - Arthur Plotnik

The key of fantastic writing is to prune and trim, remove every superfluous word and present a heartwarming read. As an editor, I find it enlightening to delve into creative minds to whittle and prune their grandiose expressions.

The coronavirus tsunami has swept away in its wake, all that we know to be normal. The pandemic has changed the world forever, and how? The 2020 lockdown has left its indelible mark on all humankind. The adage, what we go through is what we grow through, has never sounded truer than now. The pandemic may have compelled us to stay indoors, but it could not curtail the creativity from flowing from one child/teacher to other.

Undeterred, the imaginative writers and poets of Meerut Public School, Pallavpuram put forth an impressive collection of passionate writings. It has been a privilege to witness gifted students compile an extensive anthology of artwork, poems, stories, and articles. This magazine is more than just a compilation; it is a timeless masterpiece waiting to be unwrapped and savored.

We proudly present an array of short and crisp writings. It is bright and beautiful and offers a ray of sunshine amidst the over-darkened ways of the Covid-19 pandemic. This kaleidoscopic magazine is a harbinger of hope, love, and compassion to a world that is slowly but surely getting back on its feet.

Happy reading!

Mrs. Priyanka Rastogi
(EDITOR-IN-CHIEF)

Ms. Parul Sharma

Ms. Sudhanshi Tomar
(EDITORIAL BOARD)

School Counsellor's Message



Magic of Hug

"Dad I am cold"

"What shall I get you son? Perhaps some coffee, cap and a blanket."

"Okay, but first I need a hug."

That's the magic touch and hug have when children are going through emotional crash. Kids need sensory stimulation in order to feel secure. This security and reassurance of affection can be easily conveyed by hugs and pat on their back. Only a nurturing touch such as gentle hugging can provide the type of positive stimulation a young brain needs to grow healthily. Hugging can instantly boost the level of oxytocin, also known as love hormone, increase physical growth as well. Skin contact and positive stroke calm temper tantrum and fears in children. If children get exposed to conflicts, an affectionate touch, help children reduce the negative impact of conflict.

So let us play a hug 'o' war

Rather than playing tug 'o' war.

Where everyone hugs instead of tugs,

Where everyone giggles

And rolls on the rug,

Where everyone grins,

And everyone cuddles,

And everyone wins.

Regards
Mrs. Divya Goel
School Counsellor

Academic Coordinator's Message



"Education is shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations."- Bob Beauprez.

At MPS Pallavpuram, we believe that the child's innate desire to explore and make sense of the world around them stimulates their every sense and fuels their curiosity for discovery. The schoolers acquire all the foundations of knowledge in a stimulating environment that guides their choices of inquiry and exploration at their pace, even in a virtual setting. We practice the passionate team of educators with us which is committed to help children follow their interests, and to joyfully and effectively learn independence, responsibility, self-management, initiative and leadership; to develop a strong academic foundation; and to nurture in them a life-long love of learning.

By providing an environment that supports natural order of development, our educational system enables children to develop the fundamental capacities that they need to become a happy and fulfilled adults who contribute in meaningful ways to society. We are a particularly welcoming, nurturing and protected space in the campus for young children's transition from a home to school environment.

Our philosophy focuses on core values that are essential to be effective and relevant in a complex and ambiguous world. Through well-planned quality hobby class and counselling sessions, festivities, competitions and innovative teaching methods learners are encouraged to learn, reflect and develop respect, compassion and empathy.

With the pandemic bringing a disruption in the domains of education, we utilized this moment of disruption and converted it into a phase of self-discovery where our team of hardworking educators helped students learned ample things. Pioneering a new paradigm of learning and unlearning, the school tries to inculcate intellectual, moral, ethical, spiritual and cultural learning in the students.

I appreciate our team who left no stone unturned to nurture the students. We come together as a team to support each other, learn from each other and identify ways that we can better meet the needs of our students.

I also take this opportunity to thank the parents of our students for having bestowed their faith and confidence in us. Your faith in us is our driving force.

We believe that 'coming together is progress and working together is success'.

Regards
Mrs. Priyanka Rastogi
Academic Coordinator

Visitors In Our Campus



Thank you very much for inviting me to speak on this occasion. It's a great honour.

MPS, Pallavpuram is exorbitantly involved in engaging with parents and families in their student's education.

Recently, they had organised a Parent Orientation Programme on April 1, 2021 in which the strategies were suggested to the parents to help their child manage difficult feelings and to give concrete ideas on how to help children and parents cope and develop stress free routines in these trying times.

I also like to appreciate the enthusiasm the parents showed during the programme.

It is not just a school that is providing education to the students but is a family that believes in taking care of their each & every student as their own child.

All the best!

Mrs Madhu Dang
Educationist & Social Activist



I express my heartfelt gratitude for being invited as chief guest in Yoga Mahotsav conducted on 18 June 2021 at MPS Pallavpuram, a newly opened branch of Meerut Public School Group. It was a great pleasure for me to accept your invitation. I have always respected the efforts of MPS Group to enhance the skills and development of students.

The school took a great initiative to conduct such fruitful activity. Yoga is an invaluable gift of India's ancient tradition. I appreciate the school efforts for encouraging the students to participate in physical activities to remain fit and improve concentration.

I wish them good luck for their future endeavours.

Regards
Major Dr. Poonam Lakhan Pal



It was heartening to become a part of Yoga Mahotsav organised in your esteemed school on 19 June. It was wonderful to see the students performing various asanas. The efforts

of the staff was appreciable. School is also doing wonderful work in the field of education and empowerment of the students. The able guidance of the management and the teaching staff is helping in the overall development of the students. They are focusing on all around development of the students.

I congratulate the students, staff and Principal on this occasion.

I wish them all the best and wish that school will progress more not only in the field of education but also in extracurricular activities.

Dr Ritu Kela
Founder Psychotherapist, Darpan



Meerut Public School, Pallavpuram, Meerut is a growing school with highly effective faculty and is adaptable to the needs of students. They embrace technology and also encourage their students to work/progress within this new digital era.

I feel fortunate being a part of the yoga mahotsav they organised on 20 June 21. The way they taught the students important and easy yoga poses and discussed the benefits of balanced diet was really appreciable. These would definitely help them during this time as they are attending the classes online and movement has become very less.

All the teachers are highly appreciable and the Principal is a wonderful personality who believes in quality work and thereby making each and every possible effort to provide her school and children with the best of what she can.

I wish them good luck!

Regards
Dr Rohit Kaushik

CAMPUS ROOTS

FIRST FOUNDER'S DAY

'Life is not made up of minutes, hours, days, weeks, months or years, but of moments...'

On Saturday, 27 February, Meerut Public School Pallavpuram celebrated its First Founders' Day. It was a time to reflect on the School's past and those that have helped to shape who we are, and to acknowledge the blessings and support of our Honourable School Management and stakeholders. It's the ethos and culture of MPS Group that have influenced the character and values that embody the vibrant, engaging, and safe environment we see today in our school.

We are indebted to the Honourable School Management who had the vision that led to the creation of the school in the year 2020 on 28 February. Our School Management, Advisor Ma'am and stake holders have contributed to the leadership and vision of the school since then.

To celebrate this moment of success and steadfast journey, the day started with traditional Lamp Lighting followed by Hawan, a simple and healthy process to purify the atmosphere, and to keep our spirits high like Agni and developing ethical values in staff and students. Honourable School Management graced the occasion and applauded the efforts of students, parents and staff.

To energize the school ambience with energy and fun, few games for parents and students were also organized. Honorable Shastri Ma'am motivated everyone to move ahead with a positive outlook and blessed us all with lot of peace and prosperity.



CAMPUS ROOTS

SECOND FOUNDER'S DAY CELEBRATION

“Humanity is the solid foundation of all virtues.”- KONG FU ZI

Founder's Day is traditionally a very important day in the school calendar when members of the school community students, staff and parents meet to commemorate those who founded the school and who have bequeathed resources to its development.

An atmosphere of celebration filled MPS Pallavpuram when revered management, parents, students and faculty members gathered to celebrate its second Founder's Day on Monday, 28 February '22

The day began with the welcome of our honorable Managing Director Sir, Mr Vikramjeet Singh Shastri, and MPS Group Advisor, Mrs Richa Sharma, by our little scholars. They welcomed Sir and Ma'am by applying chandan tilak and offering a badge. Madam Principal, Mrs Chitra Sharma, felicitated the honorable guests followed by the lighting of lamp in front of the almighty to seek blessings.

The celebration steered forward with a rendition of the bhajan by the school choir which mesmerized the audience.

A pious hawan was organized where all the teachers, parents and students marked their presence. 'Aahutis' were put in the Havan Kund while chanting the sacred mantras. Bhajan sung by the staff members created the ambiance of spirituality in the premises. All prayed the God for the smooth functioning of the school in the new academic session. Hence, the Havan ceremony was performed religiously under the divine fervor and spirituality.

Honorable Managing Director Sir, in his interaction with parents, reflected not only on the beginning of the school but also on the significant development since the school's inception.

The celebration concluded with the vote of thanks by Principal Ma'am and the distribution of prasad and sweets.



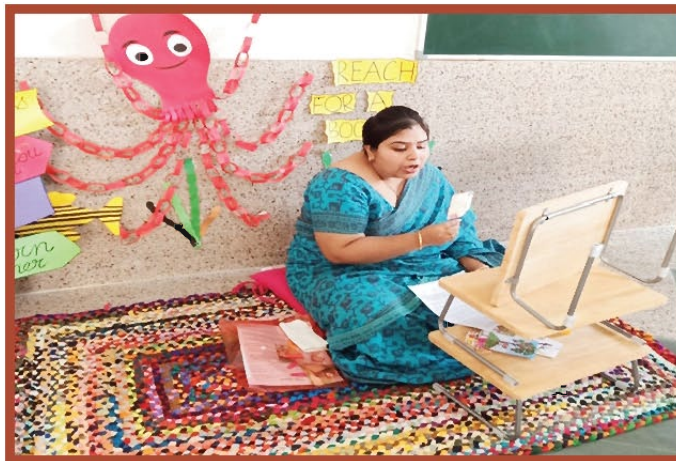
CONGENIAL LEARNING ENVIRONMENT

READING CORNER

Reading corner is an area where students can sit and read comfortably.

Reading corner provides opportunities for individual and group reading. It is an area that shows the students the value of reading and encourages them to develop their literacy skills such as sentence structure, punctuation and grammar. A colourful and decorated reading corner is that place, where the students want to spend more time.

Mrs. Jasbir Kaur
HRM Grade – I



SCIENCE ACTIVITY CORNER

Science corner is an interesting way to introduce the students to the scientific world and should be of great benefit to children as these science corners often allow the learners to discover the scientific tools and materials directly and immersively.

Science corner is a place that provides student a specific learning area where they are allowed to learn by exploring and playing with science - themed materials.

Mrs. Ashu Rana
HRM Grade – III



CONGENIAL LEARNING ENVIRONMENT

SOCIAL SCIENCE ACTIVITY CORNER

Social science corner is a way to enrich class discussions by presenting new knowledge and information to students on various topics included in the Social Studies curriculum. It aims to encourage critical thinking and spark meaningful exchanges within and beyond the classroom.

This corner represents:

- i) Seven Continents of the World
- ii) Communication Tree

Ms. Ankita Viz
HRM Grade – V

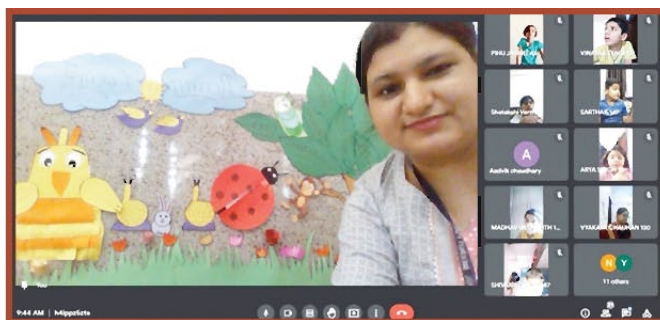


ENVIRONMENTAL STUDIES ACTIVITY CORNER

Environmental Studies corner connects students with their physical and biological surroundings such as natural resources, climate, water, air, etc and helps to meet and understand their daily requirements such as food, clothes and shelter, etc.

This corner focuses on exploration, development and conservation of nature and its elements with a vivid understanding of human, social and cultural dimensions of the wider environment.

Mrs. Swati Sharma
HRM-GRADE – II



HINDI ACTIVITY CORNER

हिंदी कॉर्नर छात्रों को हिंदी भाषा से परिचित कराने का एक दिलचस्प तरीका है और बच्चों के लिए बहुत फायदेमंद है। इस कॉर्नर के माध्यम से बच्चे हिंदी भाषा को चित्रों के माध्यम से बहुत ही सरल तरीके से सीख सकते हैं।

हिंदी कॉर्नर एक ऐसा स्थान है जो बच्चों को एक विशिष्ट सीखने का क्षेत्र प्रदान करता है जहां उन्हें हिंदी भाषा वाली सामग्री की खोज और खेलकर सीखने की अनुमति दी जाती है।

Ms. Parul Sharma
HRM-GRADE-IV



CONGENIAL LEARNING ENVIRONMENT

MIND SCRIBBLING ACTIVITY

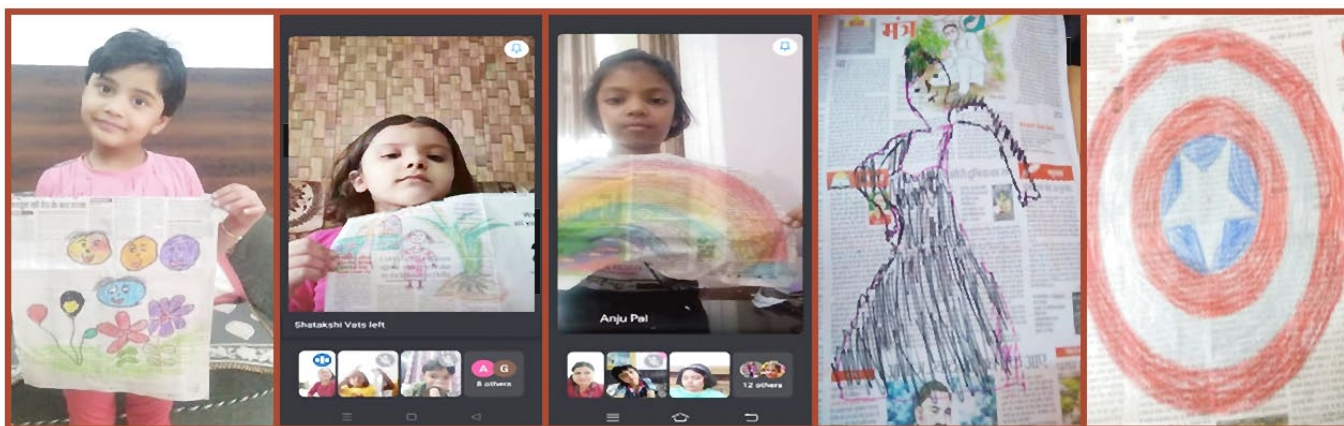
Scribbling and Doodling have meaning

Scribbling and doodling are the first steps in learning to write.

These may look like a lot of lines, loops, and squiggles. But these marks are very important to a young child. They are a child's way of writing her/his thoughts.

At MPS Pallavpuram, students were encouraged to scribble their thoughts on newspapers and on paper butterflies.

This activity trained students to see positive in everything around and this effort helped them to daydream and to give them an unobstructed view into their own mind.



ART INTEGRATED LEARNING

AIL - Art Integrated Learning

At the primary stage, Arts should be integrated with all subjects and used as an approach for teaching and learning of different concepts. This will help children freely express their ideas and emotions. They will also develop all the senses through keen observation, curious exploration and spontaneous expression. Children at MPS Pallavpuram use art as a medium to understand concepts as whole! Subjects such as the languages, sciences and mathematics are made to correlate with art.

Students undertook the concepts of time, roman numbers, place value, animal habitats and table etiquettes through art integrated pedagogy in their recent online classes.



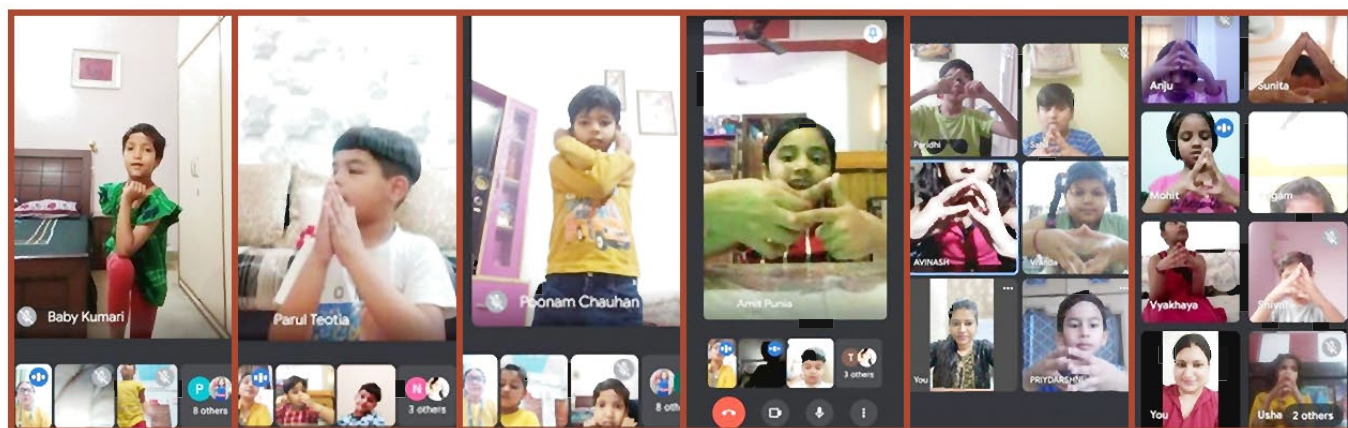
CONGENIAL LEARNING ENVIRONMENT

BRAIN GYM EXERCISES

A healthy mind lives in a healthy body

Some extremely simple exercises can boost brain function and make kids smarter, sharper, improve their eyesight and creativity, boost their communicative skills, and increase their confidence. These exercises are known as brain gym exercises. Brain gym exercises contain several movements which help with the children's ears, eyes, head, limbs, and overall body coordination.

At MPS Pallavpuram, teachers conducted a session on brain gym exercises to get something out of the box for students in the summer break. Various brain break exercises like active arm, thinking cap, the owl, hook ups etc. were conducted to make students sharper and smarter.



BUDDY FEAST

BUILDING CAMARADERIE ON A VIRTUAL PLATFORM - 'Buddy feast'

Buddy feast was organized on 8 April 2021, to build the sense of companionship. Teachers created a virtual gathering place where relationships between students and teachers were nurtured and learning and fun happened hand in hand. Entire virtual platform turned into 'A Green Palette Kitchen' where students became cooking champions and made healthy salads, nutritious bhelpuri, sprouts, brown bread sandwiches and much more. Students came to know about each other's choices and preferences and enjoyed the non-fire cooking thoroughly.



CONGENIAL LEARNING ENVIRONMENT

HOBBY CLASSES

"Hobbies play a significant role in a person's life, as it is something that rekindles one's inner self, brings joy and provides opportunities to explore one's interest and abilities."

To engage our little MPGiars and to add some merriment to their regular routine MPS Pallavpuram is conducting Hobby Classes for grades I to V.

These hobby classes have engaged the students in different activities from November 8, 2021. A plethora of activities are planned to keep the scholars focussed. The activities that have been organized include Art and Crafts, Personal Grooming, Music, Fitness Exercises, Skating, Drama, Gardening, Cookery etc. These prolific activities allow the little ones to stretch their wings and to paint the sky with their own colours.

This endeavour is to provide them with an opportunity to spend their time constructively, creatively and also help them stay fit as a hobby a day keeps the doldrums away.



SPIRAL SPECTRUM

ORIENTATION PROGRAMME

"A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe."

Meerut Public School, Pallavpuram organized an Orientation Programme on April 1, 2021, for the new set of parents to familiarize them, "as partners in progress" with the curriculum, rules and regulations of the school, teaching methodologies and the co-scholastic activities.

The program commenced with the lighting of lamp followed by a welcoming note from Ms. Chitra Sharma - Principal, MPS Pallavpuram. The main focus of the orientation programme was to provide effective approaches teachers resort to, while

interacting with their students. Teachers demonstrated various hands on activities and parents participated with full energy. Various interesting and creative activities like rebus puzzle, group strategies, and skill based activities gave an idea to parents about the learning programme at MPS, Pallavpuram. Honourable Chief Guest, Ms. Madhu Dang (Educationist & Social Activist) spoke in detail about different ways of nurturing a child with love and care to build a strong foundation for a glorious future. Advisor, MPS Group, Ms. Richa Sharma further enlightened the parents and staff with a few tips on 'Good Parenting.' The session concluded with the 'Vote of Thanks' by the School Principal.



VIRTUAL WELCOME – ENSURING LEARNING IS NOT LOCKED DOWN

Colourful Turned Cozy....

Typical to Trendy.....

A Happy Learning Transformation!

Welcome Kids to your complete Virtual Classroom...

Meerut Public School Pallavpuram has always been 'learner centric' and open to change, this has reflected in our approach towards online teaching and learning environment.

This year also began with online classes. Even in these

challenging times, we have an unwavering quest of ensuring high quality learning for every child.

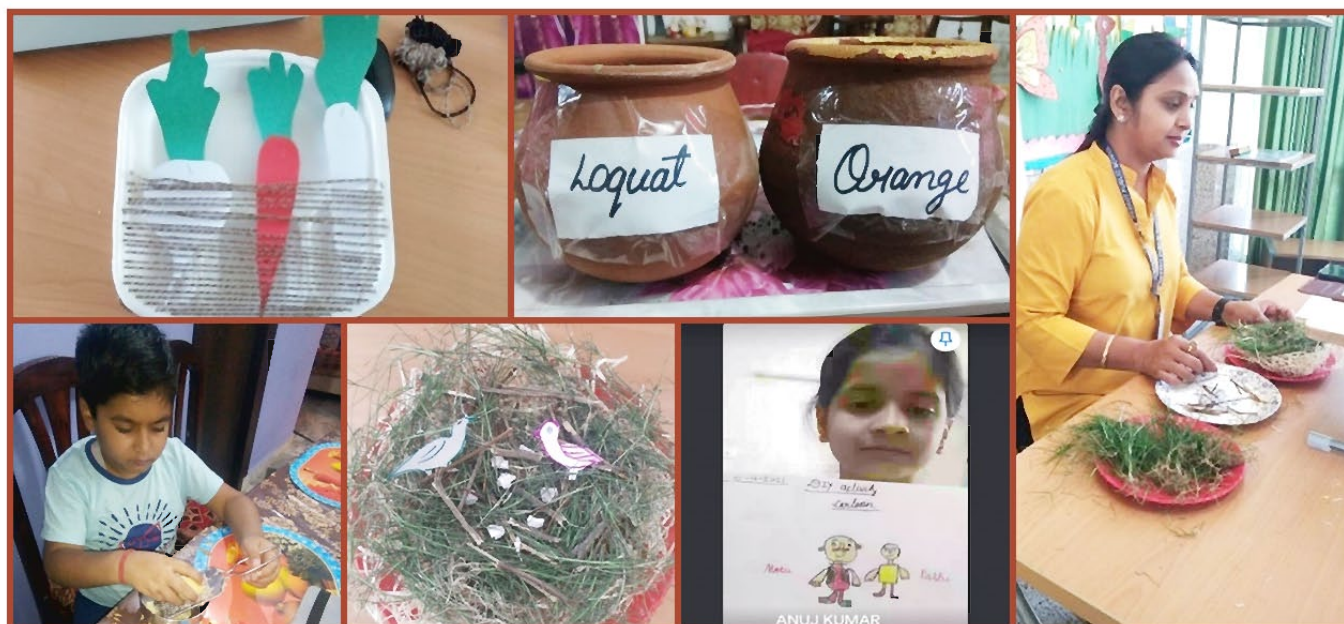
To create the best virtual classes for Kindergarten, that reflects the potentials of a physical classroom, MPS PLPV has made its online learning platform in three sections that includes, Activity Class, Expert Session and Academics Session. Division of these sections has facilitated smooth flow of communications and easy hands on experience for little ones.



SPIRAL SPECTRUM

VIRTUAL 'NO BAG DAY'

MPS Pallavpuram had a day off from text books and notebooks on this Saturday. It provided a spectrum of eye-popping activities on this 'no bag day' like word wall, wonder birds, presence of starch in a potato (experiment), look around and talk, plant nurseries, DIY activities, vegetable garden, Zumba classes and much more. Idea behind 'no bag' day was to generate interest among students for learning and exploring new concepts. Saturday classes were refreshing and relaxing with lots of fun and engaging hands-on activities for students as well as for teachers.



A DIGITAL DETOX DAY

"We are analog beings living in a digital world facing a quantum future." - NEIL TRUCK

Digital detox is a welcome treat that gives teachers the opportunity to really engage with pupils, and to see their capacity for learning outside the classroom and away from the screens.

MPS Pallavpuram conducted a **digital detox** session for students wherein students were given simple tips on how to detox digitally. Students are asked to do simple breathing exercises, calming strategies, and give their eyes a rest by blinking them occasionally and staying away from the screen for a short while. Students were also asked to sit and gaze the greenery in and around their houses. Students were encouraged to avoid using technical gadgets completely at least twice a week.

The reaction to this 'digital detox' session by parents and students was very encouraging.



SPIRAL SPECTRUM

EARTH DAY

A healthy planet is not an option — it is a necessity.

At MPS Pallavpuram, students celebrated Earth Day with full zest on 22nd April 2021. The students virtually engaged in meaningful activities to show their love and respect for Mother Earth. At the onset of the Virtual Class, all the students took Green Oath along with their teachers and pledged to become global citizens and contribute in their own little ways to keep Earth Green.

Pertaining to this year's theme of "Restore Our Earth" various activities like, Finger Painting in Earth's picture, Pot decoration, Plantation drive, Cleanliness drive, Poster making and creating our own mini Plant nurseries were held during the day to stimulate students' interest in environmental causes and at the same time bring hone their talent.



WORLD BOOK DAY CELEBRATION

Books are a uniquely portable Magic!

The students of Meerut Public School Pallavpuram are constantly exposed to a variety of enriching experiences both in the field of academics and co-curricular activities. The school always commemorates special days that are celebrated on a global platform. One such event was the 'World Book Day' that was celebrated with great enthusiasm on 23 April 2021. The objective of the event was to encourage students to become avid readers and to constantly endeavour to enhance their vocabulary. To highlight the benefits of reading, story session was conducted by Kindergarten teachers for students wherein they shared the story of real time characters. To further enhance the virtual aura with the peculiarities of books, various activities like making of different types of book marks, in conversation with your favourite character and know about parts of books, were conducted online.



SPIRAL SPECTRUM

LABOUR DAY

'Labour is the ladder through which human dignity and creative excellence is expressed'.

Labour Day was celebrated at MPS Pallavpuram, on 30 April 2021, in order to appreciate, recognize and acknowledge the service of the support staff members, without whom one cannot imagine the cleanliness and hygiene in the school.

The teachers briefed the children about Labour Day and its importance in their online classes.

Students dressed themselves as different community helpers to wish them & thank them for their selfless service in these times of pandemic. The craft activity wherein students made tools and equipment's used by our community helpers, was designed to forge a better understanding of the labour community among our students.

Overall it was a fruitful day which taught our little ones to be thankful to everyone.



MOTHER'S DAY

"My mother is a walking miracle." — Leonardo Di Caprio

Mother's day is a special day, for all children and mothers as it celebrates the bond of love and affection that is everlasting. Mothers are the emotional backbone of the family, who have the magic touch to heal all wounds and make all things beautiful. To show the love and respect to their mothers, the young, enthusiastic and adorable students of MPS Pallavpuram celebrated this most special day with lots of fun activities and some memorable virtual performances. The event was held on 7th of May, as mothers specially joined the follow up sessions to spend a memorable day filled with activities and fun. The event

was held on 7th of May, as mothers specially joined the follow up sessions to spend a memorable day filled with activities and fun. Students made this quarantine Mother's Day the most unforgettable for their mothers by doing something special on their own. Students prepared lime water and salad for their mothers. Children surprised their mothers with unique & amazing hand-made cards with lovely wishes. Students also shared their feelings for their parents in the form of poems and songs. All the mothers and students logged off from the virtual sessions emotional and proud; cherishing this moment in their heart forever.



SPIRAL SPECTRUM

WORLD ENVIRONMENT DAY

"Breathing can't be stopped, but we can change & purify the quality of the air we breathe."

MPS Group has had a long standing tradition of preservation of culture and greenery.

To take the tradition forward, students at MPS Pallavpuram enthusiastically participated in 'Go Green activities' to mark the World Environment Day.

Little environmentalists participated in creative assignments like

preparing bird feeders, writing slogans, poster making and so on.

In order to sensitize students towards the need to preserve our environment, a Plantation Drive was organised in school. Students and parents witnessed the Plantation Drive through a Zoom Webinar.

At the end Principal Ma'am encouraged everyone to take small steps to achieve something big.



ANTI-CHILD LABOUR DAY

'Kids deserve to be Happy, Healthy and safe.'

Almost one in ten of all children worldwide are into child labour. Child Labour is a menace and needs to be stopped. Children are the greatest gift to humanity and childhood is an essential and impressionable stage of human development as it holds the potential to the future development of any society. However, when they are forced into labour, their mental and physical growth is impeded.

Anti-Child Labour Day was observed at MPS Pallavpuram. The children participated in role plays & wrote slogans to create awareness about the day, the harmful effects of child labour, the necessity of sending a child to school and the importance of education. Our Principal Mrs. Chitra Sharma, addressed the students and said that the students being future generations, it is their responsibility to raise voice against child labour and contribute to its eradication. Let there be books instead of tools in the little hands.



SPIRAL SPECTRUM

YOGA MAHOTSAV DAY-1

'Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being.'

Students of MPS Pallavpuram participated in an online session to mark the opening of Yoga Mahotsav 2021. The celebration commenced with the Lamp lighting ceremony by Principal Ma'am, Mrs Chitra Sharma, Academic Coordinator, Mrs Neha Singh and Teaching Staff. Honourable Managing Director, Mr. Vikramjeet Singh Shastri addressed everyone and gave best wishes on

the occasion of opening of Yoga Mahotsav. Videos and pictures of students performing various asanas were displayed online. Story of three little pigs showcased in a creative yoga poses was the major attraction for kids and parents. Major Dr. Poonam Lakhan Pal Ma'am interacted with students and parents wherein, Ma'am explained the benefits of Yoga and its effect on our physical, mental, and spiritual well-being.

At the culmination, Principal Ma'am encouraged students to practice regular yoga to remain fit and improve concentration.



YOGA MAHOTSAV DAY-2 'EMOTIONAL WELL BEING'

'Yoga helps students improve resilience, mood, and self-regulation skills pertaining to emotions and stress.'

Yoga provides training of mind and body to bring emotional and social balance. The current scenario is challenging for both teachers and parents, as well as for children. To foster a positive mental health status in children, parents and teachers, MPS Pallavpuram conducted a wellness session on Emotional Well Being. Guest Speaker- Dr. Ritu Kela Ma'am enlightened everyone with the meaning and importance of emotional and social well-being through interesting and interactive stories. This counselling session equipped students and parents with the tool to manage their emotions and stress levels, while leaving them feeling empowered and self-confident.



SPIRAL SPECTRUM

YOGA MAHOTSAV DAY-3 'BALANCED DIET'

"Exercise is king.

Nutrition is queen.

Put them together and you've got a kingdom" - Jack Lalanne

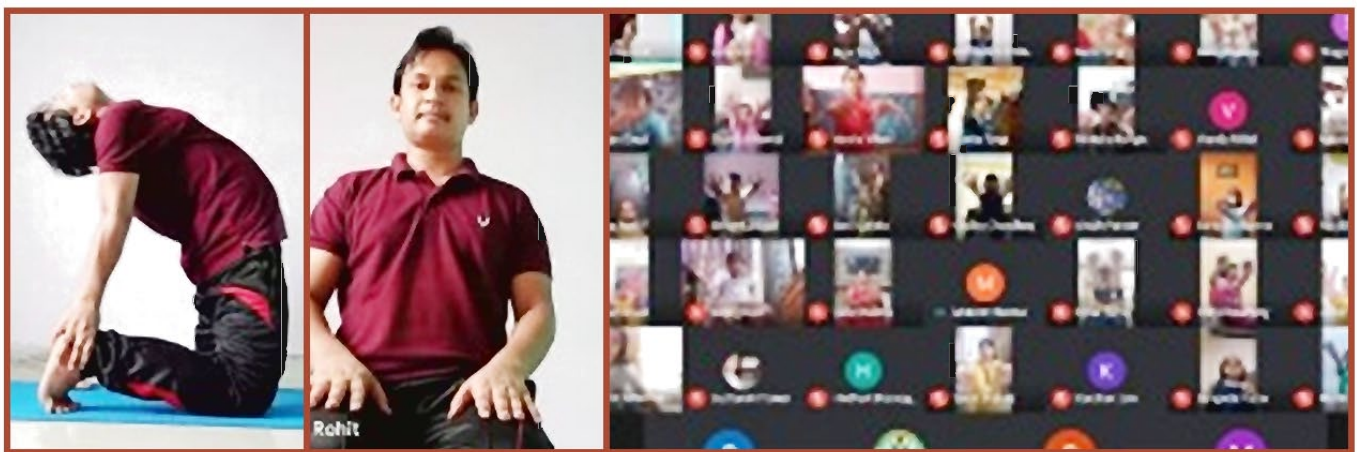
To increase children's awareness towards the importance of healthy eating and helping them to make the right choices in terms of their diet and well-being, MPS Pallavpuram conducted a session on Balanced Diet and Yoga on 20 June 2021.

Guest speaker Dr.Rohit Kaushik interacted with students in a friendly way to teach them some important and easy yoga poses

and discussed the benefits of a balanced diet. Sir also shared the names of some immunity building food and the food which may be avoided especially during covid times, when body needs more energy building food.

Dr.Rohit Kaushik involved students in some simple yoga asanas for eyes, neck, back and shoulders. These yoga exercises would benefit them during these trying times when they are attending online classes and their movement has become very less.

At the end, parents expressed their gratitude towards school for conducting such a useful session for students.



YOGA MAHOTSAV DAY-4 'INTERNATIONAL YOGA DAY'

'Yoga is Like Music. The Rhythm of the Body, The Melody of the Mind, and Harmony of the Soul Create the Symphony of Life.'

Wishing all A Happy International Yoga Day!'

MPS Pallavpuram observed International Yoga Day with enthusiasm on the theme 'Yoga at Home, Yoga with Family. All members of the school joined for the live yoga session with PE instructor Mrs. Shilpa Saini. In her address, she said physical fitness should always be a priority for all and yoga is the best way to keep oneself physically and psychologically strong especially in the present challenging situation. Students and parents also participated in the online yoga session.



SPIRAL SPECTRUM

FATHER'S DAY CELEBRATION

"Dads are the most ordinary men turned by love into heroes, adventurers, story-tellers and singers of song" - Pam Brown

Father's Day Celebration – 20th June 2021

Father's Day is a celebration honouring fathers and celebrating fatherhood, parental bonds and the role of fathers in shaping the lives of their children. MPS Pallavpuram celebrated the day in its special way by asking students to honour their fathers, their hero, by sharing their pictures with the school, online. The

spirits of young students were not dampened during these unprecedented times, as was evident from the way they celebrated Father's Day, depicting their unending love and gratitude for their fathers. Students of grade Nur to V, showcased their love and respect for their fathers through various activities such as card making, singing, dancing, reciting poems, etc. The event concluded with fathers expressing their feelings on the occasion. They appreciated the efforts of the school for the online celebration.



NATIONAL DOCTOR'S DAY

The presence of the doctor, is the beginning of the cure...

National Doctor's Day is celebrated every year all across India on 1st of July to provide honour to the most famous and legendary physician as well as 2nd Chief Minister of the West Bengal, Dr. Bidhan Chandra Roy.

To mark National Doctor's Day, students at MPS Pallavpuram expressed their gratitude towards doctors for their selfless

services especially during the current Covid pandemic. Students participated in various activities such as role-play, show-and-tell, model making and so on. Students posed as doctors by putting on medical aprons, and explained the importance of a healthy lifestyle. Students wrote special messages for doctors to thank them for their selfless service. Teachers shared a PPT to bring awareness about the history and significance of this day. Sharing a few glimpses of the virtual celebration of the event.



SPIRAL SPECTRUM

INTERNATIONAL PLASTIC BAG FREE DAY

"It is the worst of time but it is the best of times because we still have a chance."- Sylvia Earle

At MPS Pallavpuram, we strive to involve students in varied initiatives to make them aware of their surroundings and imbibe international mindedness considering the global perspectives. The hands-on activities conducted by our teachers were to educate, get educated on plastic ban and to adopt a lifestyle to bring back the healthy environment we once lived in. The

activities, conducted across all the grades (NUR –V) were of a varied range: from understanding the hazards of living in toxic environment full of plastic to finding alternatives to live in a sustainable environment. With an aim of making students realize that their consistent efforts will contribute to a better world for tomorrow, teachers and students sang an anti-use of Plastic Anthem in their Google Classrooms.



READING MAHOTSAV 2021

Day 1- Self Reading

READ - A - THON- ACTIVITY

A self-taught reader, also known as a spontaneous reader, is a child who has figured out how to read without any formal reading instruction, thereby breaking the code. The code is the alphabet as a symbol system of sounds and words.

At MPS Pallavpuram Reading Mahotsav began with a Read-A-Thon Activity wherein each child read out an excerpt from their favourite story book and enhanced their reading skills. Some showcased the story with the help of puppets while some enjoyed their self-reading time on their own. Over all an engaging and fun experience for young readers.



SPIRAL SPECTRUM

READING MAHOTSAV 2021 DAY-2

Day 2- Peer Reading

READING ROCKETS!

Shared Reading is an interactive reading experience that occurs when students join in or share the reading of a book or other text to their peers while guided and supported by a teacher. It opens up the vivid imaginations that run wild in children and it also builds confidence and enhances speaking skills in children. The

young vibrant storytellers of MPS Pallavpuram came forth with wonderful tales on the day two of Reading Mahotsav 2021. While some stories provided food for thought, some reinforced moral values and some were humorous. The story narrators as well as the listeners, all enjoyed the stories, that brought a new freshness in the ongoing online classes.

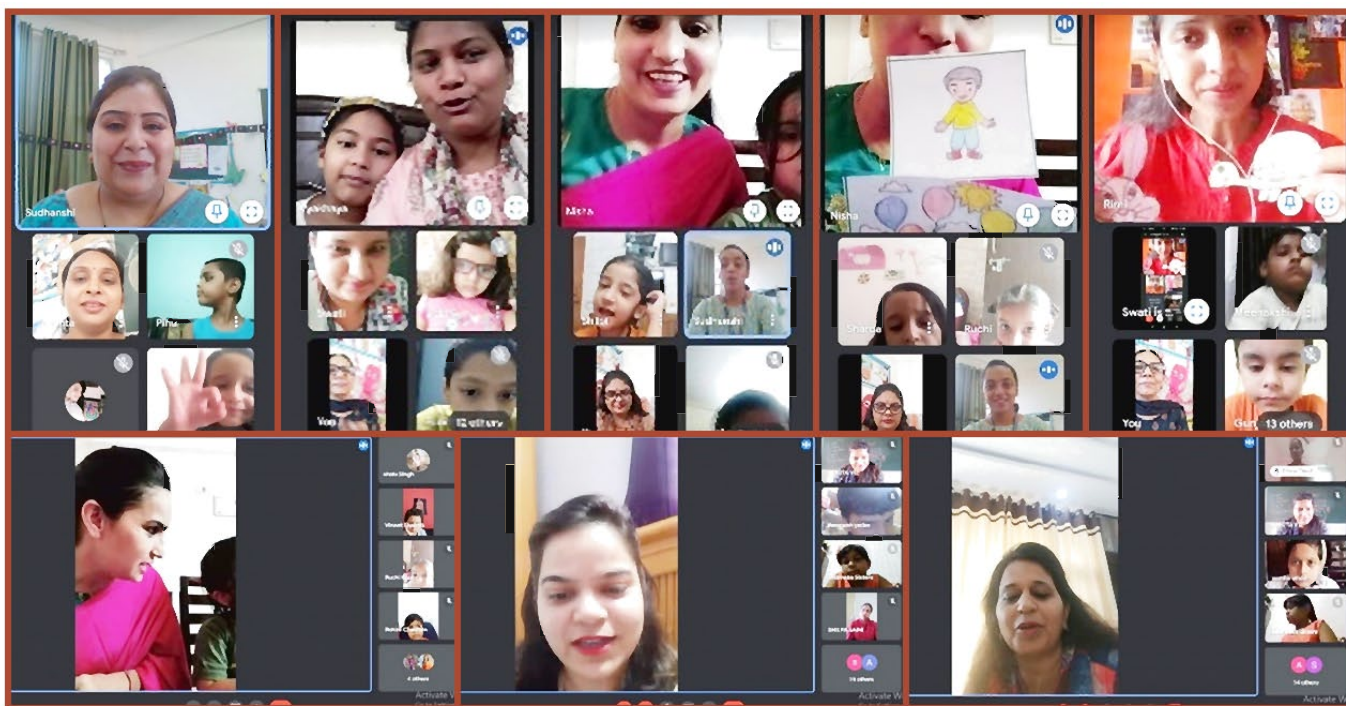


READING MAHOTSAV 2021 DAY-3

Day 3 - Storytelling by Parents

Storytelling is the cinema of the imagination as the teller is creating the world of the story in words and gestures, the audience sees that world for themselves in their minds. At MPS, Pallavpuram parents whole heartedly came forward to

participate in Reading Mahotsav. Parents shared few amazing stories today using various colorful props. Through out it was highly appreciated and enjoyed by the parents. Over all an engaging and fun experience for our students.



SPIRAL SPECTRUM

READING MAHOTSAV CULMINATION & INAUGURATION OF DIGITAL LIBRARY

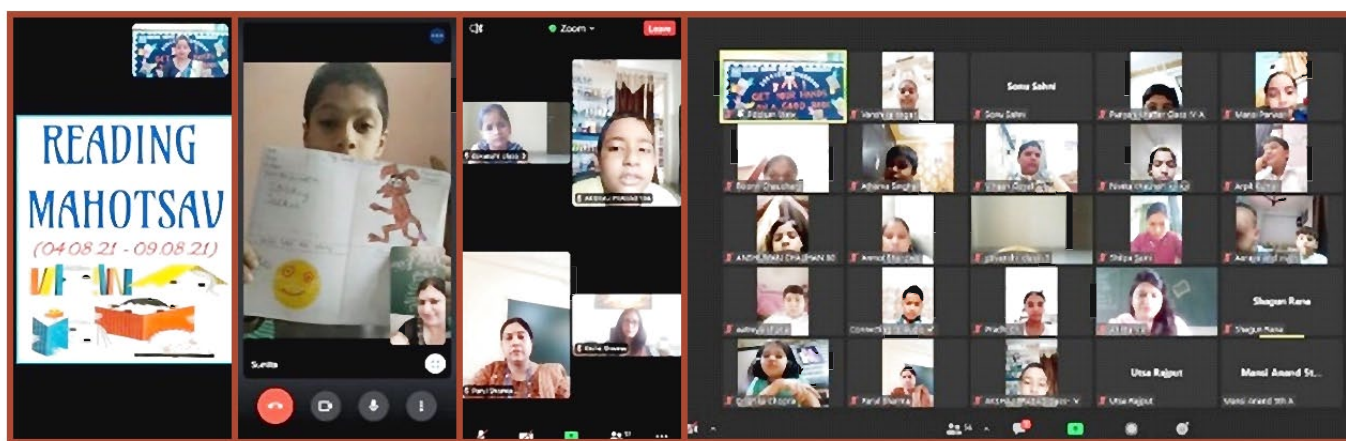
Nothing beats the pleasure and companionship of a good book!

Young readers at MPS are always engaged in plethora of activities that aim in bringing out their talents and sharpening their skills. Keeping true to its tradition of excellence a week long Reading celebrations were conducted from 4th August to 9th August 2021.

Enthusiasm and curiosity filled in the air of the online classes with books, reading, writing and the culmination was the activity with the wonderful book reviews by students.

Finally the icing to the cake was the inauguration of Digital Library by Honourable Advisor MPS Group, Mrs. Richa Sharma and Guest Speaker, Dr. Usha Sawhney.

Dr. Usha Sawhney, a renowned author graced the occasion and shared her experience wrapped up in beautiful words and sentences for little ones. It was an Honour to have Principal MPS Shardapuri and MPS Pallavpuram. Respective Principals congratulated the staff and students on the inauguration of Digital library and encouraged young readers to make books their best friends.



GRANDPARENTS DAY

Grandparents are a little bit parents, a little bit teachers and a little bit best friends.” - Unknown

Grandparents and children have a special connection that is proven to both, make grandparents live longer and also make children emotionally resilient.

Theme undertaken by MPS Pallavpuram for Grandparents Day was 'Togetherness'.

The day began with a Welcome Song especially composed for this day that gave a feeling to the grandparents of being loved. Kindergarten took up Ramp walk with their grandparents, while grades 1 to 5 took up Dance together, Cook Together, Mingle together and so on.

Overall well spent time with Grandparents.



SPIRAL SPECTRUM

HINDI DIWAS CELEBRATION

गर्व हमें है हिन्दी पर, शान हमारी हिन्दी है

कहते-सुनते हिन्दी हम, पहचान हमारी हिन्दी है।

Hindi Diwas is celebrated every year on 14th September. To mark this occasion, Meerut Public School Pallavpuram, celebrated Hindi Diwas with great zeal and enthusiasm for the students of classes III to V. A video presentation highlighting the importance of the day was shared with students. The video was symbolic of the day's celebration. Grade V students, expressed the importance of Hindi and the way it is accepted as an official language in their speeches. It was an enriching virtual celebration of the Hindi Diwas that inspired our students to take pride in Hindi Language.

Students of grades III & IV participated in various activities namely- Story Narration, Hindi Recitation Activity, Poster and Slogan Writing. The self-narrated stories and poems written by children were greatly appreciated by their respective teachers. Children also designed thought-provoking and beautiful posters.



GANDHI AND SHASTRI JAYANTI ACTIVITY

‘Discipline and united action are the real source of strength for the nation.’ – Lal Bahadur Shastri

Students of MPS Pallavpuram enthusiastically took part in the Gandhi and Shastri Jayanti event celebrations. Students recited poems and presented their own sights on the Gandhian philosophy.

Grade I very well related the thought of Swachh Bharat Abhiyan and Grade II to V presented their individual views on Mahatma Gandhi and his life.

Kindergarten students participated in fancy dress event and shared lines and thoughts of Father of Nation.

Teachers also briefed children about Lal Bahar Shastri and his contributions to our nation.

All our Students were imbued with Gandhian values and thoughts and vowed to become responsible citizens of India and this World.



SPIRAL SPECTRUM

INDIAN AIR FORCE DAY

Saluting guardians of sky...

The sky can't dictate boundaries for them, for they pledged towards the safety of their motherland. They guard the air borders and they pave the path towards heightened security. They are our defenders, the Indian Air Force.

The little ones at Meerut Public School Pallavpuram celebrated the Indian Air Force Day and got inspired by the unmatched stories of these fearless heroes. Class teachers shared videos and

PPTs to verbalize the achievements of Air Force by glorifying its tremendous capability in the field of protecting the Indian air space in addition with search and rescue operations during natural calamities. Children participated in creative craft work and showcased their enthusiasm and patriotism through various activities like card making and aeroplane craft. Grade 5 students shared their inspirational thoughts on how they wish to serve their country by joining armed forces.



CHILDREN'S DAY CELEBRATION

"Children are the gifts of God, let them fly with their thoughts"

To commemorate the birth anniversary of Pt Jawahar Lal Nehru, the first Prime Minister of India, MPS, Pallavpuram celebrated the Children's Day with fanfare on 13 November '21.

"Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow", believing in Chacha Nehru's words the school initiated the celebration with the welcome assembly, where Principal Ma'am, Mrs. Chitra Sharma, explained the soul significance behind the children's day celebration, which was

followed by the fun quiz, jokes and songs, where students rejoiced wholeheartedly.

A short and cozy movie show was arranged to rejuvenate them.

With the theme of love and tribute to Chacha Nehru, various recreational activities like a special skit and solo dance were performed by the teachers. The tiny tots also sang and danced to their heart's content. The ceremony culminated with the warm blessings of the teachers and the distribution of sweets to all the dear students.



SPIRAL SPECTRUM

PARENTAL CAFE

Believing that 'Children should have enough freedom to be themselves once they have learned the rules', MPS Pallavpuram organised a parental counselling session for the parents of Pre-Primary, Primary and New Registered students under the portal of PARENTAL CAFÉ'.

Parenting is a daunting task that turns more complicated when parents don't spend a quality time with their children, pointed the resource person of the session Ms Divya Goel, counsellor MPS Group. The session aimed to strengthen kids' bond with the parents through communication and praising their wards through

appreciating words. She said that at the end of the day the most overwhelming key to a child's success is the positive involvement of the parents.

Our Honorable Group Advisor Ma'am, Mrs Richa Sharma, also enlightened the gathering through her words of wisdom. She said, "Children will follow our actions more than our words. Their actions will be a reflection of our actions." Madam Principal, Mrs Chitra Sharma welcomed the parents and wished them a happy new year and a happy life ahead with their children.



SPIRAL SPECTRUM

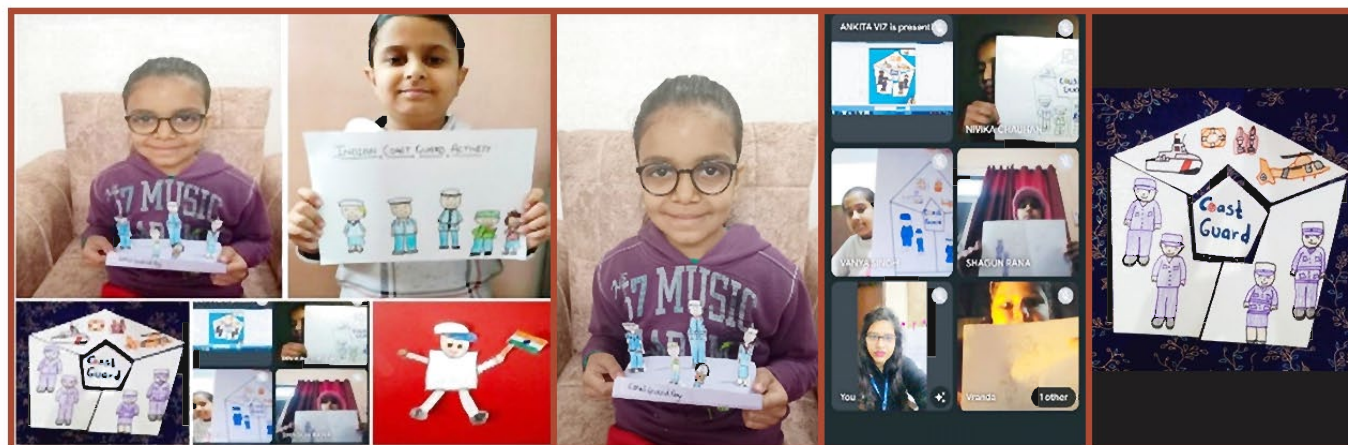
INDIAN COAST GAURD DAY

"Till one of them is standing at their post they won't let the enemy cross over." Kudos to the Indian Coast Guards !!!

MPS Pallavpuram celebrated a great day dedicated to the great Indian Coast Guards, on February 1st, with fervour and patriotism. India as the fourth largest Coast Guard in the world has played a significant role in securing the Indian coasts and enforcing regulations in the maritime zones of India.

The scholars expressed gratitude to the Indian Coast Guards

through different activities conducted during online classes. They made colourful, bright and vibrant book marks, 2 D and 3 D shapes crafts to show the respect and gratitude towards the Indian Coast Guards with great zeal and zest. The teachers also elucidated the heroic efforts of the Indian Coast Guards through PPT. Madam Principal, Mrs Chitra Sharma, appreciated the efforts of students for creating awareness about understanding the importance of patriotism and expressed her reverence for the Indian Coast Guards.



NATIONAL SCIENCE DAY

"The essence of science is independent thinking, hardwork and not equipment"— Dr. CV Raman

On 26 February '22, MPS Pallavpuram celebrated National Science Day in the honour of Dr CV Raman to mark his discovery of Raman Effect. Dr CV Raman along with many Indian Scientists paved the way for the coming generations.

An exhibition was organised where the young scientists from classes Nursery to V showcased and demonstrated their projects.

The objective of the exhibition was not only to inculcate a

scientific attitude and research-mindedness but also creating teaching aids. It involved students to participate in activities so as to understand the cognitive, affective and psychomotor aspects of the task. The models were made by the students under the guidance of their teachers. The students very confidently spoke about the models and explained about them in detail.

Madam Principal, Mrs Chitra Sharma, appreciated the efforts of the students for exhibiting static and working models which can be used for learning various scientific concepts. She also applauded them for their innovative ideas and creativity.



FESTIVITIES at MPS PLPV

RAMNAVMI CELEBRATION

'Rama is not a character who lived in history! Lord Rama is a way of life!'

On the sanctified day of Ram Navami, students of MPS Pallavpuram came dressed up in beautiful traditional attires and sat for their virtual classes. Teachers shared many incidents with students, depicting various phases of

Lord Rama's life. Thereafter, students participated in various activities like mukut making and decoration, bow & arrow making, poojathali decoration and recital of shlokas from Ramcharitramanas. Celebrations filled the entire virtual atmosphere with the spirit of devotion and festivities.



WELLNESS HAWAN CEREMONY

"We have to believe that our prayers, if pure and powerful can transform any catastrophic situation, regardless of its magnitude." – Pooja Ruprell

Oh! Resplendent glory, light of the universe, we light this fire to remove darkness from our midst. Pious Hawan Ceremony was organized at MPS Pallavpuram to seek the prime blessings of the Almighty. Honourable School Management, Principal, Staff,

Children and Parent fraternity marked their presence on this auspicious day. Principal Mrs. Chitra Sharma conveyed blessings and warm wishes on the behalf of Honourable School Management & entire MPS Fraternity. All prayed to God for the smooth functioning of the school in the new academic session.

Hence, the Havana ceremony was performed religiously under the divine fervour and spirituality.



FESTIVITIES at MPS PLPV

EID CELEBRATION

“Festivals are rooted in history and tradition.”

– Whitney Steward

Eid was celebrated at MPS Pallavpuram to enlighten the students about the spirit of festival, symbolizing the unity in our multicultural society, we need to instil and enforce the universal values of brotherhood, tolerance, peace, compassion, and solidarity in our children. The celebrations began with an informative power point

presentation by the teachers in which teachers explained the children the meaning, purpose and importance of Ramzan and the subsequent celebration of Eid. Students participated in various activities like wall hangings, card making, lamps, eidi gift box etc. The main objective of celebrating this festival was to encourage children to follow the path of peace, love and friendship. Here is the glimpse of the same.



INDEPENDENCE DAY CELEBRATION

“Sare Jahan Se Achha Hindustan Hamara” – Muhammad Iqbal

To mark the 75th Independence Day of India, Meerut Public School Pallavpuram organized a plethora of virtually interactive events for the students. Students presented a medley of patriotic songs, dances, poems all

done online. All activities allowed the participants to express their patriotic ideals and showcase their talent even in these unprecedented times. These trying times did not dampen the spirit of pride and patriotism in the students as they participated in these events with great zeal and enthusiasm.



FESTIVITIES at MPS PLPV

RAKSHA BANDHAN CELEBRATION

A simple knot....
So many
Varied emotions
Tied as One!

'Raksha Bandhan Is one of the most endearing ways to celebrate the bond between Brothers and Sisters'. To strengthen this bond, Meerut Public School Pallavpuram conducted 'Rakhi -making' activities. Students from all classes participated in the activities and

made colourful rakhis. They used decorative threads, stars, mirrors, pearls and flowers for making beautiful rakhis.

The event was celebrated with full enthusiasm and zeal. MPS Pallavpuram believes that such celebrations of festivals with true spirit teach students about our Indian traditions. Principal Ma'am, appreciated the work of the students.



JANMASHTAMI CELEBRATION



On August 27, 2021, Meerut Public School Pallavpuram organized a virtual celebration of Janmashtami, which flowered into a grand success, owing to the absolutely zealous participation of its students and the blinding presence of the teachers. Teachers highlighted the significance of this blissful occasion, stressing on the relevance of Lord Krishna's teaching with regard to the

present situation. A fancy dress performance for Kindergarten was also held where the girls were decked up as Radha and the boys as Sri Krishna. With their laudable performance, they lighted up the virtual platform and mesmerized everyone.

Principal Ma'am advised students to spread the feeling of sharing and living in the moment wholeheartedly.

FESTIVITIES at MPS PLPV

DUSSEHRA CELEBRATION

'Festivals promote diversity, they bring everyone closer, they increase creativity and they offer opportunities for our pride.'

Meerut Public School Pallavpuram celebrated Dussehra with a lot of fervor and ardor. Kindergarten students came virtually to participate in different activities in the form of fun sheets. Classes Nursery and LKG helped Lord Rama's arrow to reach Ravana through a maze path, while class

UKG played a bingo activity related to Dussehra festival. Grade 1 shared positive qualities of Lord Rama, whereas grade 2 shared the negative qualities of Ravana, which should be avoided. 'Nukkad Natak' on the theme 'Bachpan' was enacted by students of Kindergarten to class V. Students shared their views on how they cannot go out during the festival time and wished for things to come back to normal soon. Sharing the glimpse of same.



CHRISTMAS CELEBRATION

"Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas."



FESTIVITIES at MPS PLPV



Instilling traditional values in our students has been an important part of the curriculum in MPS Pallavpuram, so the Christmas was celebrated on the 22 of December '21 in Kindergarten and on 23 of December '21 in Primary Section with great zeal and joy.

In keeping with the Christmas spirit, the whole premises was festooned with colourful decorations. The children and teachers came attired in red and white. The Programme began in the presence Madam Principal, Mrs Chitra Sharma.

The wing wore a festive look. Wherein the Kindergarten students relished during fun games activities, story time and in the special movie show arrayed for them.

Celebration in Primary initiated with a week long special Christmas Assembly on the theme 'Sharing is Caring'. It all began with a prayer to the Lord to bless every soul on this earth and to thank him for the many blessings he has

showered on us. Students shared Jesus's teachings. The major attraction of the day was the still act that exhibited the birth of Jesus Christ in a manger. Little students in the attires of angels and the Three Wise Men stole everybody's heart. Melodious Carols reverberated in the air as the birth of the Lord was announced. But the most alluring moment was the arrival of Santa who enraptured everyone present with his charm and mystique. The next major event of the day was the competition conducted, on theme Christmas, where all the students participated very enthusiastically. It was an opportunity for everyone to display their artistic talents in Cap Decoration, Candle Decoration, Non Fire Cooking, Christmas Tree Decoration and Wreath Making competitions. Madam Principal extended her greetings to everyone. She shared her views on sincerity and honesty. The day ended on a happy note with the tiny tots Imbibing the true message of Christmas - love, joy and goodwill to all.



FESTIVITIES at MPS PLPV

LOHRI AND MAKARSANKRANTI CELEBRATION

"Festivals teach us that life is a celebration. Each festival teaches us to bring positivity, joy and happiness in our thoughts which reflect in our lives."

Believing that the richness and depth of celebrations express a culture accurately, MPS Pallavpuram virtually celebrated the festival of Lohri and Makarsankranti with a lot of exuberance and fanfare. The celebrations started with a speech highlighting the Importance of Lohri and Makarsankranti.

Students showcased their vibrant talent through different activities. The dance performances by the students filled everyone with joy, thrill and inspiration. They gave vent to

the festival theme by performing on Lohri story, reciting poems and Boliyan.

Harsh weather failed to dampen the spirit of celebrations. The programme kicked off with "Lohri Poojan". All the educators also tapped their feet enthusiastically during the celebration.

Festival of Makarsankranti, was celebrated on the theme of Incredible India. Adorned in the attires of different states, the scholars exhibited solidarity in diversity. The celebrations culminated with the wishes forwarded by Madam Principal, Mrs Chitra Sharma for everyone's happy and bright future.



REPUBLIC DAY CELEBRATION

29 states, 1618 languages, 6400 castes, 6 major religions, 6 ethnic groups, 1 country. This shows that despite having diverse culture, traditions, languages, religions, we stand together as one. This shows our unity in diversity and we are proud that we are Indians.

"A country's greatness lies in its undying ideals of love and sacrifice that inspire the mothers of the race." - Sarojini Naidu

MPS Pallavpuram celebrated, Republic Day, the day of national rejoicing in our country with great pomp, zeal and spirit throughout the week with different activities. Tiny tots of kindergarten participated in Tri Colour Food Mela and Poem Recitation activities. The scholars of primary blazed their talent through different Inter House Competitions like Slogan Writing, Singing Competition, Declamation, Quiz and Speech conducted online.

MPS Pallavpuram keeps conducting life skills sessions for young minds. These sessions, by school counselor Ms Divya Goel, train them on life skills like Decision Making Skill, Conflict Resolution, Problem Solving Skill, Positive Mental Health and much more. On the occasion of Republic Day children showcased how their mindset got transformed to a growth mindset with life skill sessions through non-digital activities they crafted.

The school premises dazzled with the patriotic fervour and at 9 am the flag was unfurled by madam principal followed with the national anthem. Inspiring national song was sung mellifluously in chorus by the teachers. The school choir also joined virtually and reverberated the premises with enthusiasm. The celebrations culminated with an inspiring speech by madam principal, Mrs. Chitra Sharma that gave an impetus to the event.

FESTIVITIES at MPS PLPV



"जय जन भारत जन मन अभिमत
जय जन भारत जन मन अभिमत
जन गण तंत्र विद्याता
जय गण तंत्र विद्याता"

These lines by Sumitra Nandan Pant fills our heart with pride that we belong to the largest democracy in the world. Jai Hindi!



BASANT PANCHAMI DAY CELEBRATION

Saraswathi Namasthubhyam, Varadey Kaamarupinee Vidhyarambham Karishyami, Sidhir bhavathu mey sada ||

Basant Panchami is considered as the birthday of Goddess Saraswati, as she is said to have appeared on earth to eradicate the sadness of all living beings, through the gift of speech. As it is an ideal day to pay ode to Devi Saraswati so MPS Pallavpuram celebrated Basant Panchami with great fervour.

The spring of joy took over when students participated in the activities, like Kite Making, Kite Decor, Origami Kite Making, Lotus Making (clay moulding) and Poster Making, highlighting the significance of the festival.

In Temple Decoration and Yellow Bhog Making activities

students sought blessings from Goddess Saraswati. In school, the celebration commenced with divine fervor and spirituality. The Saraswati Poojan was followed by the aarti and the rendition of the spiritual song - 'Hey Sharde Maa' by the teachers. The faculty members, attired in yellow, sought the blessings of the Almighty and prayed together to attain enlightenment.

Advisor Ma'am, Mrs Richa Sharma and Principal Ma'am, Mrs Chitra Sharma, apprised everyone about the significance of the day and glorified the magnificence of Goddess Saraswati, the epitome of knowledge and wisdom. The festivity culminated with the prasad distribution.



Thanks and regards
Team MPS Pallavpuram

SPARK FORWARD

GITA MAHOTSAV 2021-22

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।
मा कर्मफलहेतुर्भूर्मा ते संगोऽस्त्वकर्मणि ॥

In a Literary Fest; Gita Mahotsav held in MPS Vedvyaspuri, all the seven branches of Meerut Public School Group participated, making the competitions lively and stimulating. It was a splendid opportunity for the students to play with words, to act, to speak, and to be creative in all domains which engage language, combining both intellect and imagination.

MPS Pallavpuram also participated in an Inter-Branch Staging Competition and emerged out as the Second position holder. It was indeed a feather added in a cap as that was the second offline competition in which our students participated and showcased their talent. We wish for Pallavpuram flag to soar high.



SPARK FORWARD

LITERARY FEST - 'TRAVEL LOGS'

Creative effort is the root of all the achievements. With immense pleasure, we wish to apprise all that our students Nitiya Gupta (II-A), Harnoor Kaur (II-A), Akshaj Prasad(IV-A), Vaanya Singh(V-A), Prisha Tiwari(V-A) and Rajwardhan Singh(V-A) participated in Interbranch Literary Fest 2021 organized by MPS The First Step on 24 December '21. They exhibited their zealous participation. We are proud of their efforts and wish them all the best for their future endeavors.



FAREWELL 2021-22 'AU REVOIR'

"If you want to reach heights and soar high, you need to have the courage and willpower to leave the ground below!"

MPS Pallavpuram organized a farewell– 'Au Revoir' to bid adieu to the scholars of grade V on 18 February '22. The program commenced with a wholehearted welcome of the stars of the day, grade V students. Followed by a rocking performance by the school choir– a curtain raiser that set the mood of the day.

The memories, shared by grade V, of their school life, filled the entire audience with nostalgia. They expressed their gratitude towards their beloved teachers. Some of them delivered speeches related to their experience in the school and some could not but stop their tears.

The teachers also wished them good luck for their future endeavours.

The messages by grade IV students gave an apt portrayal of the students' life.

There was a lot of emotion and nostalgia when grade IV conveyed their wishes. Principal, Mrs Chitra Sharma and Academic Coordinator, Mrs Priyanka Rastogi spoke with great fervor to the students and exhorted them to work hard for the best results and blessed them – singing an emotional melody of



PROFESSIONAL DEVELOPMENT

HEALTH INSURANCE & TIME MANAGEMENT

If you are planning for a year, sow rice; if you are planning for a decade, plant trees; if you are planning for a lifetime, educate people. - Confucius
MPS Pallavpuram organised an awareness session on Health and Hygiene, Health Insurance and Time Management for teachers and maintenance staff on 11 February '22.

A short awareness session was conducted on the personal health and hygiene by the nurse Ms Shallni Thomas. This session aimed at demonstrating the importance of maintaining good personal hygiene and illustrated the importance of comprehensive cleaning to maintain a good health and a better personality in a certain society.

A session on Health Insurance was conducted by the

resource person Mr Ankit Sharma (admin and accounts) wherein, he guided about the importance of health insurance and explained about different policies.

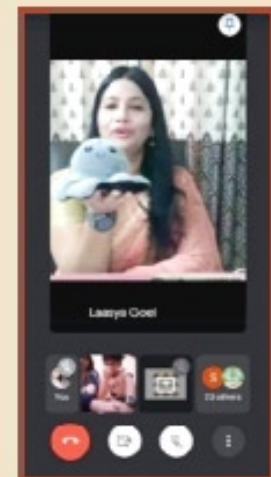
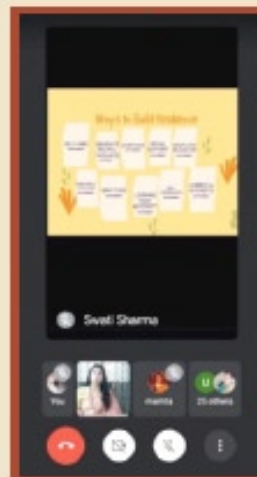
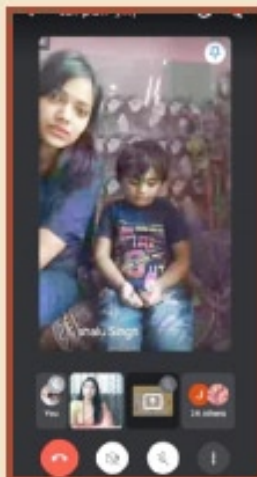
In a session on Time Management, Academic Coordinator Mrs Priyanka Rastogi, elucidated to follow R. A. C. (record, analyse and change) method to manage time effectively and increase productivity. Through different activities, she taught how to manage time, improve work quality, increase productivity, lower the stress and build a positive work-life balance. Madam Principal appreciated the resource persons for their presentations and the attendees for their active participation.



PARENTING AND WELLNESS SESSION

"It is time for parents to teach young people that in diversity there is beauty and there is strength." –Maya Angelou

As a part of MPS Group's commitment to support parents, a counselling session on Parenting and Wellness was conducted by MPS Pallavpuram on 5 May 2021. The objective of the workshop was to suggest strategies to help their child manage difficult feelings and to give concrete ideas on how to help children and parents cope and develop stress free routines in these trying times. The session gave an insight into how to help the child exhibit optimistic and confident social behaviours during any uncertain times. Parents participated in the Wellness programme with full enthusiasm and interacted with the counsellor. They shared their concerns and were open to suggestions and tips for living a stress free life with their children.



PROFESSIONAL DEVELOPMENT

CURIO WORKSHOP

WORKSHOP ON PHONICS

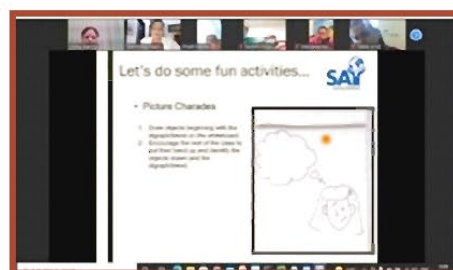
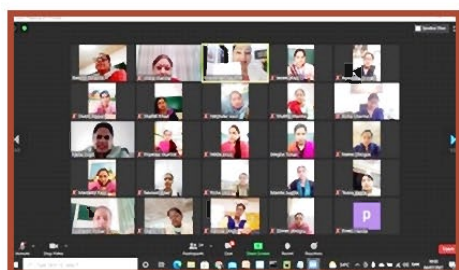
DATE-3 July 2021

"Sound has a profound effect on the senses. It can be both heard and felt. It can even be seen with the mind's eye." Phonemic awareness lays the foundation for learning letters!

Meerut Public School organized an exclusive virtual Workshop on Phonics which was conducted by Curio Team on 3rd July 2021. The workshop touched upon the use of correct phonics, blending and segmentation of letters. The session was attended by all kindergarten coordinators and teachers. In the beginning Mrs. Richa Sharma, Advisor -MPS Group reminded everyone of that little song (individual phonic sound of letters) we shall use to introduce the letters at early stage. The resource

person from Skills and You, Mrs. Shambhavi Nautiyal emphasized that use of facial expressions and hand movements are an important part of Phonic Learning. She talked of the Phonic Stages: Learning the letter sounds Learning letter formation Blending Identifying sounds in words and use of Technology in teaching & learning phonics in a child friendly method.

This workshop enabled teachers to learn the technique of teaching children to read and write as early as possible and with ease. It proved to be an enriching workshop for the kindergarten.



WORKSHOP BY CURIO BLENDS & DIGRAPHS SEGMENTING 14 AUGUST 2021

Language Development in Kindergarten

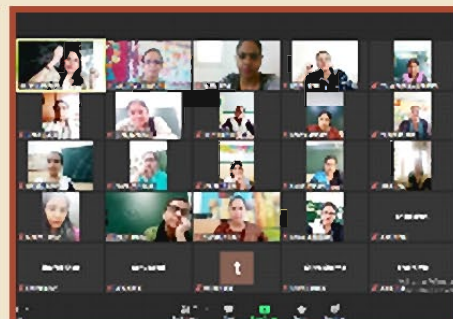
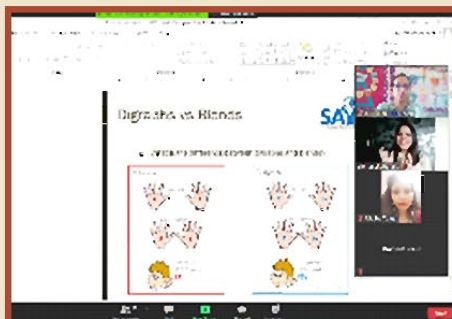
'Phonics Workshop for Teachers- Blends & Digraphs and Segmenting'

Understanding the importance and value of appropriate language development in early years, a phonics workshop was organized for the teachers of Kindergarten Wing of Meerut Public School Group.

The workshop commenced with Ms. Simran Chaudhary-Coordinator from Curio Team taking a quick recap of previous sessions. The workshop included topics of Blending, Digraphs, Segmenting and Syllable break up. Various interactive teaching tools like picture charades,

doggie where is my bone.... robotics segmenting, pound a sound and so on..... were discussed in the session. Important concept of synchronous and asynchronous manner of learning was also taken up in the workshop.

The core objective of the workshop was to familiarize the teachers with various Phonics teaching skills so that they can teach their students and help them conceptualize their learning to become confident speakers and readers.



PROFESSIONAL DEVELOPMENT

CURIO FELICITATION CEREMONY

'Teachers Encourage Minds To Think, Hands To Create And Hearts To Love.'

Meerut Public School Pallavpuram hosted a 'Felicitation Ceremony' organized by Skills and You on 26th October 2021, to enhance the morale of the teachers and to give recognition to their commendable hard work and dedication.

The Ceremony began with auspicious lamp lighting ceremony followed by welcoming the Guest, Ms. Charu Bajaj, Founder & CEO of 'Skills and You' accompanied by our Principal Ma'am Ms. Chitra Sharma. The teachers were felicitated with the trophies and certificates. The

Meerut Public Schools Group won the 'Trophy' for its exemplary performance in the online classes.

Ms. Charu Bajaj congratulated the teachers for holding the fort during the times of pandemic and motivated them to transform the education system in their own little ways. The event concluded with the words of inspiration and gratitude from Principal Ma'am, conveying that compassion and perseverance lead to smooth learning and teaching process.



PARENTS' REFLECTION

My child Dhariya Chauhan studies in grade 2 in MPS, pallavpuram. I am here to thank all the teachers for their efforts. I really appreciate the fact that focus is not just finishing the syllabus but also ensuring that each child is learning properly. My child enjoys the co-curricular activities along with the main subjects. I personally feel very satisfied and happy with the online classes.

With regards.

**Dhairya's Mother
(Grade-2)**

I really appreciate the teachers efforts to make my ward study even in this kind of Pandemic situation . I am happy that Nitya is taking these online class seriously and I hope these classes will help students to get better results and during offline classes my child is well looked and learns a lot of things and is progressing day by day. The school staff is very helpful all teachers are easily approachable."

I am happy with my child overall progress.

"Brilliant, class teacher Swati ma'am. "

Thank you all the staff members for your guidance and support towards my ward, really appreciate the effort.

**-Nitya's Mother
(Grade-II-A)**

I am happy and well satisfied with the online classes being conducted by the school. These online classes have made the studies possible during lockdown and moreover conveniently.

I want to acknowledge and appreciate the amazing efforts from all the Teachers in these unprecedented times to ensure that learning must never stop.

In a year's time, we were amused to see the teaching and managing skills of the teachers and their abilities (Jasbir ma'am has made a huge positive impact on our child and us) that fairly translated into an increase in skills and learning in our child.

We always carry the highest regards and respect for our Teachers and Mentors who have shaped us the way we are today, and this belief has become stronger with what we see with the unsung Heroes in our lives now.

So, a BIG THANK YOU to YOU and your STAFF for stepping up and helping in shaping the futures of tomorrow.

Wishing you and the MPS Family all the very best.

**Pammy Panwar M/O Jayantika Panwar
(I-A)**

Greeting!

This is Varsha, Shrisha's mother. I would like to thank the staff of MPS Pallavpuram for their great work and support for their students. Online classes are going effectively. Teachers are putting their hard work so much to make kids understand all the concepts. I am fully satisfied. I would like to show my gratitude to the teacher who are so kind and compassionate in every situation. She is a teacher with patience and teaches very well. My daughter is very comfortable with her class teacher and enjoys her online sessions .Thank you so much

**Shrisha Panghal
(Grade – LKG)**

PARENTS' REFLECTION

I would like to inform you that we are totally satisfied with the online classes going on Google Classroom. The classes are understood by Aarya and Vivan. You are taking the classes perfectly. Thank you for clearing their doubts. We really appreciate the hardwork of Principal ma'am and the teachers. The students will be proud of their school! Thank you for value aided teaching.

**-Vivaan Baliyan and Arya Singh Mother
(Grade1)**

We are thankful to Principal Madam and teachers for doing excellent work. Specially designed syllabus with extra curriculum(Yoga, Dance and Activities) helped a lot in overall development of my daughter. Constructive conversation during PTM'S working together with parents to bring out child's talent is highly appreciated. Proud Parents.

**- Preet & Mahendra P/O Shaurya Singh
(Grade- Nursery)**

I want to thank all the teachers of MPS, Pallavpuram for the hard work they have put in for the online sessions, explaining everything in a detailed manner each day. The faculty has been making sure that every child should be comfortable with the technology and receive their complete attention. It is really a commendable effort by all of them, with your guidance my daughter has developed into a confident and capable child. Thank you for being such an important part in our child's development. Thank you from the bottom of our hearts.

**-Aradhya Panghal Mother
(Grade 4)**

Greeting!

We wanted to take a moment to say thank you for such a great school that is helping build the future of my daughter- Hindhavi Bhatnagar (GRADE-LKG).

All the events we attended so far, be it a parent counsellor session or regular PTMs, all were meticulously organised and professionally executed.

A special thanks for preparing lessons, making kids learn through fun, all this through distance learning. It is very difficult to teach such small kids online. However teachers are making sure that each kid gets proper attention and the learning is smooth. We really appreciate the fact that focus is not just on finishing the syllabus but also ensuring that each kid is learning properly. The kids are also enjoying the co-curricular activities which are taking place along with the main subjects.

A BIG THANK you to the entire staff for stepping up and helping in shaping the futures of tomorrow. We wish you and the school all the success and all the best.

Regards

Mrs. Nisha Bhatnagar

Mr. Peeyush Bhatnagar P/O Hindhavi Bhatnagar

मेरठ : एमपीएस पल्लवपुरम में गुरुवार को अभिभावकों के लिए काउंसलिंग का आयोजन किया गया। इस अवसर पर स्कूल की प्रिंसिपल चित्रा शर्मा व कोऑर्डिनेटर प्रियंका रस्तोगी ने किंडर गार्टन से कक्षा दो तक के बच्चों के अभिभावकों को पैरेंटिंग से संबंधित जरूरी जानकारीयां दी। पालन-पोषण से संबंधित अपने अनुभवों को भी सभी ने साझा किया।



मौलीयस्य । पल्लवमुपमं स्थित मेघं
 पतितैः स्फुरन्ती की सौशी शाखाओं में
 आलोलान्न गुरु पुष्पिमा पर्व भनाया गया।
 विशिष्टकाश्री में
 बच्चों को इस
 पर्व का महत्त्व
 बताया। इसके
 साथ ही कहा
 गया कि
 गुरुओं का
 सम्मान करते
 हुए उनसे
 अधिक ही
 अधिक ज्ञान
 अर्जित करना
 चाहिए। उन्होंने कहा कि गुरु के बिना
 कोई भी शिक्षा अधूरा है। इस दौरान
 विद्यार्थियों ने गायत्रि मंत्र जुलुज प्रकट किया - श्री
 नमः । इसके अलावा स्तोत्रान् प्रतियोगिता भी
 आयोजित हुई। प्रमाणार्थक शिक्षा शास्त्री ने
 प्रतिभागियों के प्रदर्शन को सराहा। वाचन



मेरठ पब्लिक स्कूल फॉर गर्ल्स में विजय दिवस पर कार्यक्रम का आयोजन किया गया। कक्षा दसवीं की छात्राओं द्वारा एक विशेष सभा का आयोजन किया गया। छात्राओं ने देशभक्ति से ओतप्रोत कविताओं की प्रस्तुति दी। प्रधानाचार्या हरजिंदर कौर ने छात्राओं की प्रस्तुति की प्रशंसा की। वहीं मेरठ पब्लिक स्कूल ग्रुप की पल्लवपुरम शाखा में कारगिल विजय दिवस मनाया गया।



शाह टाइम्स संवाददाता मेरटा मेरटा पॉजिटिव स्कूल की पल्लवपुरम शाखा में शनिवार को प्रथम स्थापना दिवस बर्ड थ्रुमधाम से मनाया गया। इस अवसर पर एमपीएस ग्रुप की मैनेजिंग विक्मजोशी सिंह शास्त्री केतकी शास्त्री कचू शर्मा व विद्यालय की प्रधानाचार्य चित्रा शर्मा तथा सभी शिक्षक व अभिभावक उपस्थित रहे। सबसे पहले दीप प्रज्ज्वलित कर कार्यक्रम की शुरुआत की गई। साथ ही हवन व शिक्षिकाओं ने सुंदर भजन को प्रस्तुति दी। कार्यक्रम का संचालन मोशल डिट्रोन्सिंग का पालन करते हुए किये गया। अंत में प्रधानाचार्य ने सभी का धन्यवाद किया।



MPS PLPV in NEWS



DAINIK MEERUT NEWS

EDITOR:
RAJKUMAR AGARWAL

Date: XXXXXXXXXX

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मेरठ पब्लिक स्कूल पल्लवपुरम में दूसरे स्थापना दिवस का आयोजन



मेरठ पब्लिक स्कूल की पल्लवपुरम शाखा का दूसरा स्थापना दिवस बड़ी धूमधाम से मनाया गया शुभारंभ स्कूल के प्रबंधक श्री विक्रमजीत सिंह शास्त्री जी के द्वारा किया गया विद्यालय प्रांगण में हवन पूजन का सुंदर आयोजन हुआ इस अवसर पर विद्यालय की प्रधानाचार्या श्रीमती चित्रा शर्मा ने शिक्षिकाओं तथा बच्चों द्वारा किए गए प्रयासों की सराहना की

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EDITOR:

RAJKUMAR AGARWAL

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एम० पी० एस० गुप की ओर से 1999 के संघर्षमय युद्ध में अपने प्राणों की आहुति देने वाले अनगिनत वीर योद्धाओं को नमन किया।

KARGIL VIJAY DIWAS

कार्गिल के नुपुखरे की खिस्मत उसी ने धियावत और विजय है जिनने की भारत की। 26 जुलाई 1999 को, भारतीय सशस्त्र बलों ने पाकिस्तान के किलाफ एक गौरव और विजयमय युद्ध जीता। कार्गिल के वीरों को अतुलनीय वीरत्व और बलिदान आज भी देश की सामूहिक स्मृति में अंकित है। कार्गिल विजय दिवस में जब भारत की वीरों की श्रद्धांजलि कृत है, तबले युवा भावों नायकों को भी भेदभावित देना है जिनने और अपने विजय को समझ बनाने के लिए अपने प्राणों की आहुति दे दी। वीर सैनिकों को श्रद्धांजलि अर्पित करते हुए मेडल पंक्के लुप्तवा गुप से सभी विद्यार्थ के छात्र-छात्रों ने सैनिकों के प्रति अपनी भावनाओं को व्यक्त करते हुए अनेक बालापूर्णा कार्यक्रम प्रस्तुत किए। शिक्षकों द्वारा अपने देश की आतिरिक्त और कार्गिल युद्धवा ने युवा कर्म करते हुए सशस्त्र बलों के छात्रों में सशस्त्र की भावना जागृत करने के माध्यम अपनाया। साथ ही साथ एम० पी० एस० गुप की समस्त प्रधानाचार्य ने 1999 के संघर्षमय युद्ध में अपने प्राणों की आहुति देने वाले अनगिनत वीर योद्धाओं को नमन किया।



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मेरठ पब्लिक स्कूल समूह की सभी शाखाओं में गांधी जयंती के उपलक्ष्य में विशेष कार्यक्रम का आयोजन












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एमपीएस ग्रुप की सभी शाखाओं में सरस्वती पूजन तथा बसंत पंचमी कार्यक्रम का आयोजन

बसंत तथा सरस्वती पूजन कार्यक्रम में सभी विद्यालय के बच्चों ने ऑनलाइन भाग लिया। बसंत पंचमी के इस अवसर पर एमपीएस ग्रुप की सभी शाखाओं की प्रधानाचार्य तथा संपूर्ण प्रबंधन समिति द्वारा बच्चों के उज्ज्वल भविष्य की कामना करते हुए उनके द्वारा की गई गतिविधियों की सराहना की गई।

CLASS PHOTOGRAPHS



Nursery

Ms. Sudhanshi Tomar

I Row(L to R) : Sandarbh Chauhan, Vaneesha Tyagi
II Row(L to R) : Shashvat Chauhan, Kashvi Goel, Yashika Kaushik, Harjap Singh, Antriksh Yadav



LKG

Ms. Sakshi Khanna

I Row(L to R) : Advik Singh, Pratishtha Mathur, Yaksh Siwach, Prakshi Bhartiya, Pranjul Jayanth, Shrisha Panghal, Aditya Kapoor, Hindhavi Bhatnagar
II Row(L to R) : Vishwajeet Chauhan, Advika Goel, Varnika Singh, Aradhya Chauhan, Anandita Sharma, Mayank Sharma

CLASS PHOTOGRAPHS



UKG

Ms. Sonia Chaudhary

- I Row (L to R) : Akshit Jain, Keshav Goswami, Kuber Galiyan, Aadit Vihan
 II Row (L to R) : Reyansh Singh, Medhansh Teotia, Disha Chaudhary, Shradha Ahlawat, Tanisha Chaudhary, Jassi Punia



I

Ms. Jasbir Kaur

- I Row (L to R) : Avni Tomar, Adishri Bansal, Manasvani Singh, Rudransh Chauhan, Jayantika Pawar, Kushagr, Yuwan Siwach, Adarsh Vihan, Vivan Baliyan, Arya Singh
 II Row (L to R) : Srishti Tomar, Princi Chauhan, Hanishka Parashad, Ridhisha Singh, Aradhya Chaudhary, Mrinalini Singh, Anan Singh Rajput, Adhiraj Chaudhary, Parth Chaudhary, Vivan Baliyan, Anirudh Dehra
 III Row (L to R) : Pratishtha Bharadwaj, Vartika Yadav, Saisha Kumari, Anshuman Baliyan, Anshuman Chauhan, Vipradev

CLASS PHOTOGRAPHS



II

Ms. Swati Sharma

- I Row(L to R) : Shatakshi Verma, Aarav Chikara, Dhairya Chauhan, Vyakhaya Singh, Yash Chandel, Aarav Singh, Arnav Raj Chauhan, Daksh Panghal, Vinayak Tyagi
- II Row (L to R) : Avni Singh, Vaishnavi, Shreya Pal, Siddhant Kumar, Madhav Vashisth, Yashveer Singh, Tanush Bhati, Raghav Kambhoj, Atharva Baliyan, Arya Singh, Aadhya Parashar
- III Row (L to R) : Ishna Saini, Manvi Ujjawal, Nitya Gupta, Sarthak, Shivank Diggall, Akshat Baliyan



III

Ms. Ashu Rana

- I Row(L to R) : Lavish Goswami, Harnoor Kaur, Paavni Chaudhary
- II Row(L to R) : Peehu Baliyan, Ilma Saifi, Aanya Rajput, Utsa Rajput
- III Row(L to R) : Aaradhya Meena, Gouryanshi Malik, Ananya Grover, Ishan Tomar, Nihal Vihan, Aayush Yadav.

CLASS PHOTOGRAPHS



IV

Ms. Parul Sharma

- I Row(L to R) : Aaradhya Panghal, Anushka Singh, Punyah Khattar, Apoorv Chauhan, Kritika Jain, Vishnu, Manan,
 II Row(L to R) : Vihan Goyal, Dakshit Suri, Manav, Atharva Singhal
 III Row(L to R) : Sarthak Kalkhandey, Ishan Pal, Devanshi Chaudhary, Kavya Chauhan, Vansh Vihan, Aarohi Parashar.



V

Ms. Ankita Viz

- I Row(L to R) : Shagun Rana, Vrandha Mittal, Vanya Singh, Sahil Malik
 II Row(L to R) : Nivika Chauhan, Prisha Tiwari, Simran Mehroliya, Rajvardhan Singh, Anmol Messon, Abhinav Kalkhandey

Teaching Staff



I Row(L to R) : Mrs Anamika Goel, Ms Sudhanshi Tomar, Mrs Swati Sharma, Mrs Sonia Chaudhary, Mrs Krati Sharma, Mrs Shilpa Saini
 II Row(L to R) : Mrs Sakshi Khanna, Mrs Parul Sharma, Ms Ankita Viz, Mrs Chitra Sharma(Principal), Mrs Priyanka Rastogi(Academic Coordinator), Mrs Ashu Rana, Mrs Jasbir Kaur.

STAFF PHOTOGRAPHS

Administrative Staff



L to R : Mr. Ankit Sharma, Mrs. Chitra Sharma(Principal), Mrs. Priyanka Rastogi (Academic Coordinator), Mrs. Shalini Thomas(Nurse)

Maintenance Staff



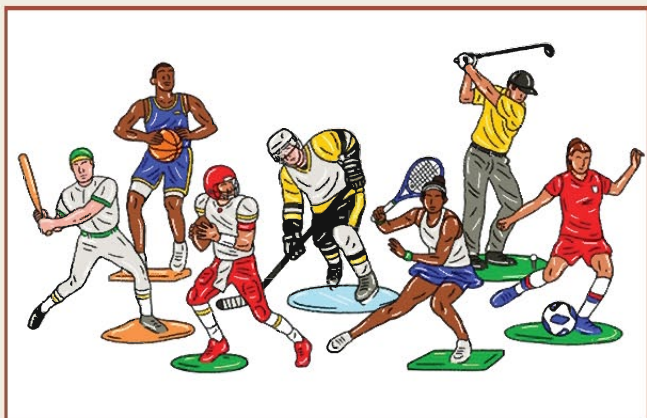
I Row(L to R) : Mr. Ram Sharan, Ms. Urmila, Mr. Balesh
II Row(L to R) : Ms. Munesh, Ms. Sheetal, Mr. Lal Pratap, Ms. Brijbala, Ms. Sunita

ELOQUENCE

EXPRESSION



VALUE OF GAMES AND SPORTS



Sports play a great role in our life as they keep us healthy, wealthy and active. We can have a healthy mind only when we have a healthy body. Great achievements come our way when we maintain our physical and mental well-being. Sports are very beneficial to us as they teach us punctuality, patience, discipline, teamwork, and dedication. Playing sports helps us in building and improving confidence levels. If we practice sports on regular basis, we can be more active and healthy. Being involved in sports activities helps us in getting protected with numerous diseases. It teaches us to go ahead in life by removing all the weaknesses. Games and sports are necessary after long hours of tedious study. Our minds become cheerful when we take regular exercise in the open air. All work and no play makes Jack a dull boy. This proverb suggests the merit of games and sports.

-By Ms. Shilpa Saini

Love yourself

The words 'love yourself' have a very deep meaning. Loving yourself can make your life easier and joyful. Contrary to this is hating yourself; something that we tend to do more than appreciating and adoring ourselves. To love yourself means to accept yourself and your talents and uniqueness, to come to terms and gradually accept all those aspects of you that you cannot change.

Self-love is the foundation of the most important relationship: the one with yourself. It doesn't just boost self-esteem, in fact it is the prerequisite to truly loving others. Often out of pressure, we all come to a moment in our life when we say we 'hate' ourselves, creating an impact on our daily activities. Such impacts lead to depression, anxiety, mental disorders and sometimes even worse. We tend to start comparing ourselves underestimating our own abilities. When you start judging your entire existence, all hope gets lost.

Any belief which holds that loving yourself is selfish or egoistical, should be replaced with the truth; that your very essence is love and that unconditional self-love is your birthright.

There is no existence of 'true' love if one doesn't love her/his self.

-By Ms. Sudhanshi Tomar

TIME

**When asked "What's the biggest mistake that we make in life?"
The Buddha replied "The biggest mistake is when you think you have time."**



Indeed, Time is free but priceless. You can't own it but you can use it. You can't keep it but you can spend it. And once it's lost you can never get it back. Now here is a bad news and a good news; the bad news is that time flies and the good news is that you're the pilot. We often think people, who are wasting our time; but it's actually us giving them the permission to do so.

We have two voices inside us, one which wants us to grow, wants us to work hard and do something; while the other manipulates us into being lazy and holds us down. And guess who wins? The one we listen to and follow. Our choices define how we actually use our time. Life and time are the two best teachers. Life teaches us to make good use of time and time teaches us the value of life.

Live your present precisely since time waits for no one.

Yesterday is history, tomorrow is a mystery, today is a gift. That's why it's called the present.

-By Ms. Sakshi Khanna

SYNERGY AT SCHOOL

The word 'synergy' means the added success, energy gained by working together to achieve goals. Humans are social animals. We tend to stick together and work alongside and take responsibilities, but should we work together in a school? why? and how? Let's give a thought on these queries.

As a person no person can be good at everything and working together provides a great opportunity for the school staff to learn from each other's skills and talents.

**"Coming together is a beginning
Keeping together is progress
But working together is success."**

Teachers and teaching assistants improve the way in which they work together efficiently to meet the needs of children in their classes. Teachers working together and

helping each-other creates an atmosphere that improves student performance and work morale.

The key to working together is 'Communication'. It's very easy for the school staff to get off track, while along with lots of task so to maintain team cohesiveness communication is essential.

'Recognition' also boost teamwork, simply saying 'Good Job' provides enormous motivation for team members. Good team spirit among the school staff affects the student body positively.

By will encourage students in building a team mentality which help in creating an environment where all students work and interact together with their collective ideas and views to complete a task or solve any issue.

Collaborative approach increases towards learning and teaching is the modern day demand and a 'new normal'.

- By Mrs. Swati Sharma

ESSENTIALITY OF MUSIC IN OUR LIFE



"The art is an essential element of education, just like reading writing and arithmetic..... Music, dance, painting and theatre are all keys that unlock profound human understanding and accomplishment." Everybody loves music and for some it makes life worth living. Music gives us pleasure it can cheer us, excite us or calm us. Music is the best option for everyone to be happy and busy in the life. Music is more than meditation and yoga as it is beneficial for both body and mind. It is the powerful tool which can increase our concentration power and always helps us to go ahead and get success in our life. Music holds a special place in our life, people of all ages and from all culture around the world. It is an enjoyable activity. Music can be very engaging in the classroom and is a great tool for memorization. Music teaches us self-discipline and time management skill that we cannot get anywhere else. Music education can be used to keep kids

focused and keep them off the streets. Music is the language of the universe. Learning music in any form can have great benefits especially, if we start from childhood there's an even deeper connection between music and a child's overall growth. It helps a child grow Holistically and be prepared for all aspects of formal schooling. It is important to introduce music to children as earliest as possible. Music helps them learn sound and meanings of words. Music increases memory skills, learning to play an instrument can improve mathematical learning. Toddlers love to dance and move to music, which encourage language and memorization. Children are intrigued by kids sing along songs that involve counting spellings for remembering a sequence of events. They may be expressed an interest in music education such a music lessons for kids.

By Ms. Krati

DIGITALIZATION, A BOON IN EDUCATION SYSTEM



'The Biggest part of our Digital transformation is changing the way we think.'

Simeon Preston Bupa

The COVID-19 resulted in schools shut all across the world. As a result, education changed dramatically, with the distinctive rise of e-learning, whereby teaching is undertaken remotely and on digital platforms.

Digital education is learning facilitated by technology that offers students some factors of command over the place time space and path. Digital learning is replacing traditional education procedures more and more each day. Digital learning is a combination of technology instructions and digital content.

The digital education has helped teachers deliver quality instruction by introducing interactive multimedia. Teachers can complement their traditional blackboard based teaching with creative illustrations provided by

various digital tools. It has made learning more interactive and engaging and motivates students to take an interest in digital learning.

Learning tools and technology enable students to develop effective self-directed learning skills. Digital learning enlarges their efficiency and productivity. Furthermore, digital learning sharpens critical thinking skills in students. MPS Pallavpuram was no exception at all. With digitization, each class followed an integrated curriculum consisting of cognitive and development domains of literacy, numeracy, EVS, aesthetic and creative expression, Moto skills development, and social and emotional development.

Synchronized digital education is now well-accepted all over the globe. It represents significant and promising potential for the future of educational sector.

-By Ms. Jasbir Kaur

HOW NATIONAL EDUCATION POLICY 2020 IS TRANSFORMING THE VISION FOR EDUCATION IN INDIA

The year 2020 marked a major positive breakthrough in the form of the National Education Policy 2020 re-imagining the educational landscape through equity, inclusion and excellence in education. Though the year started with unprecedented times, NEP 2020 was the much-needed silver lining. Based on the pillars of "Accessibility, Equity, Quality, Affordability, Accountability", NEP aims at transforming India into a vibrant knowledge hub. The New Education Policy will give importance to students' practical knowledge instead of just pushing them towards rote learning. It will help students to develop scientific temper from a young age. The NEP aims to make it easier to set up new quality of

higher educational institutes which will be at par with the global standards. Since NEP will make it easier for foreign colleges to set up their campuses here many students who are unable to go abroad due to multiple reasons will be able to experience it and get global exposure. In alignment with the NEP, Central Board of Secondary Education has taken quite a few measures to make learning at schools holistic, skill- driven, competency-oriented and joyful. Joyful Learning brings sparkle in the eyes of students and empowers them to engage with learning experiences in fun-filled, playful manner. This will promote value-based education.

-By Ms. Ankita Viz

MY FIRST KNOWLEDGE A TO Z



Always be cool.
Don't have ego with friends and family.
Give up hurting individuals.
Just keep loving mankind.
Never omit prayers.
Quietly remember god.
Speak truth
Use valid words.
Xpress your zeal

Rajvardhan Singh
Grade - V - A

BIRD: SIGN OF PEACE



Bird is feathered Sign of peace
Singing songs that no one sees
Beauty of it comes from soul
And the singing helps it more
The more the singing helps it more
The better for it's heart it is
And the bird has pretty things
Like the feather, like the beaks
Just the sadness that it's brings
Is that it can't read the list

Shagun Rana
Grade - V - A

TEACHERS' ROLE IN STUDENT'S LIFE



Teachers play a very important role in a student's life. As a teacher, one must bring out the best in students and inspire them to strive for greatness. Students are considered as the future of the nation and humankind, and a teacher is believed to be a credible guide for their advancement. Not only do they guide students in academics or extracurricular activities, but teachers are also responsible for shaping a child's future, making him/her a better human being. A teacher imparts knowledge, good values, tradition, modern-day challenges and ways to resolve them within students. A good teacher is an asset to the students. A teacher's presence in a student's life can boost their morale and guide them to be more valuable in life.

- Prathistha Student
LKG

WATER- A BOON



Water is the most critical asset. It is a fundamental element for every life on Earth, may it be flora or fauna. Without water, no life can survive, and Earth will be as dry as a rock. Water is additionally fundamental for purposes of irrigation and essential ordinary works. Today, we without realizing the importance of wastewater. We take a negligible attempt to spare water. Water in social events, programs, and festivities, highly wasted. In houses likewise, water is wasted each day. We have a terrible habit of keeping the tap running while we brush, shave, wash, or do some other everyday action. So different efforts must be made to save water.

Madhav Vashisth
II-A

MY WISH



I was very happy going to my school everyday, meeting my classmates and teachers but COVID-19 pandemic and lockdown has brought about a sense of fear and anxiety among all of us, now due to this situation my school is close and we all are doing online classes. Everything is good in online classes but now I miss my school friends, activities, games period, I wish and pray to god that this Covid impact disappear so that I can again enjoy in school ,play with my friends. Till then everyone should take this oath that we will wear mask and take all safety measure to defeat this disease. Stay Safe and Happy.

Vyakhaya Singh
II-A

ALL ABOUT MY HOBBY CLASSES



Our school has arranged hobby classes for the students in school premises. They help me to relax or keep fit, make new friends or stay in touch with old ones. Hobbies help us learn new things or get even better at what you're already good at.

I had enjoyed and learnt a lot in these classes. Sports activities and Art and Craft classes were great where I was eager to learn more and more. It was great fun and full of excitement. I really appreciate the efforts made by our teachers for making the classes interesting.

Dakshit Suri
IV-A

TEACHER



Education, the most important thing for us. It can't be achieved without a teacher. A teacher provides a nation with doctors, engineers, scientists, officers, etc. A child can never shape his life and future without a teacher. He/she enables us to differentiate between right and wrong. It is a teacher who enriches children with truth and honesty. A teacher has no touch of hate and anger is his/ her nature. He/she has enough qualities to inspire the entire nation. An unbiased teacher never promotes discrimination. It is a teacher who reaches the nation to the summit of success. In Hinduism and other religions a teacher is regarded above God.

Although the current events could have never been predicted, we know that teaching always has an element of unpredictability to it. The current circumstance present many new challenges, but

none the less adapting practice to the best support learners is nothing new by any means!

Thank you for your patience, flexibility, and compassion during this time and always! It is challenging not to see students each day and to alter well thought out plans that you had for the school year in order to provide students with new and engaging learning opportunities. We see the steps you are taking to stay connected with students and to adapt your practice and we appreciate you!

Vanya Singh
V – A



Abhivyakhti

मेरी आवाज़ ही पहचान है



सरस्वती पूजा के अगले दिन गंधर्व को और भी सुन्दर बनाने के लिए लता जी देवलोक को प्रस्थान कर गयी ।
ऐसा लगता है जैसे मां सरस्वती इस बार अपनी प्रिय पुत्री को ले जाने स्वयं आई थी । मेरे जैसे प्रत्येक भारतीय
का सुर से पहला परिचय लता मंगेशकर जी की दैवीय आवाज ही थी । लता मंगेशकर जी का जाना देश
दुनिया के लिए क्षति है । उनकी मधुर आवाज युगों- युगों तक गूंजती रहेगी मैं, सोनिया चौधरी, पंक्तियों के
माध्यम से यही कहना चाहूंगी ।

कोकिला स्वर के साथ ही हुआ एक युग का अंत,
रंग उड़ा; तुराज का सूना लगे वसंत ।
सूना लगे वसंत संत ही थी वह काया ,
अमर हुआ वह गीत आपने जो भी गया ।
सुनकर आपके गीतों को कोई रोया कोई मुसकाया
आपकी स्मृति को करते हैं हम वंदन-नमन

लेकिन लता दी आपका संगीत और आपकी वाणी अमर है । आप सदा हमारे साथ है ।

सादर श्रद्धांजलि

सोनिया चौधरी

नई शिक्षा नीति

“विद्यार्थी करें अपने सपने साकार

नई शिक्षा नीति का यही आधार”

शिक्षा किसी भी समाज या राष्ट्र का मूल अधिकार होती है। शिक्षा व्यक्ति के संपूर्ण व्यक्तित्व का विकास करती है। शिक्षा के द्वारा ही एक व्यक्ति संपूर्ण व्यक्ति बन सकता है अर्थात् शिक्षा के बिना व्यक्ति का जीवन अपूर्ण है।

भारत में अब तक कुल 3 शिक्षा नीतियां लागू की गई हैं। पहली शिक्षा नीति 1968, दूसरी 1986 तथा तीसरी शिक्षा नीति 29 जुलाई 2020 को संपूर्ण भारत वर्ष में लागू की गई है। इस शिक्षा नीति की प्रमुख विशेषता यह है, कि इसमें सर्वोच्च स्थान बच्चों को दिया गया है अर्थात् बच्चों को ध्यान में रखकर पूरी शिक्षा नीति तैयार की गई है। इसमें प्राथमिक स्तर के बच्चों का बस्ते का बोझ बहुत कम किया गया है कथा अब 10. 2 की जगह 5. 3.3.4 का पाठ्यक्रम लागू किया गया है इसी तरह विश्वविद्यालय स्तर पर भी अनेक परिवर्तन इस शिक्षा नीति के द्वारा किए गए हैं।

जहां बिजली शिक्षा की चिंगारी.....

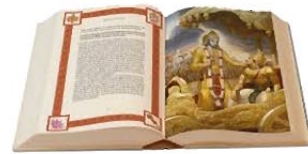
नकारात्मकता वहां से हारी.....

जिस समाज में हो शिक्षित सभी नर नारी...

सफलता समृद्धि बने खुद उनकी पुजारी।

पारुल शर्मा

गीता महोत्सव



यदा यदा ही धर्मस्य ग्लानिभज्जति भारतरू।

अभ्युत्थानमधर्मस्य तादात्मानं सक्जाम्यहम् ।।

मेरठ पब्लिक स्कूल ग्रुप द्वारा एक नई सोच, नई ऊर्जा व नये प्रयास के साथ गीता महोत्सव कार्यक्रम का आयोजन किया गया।

मैं कार्यक्रम मे उपस्थित थी, छोटे-छोटे बच्चों के मुख से संस्कृत के श्लोक सुनकर मन भावविभोर हो उठा। मैं स्कूल ग्रुप को, प्रधानाचार्य को एवं अध्यापिकाओं को शुभकामनाएं व धन्यवाद देती हूं और स्कूल ग्रुप पर विश्वास रखती हूं कि आगे भी अपने भारत की सांस्कृति को ऐसे ही कार्यक्रमों के माध्यम से प्रस्तुत करके बच्चों की प्रस्तुतियों द्वारा अग्रसर रखा जायेगा। कार्यक्रमों की प्रस्तुति हमारी सांस्कृति की एकता व सदभावना को दर्शाती है।

प्रस्तुति के बाद पुनरु आपके स्कूल ग्रुप के माध्यम से बच्चों को श्रीमद्भागवत गीता का ज्ञान दिया जा रहा है।

धन्यवाद

गुंजन सिंहल

व्यायाम का महत्व



व्यायाम हमारे लिए बहुत जरूरी होता है। अब क्या आप मुझे बता सकते हैं कि व्यायाम जरूरी क्यों होता है? वह इसलिए जरूरी होता है क्योंकि वह हमारे शरीर को चुस्त-दुरुस्त बनाए रखता है। व्यायाम के कुछ नियम भी होते हैं। जैसे-आपको कभी व्यायाम के तुरंत बाद पानी नहीं पीना चाहिए, व्यायाम के पहले कभी खाना नहीं खाना चाहिए इत्यादि।

व्यायाम के कई रूप होते हैं, जैसे- पद्मासन, त्रिकोणासन, श्वासन, मयूरासन,

नौकासन आदि।

हमें हर आसन को बड़े ही ध्यान से करना चाहिए क्योंकि अगर हम इसे करने में लापरवाही करते हैं तो हमारे शरीर को नुकसान पहुंच सकता है। इसलिए हमें नियमित रूप से नियम का पालन करते हुए व्यायाम करना चाहिए। इस तरह व्यायाम हमारे जीवन के लिए बहुत महत्वपूर्ण है।

प्रिशा

कक्षा-५

बलवान कछुए की मूर्खता

एक सरोवर में विशाल नाम का एक कछुआ रहता था। उसके पास एक मजबूत कवच था। यह कवच उसे शत्रु से बचाता था। एक बार भैंस तालाब पर पानी पीने आई थी। भैंस का पैर विशाल पर पड़ गया, फिर भी विशाल को कुछ नहीं हुआ। कवच से उसकी जान बच गई। उसे काफी खुशी हुई।

परंतु अब यह कवच कुछ दिनों से विशाल को भारी लगने लगा, उसने सोचा इस कवर से बाहर निकल कर जिंदगी को जीना चाहिए। अब मैं बलवान हो गया हूं, मुझे कवच की जरूरत नहीं है। अगले ही दिन कवच को तालाब में छोड़कर विशाल आसपास घूमने लगा।

अचानक हिरणों का झुंड तालाब में पानी पीने आया। उन हिरणों के पैरों से विशाल को चोट लगी, वह रोने लगा। आज उसने अपना कवच नहीं पहना था जिसके कारण उसे चोट जोर से लग रही थी।

विशाल रोता - रोता वापस तालाब में गया और कवच को पहन लिया। कम से कम कवच से जान तो बचती है।

नैतिक शिक्षा:- प्रकृति से मिली चीज को सम्मान के साथ स्वीकार करना चाहिए वरना जीवन खतरे में पड़ सकता है।

मनस्विनी सिंह
कक्षा-१

कोरोना

हर घर में यही नारा है,
कोरोना को हराना है
इसने कैसा चक्कर चलाया,
बड़े-छोटों को घर बैठाया
अब इसको भी भगाना है,
फिर से स्कूल जाना है।
थाली से सब्जी गायब
महंगा दौरे जमाना है,
फिर से पार्टी में जाना है
कोरोना को हराना है।

अनमोल
कक्षा -5

मेरी दुनिया मेरा परिवार



क्यों जीवन की आपा-नापी को,
हम सब पैसों से तोल रहे हैं।
साथ छोड़ के अपनों का,
किस झूठी शान में डोल रहे हैं।।
यहां जिसे भी देखो,
कर रहा रिश्तों का व्यापार है।
मुझे किसी चीज की क्या जरूरत,
मेरी दुनिया मेरा परिवार है।।
जहां एक छत के नीचे ही,
मिल करके ही सब रहते हैं।
चाहे कितने भी सुख-दुख हैं आते,
साथ में मिलके सहते हैं।
जब साथ मिले अपनों का हमको,
तो हर दिन बनता त्यौहार है।
मुझे किसी चीज की क्या जरूरत,
मेरी दुनिया मेरा परिवार है।
लंदन पेरिस से बढ़कर भी,
सपनों के संसार है।
मुझे चीज की क्या जरूरत,
मेरी दुनिया मेरा परिवार है।
जहां परिवार है वही संसार है।।

व्याख्या
कक्षा-2



Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.

This Mahotsav is dedicated to the people of India who have not only been instrumental in bringing India thus far in its evolutionary journey but also hold within them the power and potential to enable Prime Minister Narendra Modi's vision of activating India 2.0, fuelled by the spirit of Aatmanirbhar Bharat.

The official journey of Azadi ka Amrit Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023.



Meerut Public School

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